

AMTRAK'S VERMONT & VALLEY FLYER - WEEKDAY

According to the [GTFS data](#), this was intended to be valid from **2024-10-07** through **2024-10-07**.
Always check [Amtrak.com](#) for precise times for your exact date of travel.
 Timetables may change for holidays, special events, construction projects, and other reasons.

Train # 425	Train # 55	Train # 479	Train # 179	Mile	Station	Train # 56	Train # 486	Train # 494
Train # 125	Train # 55	Train # 179	Train # 179	Mile	Station	Train # 56	Train # 86	Train # 94
Valley Flyer	Vermont	Valley Flyer	Vermont	Mile	Station	Vermont	Valley Flyer	Valley Flyer
Northeast Regional	Vermont	Northeast Regional	Vermont	Mile	Station	Vermont	Northeast Regional	Northeast Regional
Mo-Fr	Mo-Fr	Mo-Fr	Mo-Fr	Mile	Station	Mo-Fr	Mo-Fr	Mo-Fr
Read Down	Read Down	Read Down	Read Down	Mile	Station	Read Up	Read Up	Read Up
	Dp 9:15A			0	St. Albans, VT (SAB)	Ar 8:50P		
	9:44A			24	ESSEX JUNCTION, VT (ESX)	8:18P		
	10:10A			47	Waterbury-Stowe, VT (WAB)	7:50P		
	10:25A			56	Montpelier-Berlin, VT (MPR)	7:34P		
	10:59A			86	Randolph, VT (RPH)	6:56P		
	11:37A			118	White River Junction, VT (WRJ)	6:18P		
	11:56A			131	Windsor-Mt. Ascutney, VT (WNM)	5:56P		
	12:06P			140	Claremont, NH (CLA)	5:47P		
	12:30P			157	Bellows Falls, VT (BLF)	5:26P		
	1:02P			181	Brattleboro, VT (BRA)	4:56P		
	1:36P	6:05P		205	Greenfield, MA (GFD)	4:22P	5:30P	10:33P
6:45A	2:01P	6:30P		224	Northampton, MA (NHT)	3:57P	5:04P	10:07P
7:00A	2:16P	6:45P		235	Holyoke, MA (HLK)	3:41P	4:48P	9:51P
7:28A	Ar 2:35P	7:13P		245	SPRINGFIELD, MA (SPG)	Dp 3:15P	4:22P	9:25P
#125					Amtrak connecting train			
7:50A	Dp 2:46P	7:40P		245	SPRINGFIELD, MA (SPG)	Ar 2:55P	4:14P	9:09P
8:15A	3:08P	7:59P		260	Windsor Locks, CT (WNL)	2:22P	3:51P	8:44P
8:35A	3:23P	8:14P		271	Hartford, CT (HFD)	2:11P	3:38P	8:30P
8:57A	3:46P	8:34P		289	Meriden, CT (MDN)	1:50P	3:13P	8:08P
9:20A	Ar 4:11P	9:00P		307	NEW HAVEN, CT (NHV) - Union Station	Dp 1:30P	2:50P	7:45P
(MNR 1551)	(MNR 1579)				Metro-North connecting train	(MNR 1522)	(MNR 1528)	(MNR 1556)
	through train	#179			Amtrak connecting train	through train	#86	#94
9:35A	Dp 4:39P	10:20P		307	NEW HAVEN, CT (NHV) - Union Station	Ar 1:11P	2:19P	7:25P
9:57A	5:01P	10:41P		324	Bridgeport, CT (BRP)	12:46P	1:55P	7:00P
10:25A	5:28P	11:08P		346	Stamford, CT (STM)	12:18P	1:27P	6:30P
11:21A	Ar 6:25P	11:59P		382	NEW YORK, NY (NYP) - Moynihan Train Hall at Penn Station 	Dp 11:33A	12:37P	5:38P
11:35A	Dp 6:45P					Ar 11:21A	12:12P	5:24P
11:52A	7:03P	12:36A		392	Newark, NJ (NWK) - Penn Station	11:03A	11:53A	5:05P
12:06P		12:52A		406	Metropark, NJ (MET)		11:38A	
12:29P	7:41P	1:17A		440	Trenton, NJ (TRE)	10:28A	11:16A	4:28P
12:57P	Ar 8:11P	1:47A		473	PHILADELPHIA, PA (PHL) - 30th St. Station	Dp 10:01A	10:50A	3:59P
1:01P	Dp 8:16P					Ar 9:58A	10:47A	3:56P
1:23P	8:37P			498	Wilmington, DE (WIL)	9:36A	10:23A	3:35P
2:23P	9:30P			567	Baltimore, MD (BAL) - Penn Station	8:52A	9:37A	2:48P
2:36P	9:44P			578	Baltimore, MD (BWI) - BWI Thurgood Marshall Airport	8:35A	9:20A	2:33P
2:50P	9:59P			599	New Carrollton, MD (NCR)	8:20A	9:01A	2:17P
3:11P	Ar 10:12P			608	WASHINGTON, DC (WAS) - Union Station	Dp 8:10A	8:50A	2:05P
							8:22A	
to Newport News							from Richmond	from Norfolk

Platform and train are accessible to people in wheelchairs — some station services may not be accessible.

Platform and train are **not** accessible to people in wheelchairs.

Connecting trains provided by: HL CT rail Hartford Line SLE CT rail Shore Line East MN Metro-North Railroad NJ Transit NYCT NYC Transit (Subway) LIRR Long Island Rail Road PATH SEPTA MARC MARC Train LRT Baltimore LRT WMATA DC Streetcar Virginia Railway Express

This timetable is not an official Amtrak product. **This timetable is provided AS IS. No warranties are provided and all warranties are disclaimed.**
 It was produced as a public service by Christopher Juckins <https://juckins.net> for [Rail Passengers Association](#), based on GTFS data released to the public by [Amtrak](#), and on other data sources.

Timetable generated on 2024-10-01 by timetable_kit (https://github.com/neroden/timetable_kit).
 Material from timetable_kit in this timetable is subject to the Creative Commons [CC-BY-4.0](#) license.

Timetable_kit was written by Nathanael Nerode.
If you appreciate this timetable, please wear an N95 or P100 mask on the train.
Nathanael's family is immunocompromised and can't take the train unless you wear masks.



AMTRAK'S VERMONT & VALLEY FLYER - WEEKEND

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Train # 461	Train # 57	Train # 499	Mile	♿	Station	Train # 400	Train # 54	Train # 488
Train # 161								Train # 88
Valley Flyer	Vermont	Valley Flyer				Valley Flyer	Vermont	Valley Flyer
Northeast Regional						Valley Flyer	Vermont	Northeast Regional
SaSu	SaSu	SaSu				SaSu	SaSu	SaSu
Read Down	Read Down	Read Down				Read Down	Read Up	Read Up
	Dp 9:15A		0	♿	St. Albans, VT (SAB)		Ar 8:50P	
	9:44A		24	♿	ESSEX JUNCTION, VT (ESX)		8:18P	
	10:10A		47	♿	Waterbury-Stowe, VT (WAB)		7:50P	
	10:25A		56	♿	Montpelier-Berlin, VT (MPR)		7:34P	
	10:59A		86	♿	Randolph, VT (RPH)		6:56P	
	11:37A		118	♿	White River Junction, VT (WRJ)		6:18P	
	11:56A		131	♿	Windsor-Mt. Ascutney, VT (WNM)		5:56P	
	12:06P		140	♿	Claremont, NH (CLA)		5:47P	
	12:30P		157	♿	Bellows Falls, VT (BLF)		5:26P	
	1:02P		181	♿	Brattleboro, VT (BRA)		4:56P	
9:15A	1:36P	8:10P	205	♿	Greenfield, MA (GFD)	8:58A	4:22P	7:53P
9:40A	2:01P	8:35P	224	♿	Northampton, MA (NHT)	8:32A	3:57P	7:27P
9:55A	2:16P	8:50P	235	♿	Holyoke, MA (HLK)	8:16A	3:41P	7:11P
10:23A	Ar Dp 2:35P 2:50P	9:18P	235	♿	SPRINGFIELD, MA (SPG)	7:50A	Dp 3:15P	6:45P
10:34A	Ar Dp 2:35P 2:50P	CTrail #6411	245	♿	SPRINGFIELD, MA (SPG)		Ar 2:55P	6:24P
10:53A	3:12P	provides	260	♿	Windsor Locks, CT (WNL)		2:22P	5:59P
11:08A	3:27P	connecting	271	♿	Hartford, CT (HFD)		2:11P	5:46P
11:29A	3:48P	service to	289	♿	Meriden, CT (MDN)		1:50P	5:23P
11:56A	Ar 4:14P	New Haven	307	♿	NEW HAVEN, CT (NHV) - Union Station		Dp 1:30P	5:00P
(MNR 6531)	(MNR 6549)				Metro-North connecting train		(MNR 6522)	(MNR 6536)
#161	through train				Amtrak connecting train		through train	#88
12:06P	Dp 4:34P		307	♿	NEW HAVEN, CT (NHV) - Union Station		Ar 1:15P	4:45P
12:28P	4:57P		324	♿	Bridgeport, CT (BRP)		12:50P	4:16P
12:55P	5:25P		346	♿	Stamford, CT (STM)		12:20P	3:48P
1:51P 2:05P	Ar Dp 6:25P 7:01P		382	♿	NEW YORK, NY (NYP) - Moynihan Train Hall at Penn Station 		Dp 11:30A Ar 10:45A	3:00P 2:47P
2:22P	7:18P		392	♿	Newark, NJ (NWK) - Penn Station		10:27A	2:29P
2:40P	7:33P		406	♿	Metropark, NJ (MET)		10:11A	2:11P
3:03P	7:57P		440	♿	Trenton, NJ (TRE)		9:50A	1:49P
3:33P	8:28P		473	♿	PHILADELPHIA, PA (PHL) - 30th St. Station		9:20A	1:20P
3:55P	8:50P		498	♿	Wilmington, DE (WIL)		8:58A	12:57P
4:50P	9:44P		567	♿	Baltimore, MD (BAL) - Penn Station		8:12A	12:09P
5:03P	9:57P		578	♿	Baltimore, MD (BWI) - BWI Thurgood Marshall Airport		7:57A	11:54A
5:17P	10:11P		599	♿	New Carrollton, MD (NCR)		7:41A	11:37A
5:33P	Ar 10:31P		608	♿	WASHINGTON, DC (WAS) - Union Station		Dp 7:30A	11:25A 10:56A
								from Norfolk

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