

Amtrak Valley Flyer / Vermonter Schedule Overview

including connections with Metro-North Railroad / New Haven Line service



Normal Days of Operation		Monday – Friday						Weekends			
SOUTHBOUND		Valley Flyer 495		Valley Flyer 471		Vermont 55		Valley Flyer 461		Vermont 57	
To: New Haven & New York											
GREENFIELD		5 45A		7 35A		1 36P		9 15A		1 36P	
Northampton		6 10A		8 00A		2 01P		9 40A		2 01P	
Holyoke		6 25A		8 15A		2 16P		9 55A		2 16P	
SPRINGFIELD	ar dp	6 53A 7 05A		8 43A 8 55A		2 35P 2 50P		10 23A 10 34A		2 35P 2 50P	
Windsor Locks		7 24A		9 14A		3 12P		10 53A		3 12P	
Connecting bus:			CTransit 24		CTransit 24						
Windsor Locks dp			7 35A		9 20A						
Bradley Airport, Terminal A ar			7 50A		9 35A						
Windsor		7 29A		9 19A				10 59A			
HARTFORD		7 39A		9 29A		3 27P		11 08A		3 27P	
Berlin		7 49A		9 40A				11 19A			
Meriden		7 58A		9 49A		3 49P		11 29A		3 48P	
Wallingford		8 06A		9 57A				11 36A			
New Haven – State Street		8 19A		10 10A				11 49A			
NEW HAVEN – Union Station	ar	8 27A		10 18A		4 15P		11 56A		4 14P	
Connecting train to:		Amtrak Regional 95	MNR 3547	Amtrak Regional 171	MNR 1555	thru train	MNR 1579	Amtrak Regional 161	MNR 6531	thru train	MNR 6549
NEW HAVEN – Union Station	dp	8 43A	8 59A	10 40A	10 46A	4 39P	4 40P	12 06P	12 18P	4 34P	4 38P
West Haven			9 03A		10 51A		4 45P		12 23P		4 43P
Milford			9 11A		10 59A		4 53P		12 30P		4 51P
Stratford			9 18A		11 05A		4 59P		12 37P		4 57P
BRIDGEPORT			9 24A		11 02A		5 01P		12 28P		5 05P
Fairfield Metro			9 30A		11 17A		5 11P		12 49P		5 11P
Fairfield			9 33A		11 20A		5 14P		12 52P		5 15P
Southport			9 36A		11 23A		5 17P				5 18P
Green's Farm			9 40A		11 27A		5 21P				5 21P
Westport			9 46A		11 33A		5 27P				5 26P
East Norwalk			9 50A		11 38A		5 32P		1 01P		5 30P
South Norwalk			9 54A		11 42A		5 36P		1 07P		5 33P
Rowayton			9 58A		11 45A		5 39P				5 37P
Darien			10 01A		11 48A		5 42P		1 13P		5 41P
Noroton Heights			10 04A		11 51A		5 45P				5 44P
STAMFORD		9 30A	10 10A	11 29A	11 58A	5 28P	5 51P	12 55P	1 21P	5 25P	5 51P
Harlem – 125th Street			10 55A		12 42P		6 42P		2 09P		6 39P
NEW YORK – Grand Central Terminal	ar		11 06A		12 54P		6 54P		2 20P		6 50P
NEW YORK – PENN Station	ar	10 22A		12 22P		6 25P		1 51P		6 25P	

TO PURCHASE TICKETS

Amtrak tickets can be purchased using the Amtrak Mobile app or Amtrak.com, or by calling 1-800-USA RAIL. Amtrak tickets must be purchased before boarding the train.

Metro-North (MNR) tickets can be purchased using the MTA eTIX app, from a Metro-North ticket vending machine, or from a conductor onboard a Metro-North train.

Hartford Line tickets can be purchased using the CTrail eTix app, from a CTrail Ticket Vending Machine, or from a conductor onboard a CTrail Hartford Line train. Higher fares may apply when MNR or CTrail tickets are purchased onboard the train.

KEY

MNR = Metro-North Railroad

For further information visit
TrainsInTheValley.org/valley-flyer

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Normal Days of Operation			Monday – Friday				Weekends					
NORTHBOUND			MNR 6522	Amtrak Vermonter 56	MNR 1554	Amtrak Regional 94	MNR 3578	Amtrak Regional 178	MNR 6522	Amtrak Vermonter 54	MNR 6536	Amtrak Regional 88
Connecting train from:												
NEW YORK – PENN Station dp				11 33A		5 38P		7 50P		11 30A		300 P
NEW YORK – Grand Central Terminal dp			11 02A		5 03P		7 37P		11 02A		2 34P	
Harlem – 125th Street			11 12A		5 13P		7 47P		11 12A		2 44P	
STAMFORD			11 55A	12 18P	5 54P	6 30P	8 25P	8 45P	11 55A	12 20P	3 27P	3 48P
Noroton Heights			12 00P				8 31P		12 00P			
Darien			12 04P				8 34P		12 04P		3 34P	
Rowayton			12 07P				8 37P		12 07P			
South Norwalk			12 11P		6 06P		8 41P		12 11P		3 39P	
East Norwalk			12 14P		6 09P		8 44P		12 14P			
Westport			12 18P		6 13P		8 48P		12 18P		3 44P	
Green's Farm			12 23P		6 17P		8 52P		12 23P			
Southport			12 27P		6 21P		8 56P		12 27P			
Fairfield			12 31P		6 24P		9 00P		12 31P		3 52P	
Fairfield Metro			12 35P		6 28P		9 03P		12 35P		3 56P	
BRIDGEPORT			12 43P	12 46P	6 34P	7 00P	9 10P	9 13P	12 43P	12 50P	4 03P	4 16P
Stratford			12 49P		6 40P		9 16P		12 49P		4 09P	
Milford			12 56P		6 47P		9 23P		12 56P		4 15P	
West Haven			1 03P		6 54P		9 30P		1 03P		4 22P	
NEW HAVEN – Union Station ar			1 17P	1 11P	7 08P	7 25P	9 42P	9 40P	1 17P	1 15P	4 38P	4 45P
To: Greenfield				thru train		Valley Flyer 494		Valley Flyer 478		thru train		Valley Flyer 488
NEW HAVEN – Union Station dp				1 30P		7 35P		9 55P		1 30P		5 00P
New Haven – State Street						7 37P		9 57P				5 02P
Wallingford						7 49P		10 09P				5 14P
Meriden				1 50P		7 58P		10 18P		1 50P		5 23P
Berlin						8 07P		10 26P				5 32P
HARTFORD				2 11P		8 20P		10 40P		2 11P		5 46P
Windsor						8 27P		10 47P				5 53P
Connecting bus:			CTtransit 24		CTtransit 24							
Bradley Airport, Terminal A dp			1 56P		7 51P							
Windsor Locks ar			2 12P		8 07P							
Windsor Locks dp				2 22P		8 34P		10 53P		2 22P		5 59P
SPRINGFIELD ar				2 55P		8 59P		11 18P		2 55P		6 24P
SPRINGFIELD dp				3 15P		9 15P		11 30P		3 15P		6 45P
Holyoke				3 41P		9 41P		11 56P		3 41P		7 11P
Northampton				3 57P		9 57P		12 12A		3 57P		7 27P
GREENFIELD				4 22P		10 23P		12 38A		4 22P		7 53P

Please note that these two pages provide only a summary of the available passenger rail service in our region. Some information, such as holiday schedules, has been omitted due to space limitations.

Please refer to the current Amtrak, CTtransit, Hartford Line and/or Metro-North schedule(s) before traveling.

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