

## Western Vermont, Integrated, Amtrak Train/Bus Schedule (Burlington - NY City)<sup>1</sup>

**Ethan Allen Express and Burlington-Albany-NYC Bus/Train**

**Connecting to Chicago, FL, DC, VA, and 9 Airports**

**Effective 11-15-2022**

Southbound To NYC (Read Down)			Stations (Names + 3 Letter Codes)	Northbound From NYC (Read Up)		
Daily Bus 6280	Daily Train 290	Daily Bus 6064		Daily Bus 6281	Daily Train 291	Daily Bus 6337
4:36a(Dp)		12:56p(Dp)	<b>Colchester, VT (CVT):</b> VT Park & Ride, Brentwood Dr, E of Rt 7, I-89, Ex17 (Park Free at Stop)	6:09p(Ar)		1:04a(Ar)
4:58a		1:18p	<b>Burlington, VT, Downtown Transit Center (BLT):</b> South Side of Pearl Street, just East of St Paul St (No parking)	5:47p		12:42a
5:13a		1:33p	<b>South Burlington, VT, Airport (BTV):</b> Dropoff/pickup curb, past Baggage Claim (Park in Garage, \$12/da)	5:32p		12:27a
	10:10a(Dp)		<b>Burlington, VT, Union Station (BTN):</b> 1 Main St (No parking)		9:55p(Ar)	
5:53a	10:42a	2:13p	<b>Ferrisburg – Vergennes, VT, Amtrak Station (VRN)</b> for train tickets or <b>VTrans Park &amp; Ride (VGN)</b> for Bus Tickets, just west of Jct of 7/22A (Park free at Stop for bus and train)	4:52p	9:08p	11:47p
6:17a		2:37p	<b>Middlebury, VT, Middlebury College (MIY):</b> Bus Stop: Southbound side of Storrs Ave at Franklin St (No parking)	4:28p		11:23p
	10:59a		<b>Middlebury, VT Amtrak Station (MBY):</b> 30 Middle Seymour St (Park free, 24/7)		8:48p	
6:40a		3:00p	<b>Brandon, VT (BDN):</b> In front of Brandon Inn, 20 Park St (No parking)	4:05p		11:00p
7:07a(Ar) 7:17a(Dp)		3:27p(Ar) 3:37p(Dp)	<b>Rutland, VT, MVRTD Transit Center (RTC):</b> Bus Stop: 102 West St, Regional Transit Center Garage, (\$3/da)	3:38p (Dp) 3:28p (Ar)		10:33p(Dp) 10:23p (Ar)
	12:10p (Ar) 12:20p (Dp) 12:38p		<b>Rutland, VT (RUD):</b> Train Station: 25 Evelyn St (Park, 24/7)		7:56p(Dp) 7:46p(Ar)	
	1:33p		<b>Castleton, VT (CNV):</b> 266 Main St (Park, 7 spaces, 7 da max)		7:16p	
	1:55p		<b>Fort Edward-Glen Falls, NY (FED):</b> (Park, 24/7)		6:16p	
	2:31p		<b>Saratoga Springs, NY (SAR):</b> (Park, 24/7)		5:54p	
			<b>Schenectady, NY (SDY):</b> Ethan Allen Express transfer station for Lake Shore Ltd to Chicago: (Park, same day only)		5:28p	
7:32a		3:52p	<b>Wallingford, VT (WAG):</b> Cumberland Farms, 309 North Main St (No parking)	3:13p		10:08p
8:05a		4:25p	<b>Manchester Center, VT (MCV):</b> Bus Parking, rear of City Parking Lot, nr Langway Chevy/VW Dealer (Park free at stop)	2:40p		9:35p
8:40a		5:00p	<b>Bennington, VT Green Mt Express Bus Terminal (BNI):</b> 215 Pleasant St (Park Free at stop)	2:05p		9:00p
9:45a(Ar) Bus 6280	2:56p(Ar)	6:05p(Ar) Bus 6064	<b>Albany-Rensselaer, NY (ALB):</b> Burlington Bus transfer station for Lake Shore Ltd to/from Niagara Falls, Cleveland, Chicago	1:00p(Dp) Bus 6281	5:04p(Dp)	7:55p(Dp) Bus 6337
9:55a		6:15p	<b>Albany, NY, Greyhound Bus Terminal (no code):</b> 34 Hamilton St	12:50p		7:45p
10:25a		6:45p	<b>Albany International Airport (ABA):</b> Nearest curb to terminal, far south end, VT Translines sign	12:20p		7:15p
10:05a(Dp) Train 280	3:11p(Dp)	7:15p(Dp) Train 64	<b>Albany-Rensselaer, NY (ALB):</b> (Park, 24/7) (See Burlington Bus info above.)	12:50p(Ar) Train 281	4:49p(Ar)	7:05p(Ar) Train 253
10:26a	3:31p	7:35p	<b>Hudson, NY (HUD):</b> (Park, 24/7)	12:25p	4:19p	6:36p
10:49a	3:52p	7:57p	<b>Rhinecliff, NY (RHI):</b> (Park, 24/7)	12:00p	3:58p	6:15p
11:10a	4:10p	8:15p	<b>Poughkeepsie, NY (POU):</b> (Park, 24/7)	11:43a	3:42p	6:05p
11:50a	4:50p	8:56p	<b>Croton-Harmon, NY (CRT):</b> (Park, 24/7)	11:01a	3:00p	5:24p
	5:11p	9:16p	<b>Yonkers, NY (YNY):</b> (Park, 24/7)		2:42p	
12:45p(Ar) Tr 280	5:46p(Ar) Tr 290	9:55p(Ar) Tr 64	<b>New York, NY, Moynihan Train Hall at Penn Sta (NYP)</b> (Rail links: Northeast, Southeast, Midwest) (Park, 24/7)	10:20a(Dp) Train 281	2:19(Dp) Train 291	4:40p(Dp) Train 237

**Connecting Trains to DC:** via Trenton, Philadelphia, Wilmington, Baltimore, BWI Airport (See timetable below.)

**Connecting Trains to VA, past DC:** Alexandria, Richmond, Norfolk, Danville, VA (reachable in a day, no timetables)

**Connecting Trains to New Orleans, LA (Train 19, southbound) & Miami, FL (Trains 97 & 98) No timetables**

**Connecting to 10 Airports: Burlington, Albany, Kennedy, LaGuardia, Newark, Philadelphia, BWI, National, Dulles.**







VT Rail Action Network, a non-Amtrak, rail advocacy group, created this schedule. Verify times at booking. Send corrections to [info@railvermont.org](mailto:info@railvermont.org).

**Western Vermont, Integrated, Train/Bus Schedule (Burlington - NY City)<sup>1</sup>**

**Amtrak Ethan Allen Express and Burlington-Albany-NYC Bus/Train**

**Connecting to Chicago, FL, DC, VA, and 9 Airports**

**Effective 11-15-2022**

Southbound To DC (Read Down)				Stations	Northbound From DC (Read Up)					
Train 280 12:45p (Ar)		Train 290 5:45p (Ar)			10 :20a (Dp) Train 281		2:20 (Dip) Train 291		4:40p (Dp) Tr 237	
M-F Tr 93	S-S-H Tr 161	M-F Tr 55	S-S-H Tr 57	New York, NY, Moynihan Train Hall at Penn Sta (Rail links: Northeast; Southeast, including Miami, Florida; and, Midwest) 	M-F Tr 180	S-S-H Tr 162	M-F Tr 182	S-S-H Tr 164	M-F Tr 176	S-S-H Tr 140
2:02p (Dp)	2:05p (Dp)	6:45p (Dp)	7:01p (Dp)			7:46a (Ar)	9:45a (Ar)	12:40p (Ar)	12:47 (Ar)	3:20p (Ar)
2:18p	2:21p	7:02p	7:17p	Newark Penn Station, NJ 	7:27a	9:25a	12:21p	12:27p	3:01p	3:26p
	2:26p			Newark Liberty Airport 				12:22p		3:21p
2:32p	2:39p		7:33p	Metropark, NJ		9:10a	12:07p	12:11p	2:47p	3:09p
				New Brunswick, NJ <sup>2</sup>				12:01p		
				Princeton Junction, NJ <sup>2</sup>				11:48a		
2:55p	3:02p	7:36p	7:55p	Trenton, NJ	6:53a	8:47a	11:43a	11:38a	2:25p	2:46p
3:24p	3:30p	8:07p	8:23p	Philadelphia, PA (30 <sup>th</sup> St) 	6:25a	8:17a	11:12a	11:07a	1:55p	2:15p
3:46p	3:53p	8:30p	8:46p	Wilmington, DE	6:02a	7:53a	10:50a	10:44a	1:33p	1:52p
				Aberdeen, MD	5:36a	7:24a				
4:36p	4:48p	9:21p	9:39p	Baltimore, MD	5:11a	7:01a	10:02a	9:56a	12:45p	1:06p
4:49p	5:01p	9:37p	9:53p	BWI Airport, MD 	4:56a	6:46a	9:46a	9:41a	12:31p	12:51p
5:04p	5:16p	9:53p	10:07p	New Carrollton, MD	4:41a	6:31a	9:31a	9:26a	12:16p	12:36p
5:23p (Ar)	5:33p (Ar)	10:07p (Ar)	10:28p (Ar)	Washington, DC 	4:30a (Dp)	6:20a (Dp)	9:20a (Dp)	9:15a (Dp)	12:05a (Dp)	12:25p (Dp)
M-F Tr 93 (to Norfolk) Tr 19 (to Danville)	S-S-H Tr 161 (to Norfolk, Tr 87)	M-F Tr 55	S-S-H Tr 57		M-F Tr 180	S-S-H Tr 162	M-F Tr 182 (from Rich- mond)	S-S-H Tr 164 (From Rich- mond)	M-F Tr 176 (from Roano ke)	S-S-H Tr 140 (from Roano ke)

Train + Bus Tickets: <https://www.amtrak.com> or Tel: 800-USA-RAIL



Public transportation to major airport

Bus Tickets Only: <https://www.vttranslines.com/buy-tickets/> Info: 844-888-7267

<sup>1</sup>Eastern Vermont: Amtrak also operates trains serving Eastern Vermont: Vermonter (St Albans/Essex Jct (6 mi E Burlington)-DC and Valley Flyer (Greenfield, MA-New Haven, CT, with connections to DC, VA, and FL.

<sup>2</sup>New Jersey Transit, [https://www.njtransit.com/trip-planner-to\\_](https://www.njtransit.com/trip-planner-to_) serves New Brunswick & Princeton Jct stations.



Amtrak's "Vermont & Valley Flyer Schedules – Northbound"

Effective Nov 15, 2022

Vermont Bus [B] & Café Car [C]		Stations		Valley Flyer			
Mo-Fr #56	Sa-Su, Hol #54			Mo-Fr, Hol		Sa-Su, Hol	
				#94+494	#178+478	#400	#88+488
				From VA & FL	From VA & FL		From VA & FL
8:00a (Dp)	7:20a (Dp)		Washington, DC	1:55p (Dp) [B] & [C]	3:52p (Dp) [B] & [C]		11:20a (Dp) [B] & [C]
8:09a	7:30a		New Carrollton, MD	2:06p	4:03p		11:31a
8:23a	7:45a		BWI Airport, MD	2:21p	4:18p		11:46a
8:39a	8:00a		Baltimore, MD	2:36p	4:34p		12:01a
			Newark, DE				
9:30a	8:49a		Wilmington, DE	3:29p	5:29p		12:52p
9:58a (Ar) 10:01a (Dp)	9:14a (Ar) 9:17a (Dp)		Philadelphia, PA	3:53p (Ar) 3:58p (Dp)	5:55p (Ar) 5:58p (Dp)		1:15p (Ar) 1:18p (Dp)
10:26a	9:45a		Trenton, NJ	4:26p	6:25p		1:45p
	10:08a		Metropark, NJ				2:09p
			Newark Liberty Int Air, NJ	4:57p	6:57p		2:21p
11:01a	10:25a		Newark Penn Station, NJ	5:03p	7:03p		2:26p
11:21a (Ar) 11:33a (Dp)	10:45a (Ar) 11:30a (Dp)		New York, NY	5:22p (Ar) 5:38p (Dp)	7:24p (Ar) 7:50p (Dp)		2:46p (Ar) 3:00p (Dp)
			New Rochelle, NY	6:06p	8:25p		3:27p
12:16p	12:19p		Stamford, CT	6:28p	8:43p		3:46p
12:45p	12:49p		Bridgeport, CT	6:59p	9:12p		4:15p
1:11p (Ar) 1:30p (Dp)	1:15p (Ar) 1:30p (Dp)		<a href="#">New Haven, CT, Union Station</a> (Change trains from Flyer)	7:25p (Ar) 7:35p (Dp)	9:40p (Ar) 9:55p (Dp)		4:45p (Ar) 5:00p (Dp)
			<a href="#">New Haven, CT, State Street</a>	7:37p	9:57p		5:02p
			<a href="#">Wallingford, CT</a>	7:54p	10:14p		5:19p
1:55p	1:55p		<a href="#">Meriden, CT</a>	8:02p	10:23p		5:28p
			<a href="#">Berlin, CT</a>	8:13p	10:31p		5:37p
2:13p	2:14p		<a href="#">Hartford, CT</a>	8:23p	10:43p		5:48p
			<a href="#">Windsor, CT</a>	8:39p	10:58p		6:04p
2:27p	2:27p		<a href="#">Windsor Locks, CT</a>	8:34p	10:53p		5:59p
2:55p (Ar) 3:15p (Dp)	2:50p (Ar) 3:15p (Dp)		<a href="#">Springfield, MA</a> [P, Garage]	9:04p (Ar) 9:15p (Dp)	11:18p (Ar) 11:30p (Dp)	7:50a (Dp)	6:29p (Ar) 6:45p (Dp)
3:41p	3:41p		<a href="#">Holyoke, MA</a> [P]	9:41p	11:56p	8:16a	7:11p
3:57p	3:57p		<a href="#">Northampton, MA</a> [P]	9:57p	12:12a	8:32a	7:27p
4:22p	4:22p		<a href="#">Greenfield, MA</a> [P, Garage, 2 min]	10:23p (Ar)	12:38a (Ar)	8:58a (Ar)	7:53p (Ar)
4:56p	4:53p		<a href="#">Brattleboro, VT</a> [P, Garage, 4 min] (19mi W Keene, NH)				
5:26p	5:26p		<a href="#">Bellows Falls, VT</a> [P]				
5:47p	5:47p		<a href="#">Claremont, NH</a> [P] (14mi NE Springfield, VT)				
5:56p	5:56p		<a href="#">Windsor, VT</a> [P]				
6:15p	6:15p		<a href="#">White River Jct, VT</a> [P] (5m S Dartmouth College, Hanover, NH)				
6:56p	6:56p		<a href="#">Randolph, VT</a> [P]				
7:34p	7:34p		<a href="#">Montpelier</a> [P] (10mi NW Barre)				
7:50p	7:50p		<a href="#">Waterbury</a> [P] (10mi S Stowe)				
8:18p	8:18p		<a href="#">Essex Jct</a> [P] (6mi E Burlington)				
8:50p (Ar)	8:50p (Ar)		<a href="#">St Albans, VT</a> [P]				

Air/Rail  
Link

Buy Amtrak Tickets: <https://www.amtrak.com>  
Valley Flyer Info: <https://www.trainsinthevalley.org/valley-flyer/>

Flyer Trains

Other Trains   
[P] Parking Available

More Vermont Rail Info: <https://www.vermontvacation.com/Amtrak>