

VIRGINIA SERVICE - Southbound

Effective January 25 - March 22, 2020
TEMPORARY TRACKWORK SCHEDULE

serving **BOSTON - NEW YORK - WASHINGTON DC - CHARLOTTESVILLE - ROANOKE - RICHMOND - NEWPORT NEWS - NORFOLK** and intermediate stations



BOOK TRAVEL, CHECK TRAIN STATUS, ACCESS YOUR ETICKET AND MORE THROUGH THE [Amtrak app](#).

Amtrak.com
 1-800-USA-RAIL

Service/Train Name ▶		Northeast Regional	Northeast Regional	Palmetto	Cardinal	Carolinian	Carolinian	Northeast Regional	Silver Star	Northeast Regional	Northeast Regional
Train Number ▶		65	67	89	51	79	79	95	91	195	125
Normal Days of Operation ▶		FrSa	Su-Th	Daily	SuWeFr	SaSu	Mo-Fr	Mo-Fr	Daily	SaSu	Mo-Fr
Will Also Operate ▶		1/19				1/20				1/20	
Will Not Operate ▶			1/19				1/20	1/20			1/20
On Board Service ▶											
	Symbol ▼										R95
BOSTON, MA -South Station	●●Ⓜ	Dp	Ⓜ9 30P	Ⓜ9 30P				6 10A		6 35A	Ⓜ6 10A
Boston, MA-Back Bay Station	●●Ⓜ		R9 36P	R9 36P				R6 15A		R6 40A	ⓂR6 15A
Route 128, MA	●●Ⓜ		ⓂR9 50P	ⓂR9 50P				R6 25A		R6 50A	ⓂR6 25A
Providence, RI ①	●●Ⓜ		Ⓜ10 22P	Ⓜ10 22P				6 50A		7 15A	Ⓜ6 50A
Kingston, RI ②	●●Ⓜ		10 48P	10 48P				7 11A		7 36A	Ⓜ7 11A
Westerly, RI	○●Ⓜ		11 05P	11 05P				7 25A		7 50A	Ⓜ7 25A
Mystic, CT	○		11 17P	11 17P							
New London, CT (Casino ④)	●●Ⓜ		11 31P	11 31P				7 45A		8 12A	Ⓜ7 45A
Old Saybrook, CT	●●Ⓜ		11 53P	11 53P				8 04A		8 31A	Ⓜ8 04A
Greenfield, MA	○●							5 45A			5 45A
Northampton, MA	○●							6 10A			6 10A
Holyoke, MA	○●							6 25A			6 25A
SPRINGFIELD, MA	●●Ⓜ	Ar						6 53A		7 25A	6 53A
Windsor Locks, CT	○	Dp						7 05A			7 05A
Windsor, CT	○							7 24A		7 44A	7 24A
Hartford, CT	●●Ⓜ							7 29A		7 49A	7 29A
Berlin, CT	○●							7 39A		7 59A	7 39A
Meriden, CT	○●							D7 49A		8 10A	D7 49A
Wallingford, CT	○							D7 58A		8 19A	D7 58A
New Haven, CT-State St. Sta.	○							D8 06A		8 27A	D8 06A
New Haven, CT-Union Station	●●Ⓜ	Ar						8 19A		8 40A	8 19A
NEW HAVEN, CT -Union Station	●●Ⓜ	Ar	12 30A	12 30A				8 27A		8 47A	8 27A
Bridgeport, CT	○●	Dp	Ⓜ12 50A	Ⓜ12 50A				8 41A		9 03A	Ⓜ8 41A
Stamford, CT	●●Ⓜ							8 43A		9 06A	Ⓜ8 43A
New Rochelle, NY	○●									9 28A	9 28A
NEW YORK, NY -Penn Station	●●Ⓜ	Ar	2 30A	2 30A				9 30A		9 55A	Ⓜ9 30A
Newark, NJ	●●Ⓜ	Dp	Ⓜ3 00A	Ⓜ3 25A	Ⓜ6 02A	6 45A	Ⓜ7 17A	10 22A		10 16A	Ⓜ10 22A
Newark Liberty Intl. Air., NJ ✈	●●Ⓜ							10 35A		Ⓜ11 02A	11 05A
Metropark, NJ	●●Ⓜ		3 20A	3 45A	ⓂR6 19A	Ⓜ7 05A	ⓂR7 39A	Ⓜ7 25A		11 05A	11 35A
New Brunswick, NJ	●●Ⓜ							10 53A		Ⓜ11 22A	11 23A
Princeton Junction, NJ	●●Ⓜ		3 34A	4 00A	6 33A			11 07A		11 23A	11 52A
Trenton, NJ	●●Ⓜ				6 31A					11 39A	12 06P
PHILADELPHIA, PA -Wm. Gray, III, 30th St. Station	●●Ⓜ	Ar	4 27A	4 52A	6 45A						
Wilmington, DE	●●Ⓜ	Dp	Ⓜ4 32A	Ⓜ5 00A	7 06A	Ⓜ7 42A	8 20A	8 22A	11 30A	12 00N	12 03P
Newark, DE	○		4 54A	5 22A	7 36A		8 49A	8 49A	11 57A		12 31P
Aberdeen, MD	○●				Ⓜ7 40A		Ⓜ8 54A	Ⓜ8 54A	12 02P	Ⓜ12 35P	12 34P
Baltimore, MD-Penn Station	●●Ⓜ		Ⓜ5 43A	Ⓜ6 10A	Ⓜ8 01A	Ⓜ8 44A	Ⓜ9 17A	Ⓜ9 17A	12 24P	Ⓜ1 02P	12 54P
BWI Marshall Airport, MD ✈	●●Ⓜ				Ⓜ8 48A	Ⓜ9 30A	Ⓜ10 07A	Ⓜ10 04A	1 17P	Ⓜ1 55P	1 45P
New Carrollton, MD	●●Ⓜ		5 56A	6 25A	9 01A				1 30P		1 58P
WASHINGTON, DC -Union Station	●●Ⓜ	Ar	6 12A	6 40A	9 30A	Ⓜ10 10A	10 46A	10 45A	1 45P	2 13P	2 46P
			Ⓜ6 30A	Ⓜ7 00A					1 58P	Ⓜ2 35P	2 27P

Service continues on page 2. No change of train required.

SCHEDULES EFFECTIVE 1/25/20-3/22/20

- ① Seasonal summer connecting service offered by shuttle bus and Seastreak Ferry to Newport, RI, Martha's Vineyard, MA, and Nantucket, MA. Through ticketing available on Amtrak.com.
- ② Van/Car service available from Kingston, RI station to Newport, RI. Reservations required. Call (401) 295-1100 for information and reservations.
- ③ Change trains at New York.

All Amtrak services and stations are non-smoking.

See page 2 for Services. See page 9 for Route Map, Symbols Key, Connecting Local Services, Airport Connections and other amenities.

Northeast Regional service within Virginia is funded in part through grants made available by the Commonwealth of Virginia.

Service between Greenfield, Springfield and New Haven is financed primarily through funds made available by the Connecticut Department of Transportation and the Massachusetts Department of Transportation.

THESE TIMETABLES SHOW ALL AMTRAK THROUGH SERVICE TO STATIONS BETWEEN BOSTON, MA, AND ROANOKE, NEWPORT NEWS AND NORFOLK, VA. Also see timetable Form W2 or Form W4 for complete Boston to New York and Washington DC schedules.

SHADING KEY

- Daytime train
- Overnight train
- Connecting train
- Thruway and connecting services

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Service/Train Name ▶		Northeast Regional	Northeast Regional	Palmetto	Cardinal	Carolinian	Carolinian	Northeast Regional	Silver Star	Northeast Regional	Northeast Regional	
Train Number ▶		65	67	89	51	79	79	95	91	195	125	
Normal Days of Operation ▶		SaSu	Mo-Fr	Daily	SuWeFr	SaSu	Mo-Fr	Mo-Fr	Daily	SaSu	Mo-Fr	
Will Also Operate ▶		1/20				1/20				1/20		
Will Not Operate ▶			1/20				1/20	1/20			1/20	
On Board Service ▶												
	Symbol ▼										R95	
WASHINGTON, DC -Union Station	●●QR	Dp	7:00A	7:20A	10:00A	11:00A	11:08A	11:08A	2:30P	3:05P	2:50P	3:55P
Alexandria, VA	●●QR		7:18A	7:38A	10:18A	11:19A	11:26A	11:26A	2:48P	3:23P	3:07P	4:14P
Burke Centre, VA	○											
Manassas, VA	○					11:52A						
Culpeper, VA (Orange)	○					12:25P						
Charlottesville, VA	●●QR		12:55P	12:55P		1:52P						
Staunton, VA	○					2:54P						
Clifton Forge, VA (Homestead)	○					4:13P						
Lynchburg, VA	●●QR											
ROANOKE, VA	○											
Blacksburg, VA	○											
Danville, VA	○											
Woodbridge, VA	○											
Quantico, VA	○		7:44A	8:04A			11:56A	11:56A	3:05P		3:24P	4:32P
Fredericksburg, VA	○		8:05A	8:26A			12:19P	12:19P	3:16P		3:36P	4:45P
Ashland, VA	○		8:47A	9:08A					3:40P		4:01P	5:12P
RICHMOND, VA -Staples Mill Road	●●QR	Ar	9:03A	9:29A	12:11P	1:27P	1:27P	1:27P	4:22P	5:07P	5:04P	6:21P
Richmond, VA-Main Street Sta.	○	Dp	9:08A	9:34A	12:19P	1:36P	1:36P	1:36P	4:44P	5:17P		6:28P
Petersburg, VA	○	Ar	9:34A	10:03A					4:49P			6:57P
Williamsburg, VA	●●QR	Dp	10:38A	11:02A					5:26P	5:51P		
NEWPORT NEWS, VA	●●QR	Ar	11:15A	11:33A								7:49P
NORFOLK, VA	●●QR	Ar	12:10P	12:25P								8:20P
Virginia Beach, VA	○	Ar	12:50P	1:05P					7:04P			9:10P
									8:00P			9:50P

SCHEDULES EFFECTIVE 1/25/20-3/22/20

Service

- Coaches:** Reservations required.
- Business class service available.** Reservations required. For more information visit [Amtrak.com/business-class](#).
- Sleeping cars.** For more information, visit [Amtrak.com/sleeping-accommodations](#).
- Flexible Dining service:** Available exclusively for Sleeping Car passengers. For more information, visit [Amtrak.com/flexdining](#).
- Café service.** Table seating offering a variety of meals, snacks and beverages for sale. For more information, visit [Amtrak.com/cafe](#).
- Amtrak Quiet Car.
- Checked baggage at select stations.
- Wi-Fi available.
- On Board Bicycle Racks:** We offer a number of different services to transport your bike onboard on most routes. Each train has different equipment and loading procedures that dictate what service will be offered. Reservations are required and additional charges apply. Visit [Amtrak.com/bikes](#) for all the details before you book your trip.
- Via Thruway connection at Washington, DC.

Trails and Rails Program: In cooperation with the National Park Service, volunteer rangers provide on board narratives between May and September on selected days over parts of some routes. Visit [nps.gov/trailsandrails](#).

All Amtrak services and stations are non-smoking.

See page 9 for Route Map, Symbols Key, Connecting Local Services, Airport Connections and other amenities.

Northeast Regional service within Virginia is funded in part through grants made available by the Commonwealth of Virginia.

Service between Greenfield, Springfield and New Haven is financed primarily through funds made available by the Connecticut Department of Transportation and the Massachusetts Department of Transportation.

LINKS FOR DETAILED SERVICE INFORMATION

Northeast Regional between Boston and Virginia Beach/Norfolk/Roanoke. Visit [Amtrak.com/Northeast-Regional](#)

Silver Meteor, Silver Star and Palmetto between New York and Tampa/Miami. Visit [Amtrak.com/Silver-Service-Palmetto](#)

Cardinal between New York and Chicago. Visit [Amtrak.com/Cardinal](#)

Carolinian between New York and Charlotte. Visit [Amtrak.com/Carolinian](#)

Crescent between New York and New Orleans. Visit [Amtrak.com/Crescent](#)

SHADING KEY
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Service/Train Name ▶		Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Crescent	Northeast Regional	Northeast Regional	Silver Meteor
Train Number ▶		157	147	145	171	99	93	19	87	85	97
Normal Days of Operation ▶		Su	Sa	Su	Mo-Fr	SaSu	Mo-Fr	Daily	SaSu	Mo-Fr	Daily
Will Also Operate ▶		1/20	1/19	1/20		1/20			1/20		
Will Not Operate ▶		1/19		1/19	1/20		1/20			1/20	
On Board Service ▶											
	Symbol ▼	R195	R195	R157					R161		
BOSTON, MA -South Station	●●QT Dp	③6 40A	⑤6 40A			8 15A	8 40A	9 30A		③9 40A	
Boston, MA—Back Bay Station	●●QT	③R6 45A	⑤R6 45A			R8 21A	R8 45A	R9 36A		③R9 45A	
Route 128, MA	●●QT	③R6 55A	⑤R6 55A			R8 31A	R8 55A	R9 46A		③R9 55A	
Providence, RI ①	●●QT	③7 20A	⑤7 20A			8 55A	9 19A	10 11A		③10 20A	
Kingston, RI ②	●●QT	③7 41A	⑤7 41A			9 15A	9 40A	10 32A		③10 41A	
Westerly, RI	○●QT	③7 55A	⑤7 55A				9 53A	10 46A			
Mystic, CT	○						10 04A	10 56A			
New London, CT (Casino ④)	●●QT	③8 17A	⑤8 17A			9 48A	10 19A	11 12A		③11 15A	
Old Saybrook, CT	●●QT	③8 36A	⑤8 36A					11 31A		③11 35A	
Greenfield, MA	○●										
Northampton, MA	○●										
Holyoke, MA	○●										
SPRINGFIELD, MA	●●QT Ar	7 58A	8 35A								
Windsor Locks, CT	○	8 17A	8 54A								
Windsor, CT	○	8 23A	9 00A								
Hartford, CT	●●QT	8 33A	9 10A								
Berlin, CT	○●	8 44A	9 22A								
Meriden, CT	○●	8 54A	9 32A								
Wallingford, CT	○	9 03A	9 41A								
New Haven, CT—State St. Sta.	○	9 16A	9 54A								
New Haven, CT—Union Station	●●QT Ar										
NEW HAVEN, CT -Union Station	●●QT Ar	9 20A	10 02A								
Bridgeport, CT	○●QT	9 34A	10 18A								
Stamford, CT	●●QT	9 56A	10 40A								
New Rochelle, NY	○●QT	10 25A	11 11A								
NEW YORK, NY -Penn Station	●●QT Ar	10 47A	11 38A								
Newark, NJ	●●QT Dp	11 23A	12 13P								
Newark Liberty Intl. Air., NJ ①	●●QT	12 05P	1 07P								
Metropark, NJ	●●QT	12 22P	1 12P								
New Brunswick, NJ	●●QT	12 27P	1 12P								
Princeton Junction, NJ	●●QT	12 40P	1 25P								
Trenton, NJ	●●QT										
PHILADELPHIA, PA -Wm. Gray, III, 30th St. Station	●●QT Ar	1 03P	1 48P								
Wilmington, DE	●●QT	1 30P	2 15P								
Newark, DE	○	1 33P	2 18P								
Aberdeen, MD	○●QT	1 55P	2 39P								
Baltimore, MD—Penn Station	●●QT										
BWI Marshall Airport, MD ①	●●QT	2 48P	3 30P								
New Carrollton, MD	●●QT	3 01P	3 43P								
WASHINGTON, DC -Union Station	●●QT Ar	3 16P	4 00P								
		3 33P	4 12P								

Service continues on page 4. No change of train required.

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- ③ Change trains at New York.
- ④ Change trains at Washington, DC.

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Normal Days of Operation ▶		Su	Sa	Su	Mo-Fr	SaSu	Mo-Fr	Daily	SaSu	Mo-Fr	Daily	
Will Also Operate ▶		1/20	1/19	1/20		1/20			1/20			
Will Not Operate ▶		1/19		1/19	1/20		1/20			1/20		
On Board Service ▶												
	Symbol ▼											
WASHINGTON, DC	●	Ar	4 00P	4 35P	4 50P	4 50P	5 00P	5 50P		7 00P	7 05P	
-Union Station												
Alexandria, VA	●	Ar	4 17P	4 52P	5 07P	5 11P	5 18P	6 09P		7 17P	7 22P	
Burke Centre, VA	○			5 09P	5 24P	5 30P						
Manassas, VA	○			5 28P	5 43P	5 49P						
Culpeper, VA (Orange)	○			6 02P	6 17P	6 24P						
Charlottesville, VA	●	Ar	7 01P	7 16P	7 23P							
Staunton, VA	○											
Clifton Forge, VA (Homestead)	○											
Lynchburg, VA	●	Ar										
	Dp			8 14P	8 29P	8 36P						
ROANOKE, VA	○	Ar		9 33P	9 48P	9 55P						
	Dp											
Blacksburg, VA	○											
Danville, VA	○											
Woodbridge, VA	○		4 35P							7 35P	7 40P	
Quantico, VA	○		4 48P				5 44P	6 37P		7 47P	7 52P	
Fredericksburg, VA	○		5 10P				6 08P	7 02P		8 12P	8 17P	8 33P
Ashland, VA	○		5 52P				6 50P	7 46P		8 54P	8 59P	
RICHMOND, VA	●	Ar	6 15P				7 08P	8 10P		9 15P	9 16P	
-Staples Mill Road	Dp		6 22P				7 13P	8 17P		9 22P		
Richmond, VA—Main Street Sta.	○	Dp					7 40P					
Petersburg, VA	●	Ar	6 58P					8 53P		9 58P		
Williamsburg, VA	●	Dp					L8 33P					
NEWPORT NEWS, VA	●	Ar					9 06P					
NORFOLK, VA	○	Ar	8 36P					10 31P		11 36P		
Virginia Beach, VA	○	Ar										

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Service

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- Business class service available.** Reservations required. For more information visit [Amtrak.com/business-class](#).
- Sleeping cars.** For more information, visit [Amtrak.com/sleeping-accommodations](#).
- Flexible Dining service:** Available exclusively for Sleeping Car passengers. For more information, visit [Amtrak.com/flexdining](#).
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Cardinal between New York and Chicago. Visit [Amtrak.com/Cardinal](#)

Carolinian between New York and Charlotte. Visit [Amtrak.com/Carolinian](#)

Crescent between New York and New Orleans. Visit [Amtrak.com/Crescent](#)

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Service/Train Name ▶	Silver Meteor	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Crescent	Northeast Regional	Northeast Regional	Northeast Regional
Train Number ▶	98	86	164	174	82	20	84	88	176
Normal Days of Operation ▶	Daily	Mo-Fr	SaSu	Mo-Fr	Sa	Daily	Mo-Fr	SaSu	Mo-Fr
Will Also Operate ▶			1/20		1/19			1/20	
Will Not Operate ▶		1/20		1/20			1/20		1/20
On Board Service ▶									
Symbol ▼	○	○	○	○	○	○	○	○	○
Virginia Beach, VA	Dp						5 15A	5 15A	
NORFOLK, VA	Dp						6 15A	6 15A	
NEWPORT NEWS, VA	●				5 20A			5 15A	
Williamsburg, VA	●				5 42A				
Petersburg, VA	●	3 33A					7 42A	7 42A	
Richmond, VA—Main Street Sta.	●				6 35A				
RICHMOND, VA	●	Ar			7 07A		8 19A	8 18A	
—Staples Mill Road	Dp	4 22A	6 00A	6 35A	7 10A	7 35A	8 25A	8 25A	
Ashland, VA	○	4 32A	6 13A	6 50A	7 23A	7 48A	8 38A	8 38A	
Fredericksburg, VA	○	D5 26A	6 56A	7 33A	8 10A	8 32A	9 25A	9 25A	
Quantico, VA	○		7 16A	7 54A	8 32A	8 52A	9 47A	9 47A	
Woodbridge, VA	○		7 28A	8 07A	8 46A			10 01A	
Danville, VA	○						4 43A		
Blacksburg, VA	○								5 00A
ROANOKE, VA	○	Ar							6 05A
Lynchburg, VA	○	Dp							6 19A
Clifton Forge, VA (Homestead)	○	Ar							7 38A
Staunton, VA	○	Dp							
Charlottesville, VA	●						5 52A		
Culpeper, VA (Orange)	○						5 56A		
Manassas, VA	○								7 09A
Burke Centre, VA	○								8 52A
Alexandria, VA	○						8 01A		9 44A
WASHINGTON, DC	○						8 35A		10 19A
—Union Station	○	Ar	D6 36A	7 52A	8 36A	9 12A	9 22A	D9 32A	10 26A
			D7 07A	8 15A	9 00A	9 41A	9 44A	D9 53A	10 26A
									10 55A
									11 05A
									11 20A

Service continues on page 6. No change of train required.

SCHEDULES EFFECTIVE 1/25/20-3/22/20

Service

- Coaches:** Reservations required.
- Business class service available.** Reservations required. For more information visit [Amtrak.com/business-class](#).
- Sleeping cars.** For more information, visit [Amtrak.com/sleeping-accommodations](#).
- Flexible Dining service:** Available exclusively for Sleeping Car passengers. For more information, visit [Amtrak.com/flexdining](#).
- Café service.** Table seating offering a variety of meals, snacks and beverages for sale. For more information, visit [Amtrak.com/café](#).
- Amtrak Quiet Car.
- Checked baggage at select stations.
- Wi-Fi available.
- On Board Bicycle Racks:** We offer a number of different services to transport your bike onboard on most routes. Each train has different equipment and loading procedures that dictate what service will be offered. Reservations are required and additional charges apply. Visit [Amtrak.com/bikes](#) for all the details before you book your trip.

Trails and Rails Program: In cooperation with the National Park Service, volunteer rangers provide on board narratives between May and September on selected days over parts of some routes. Visit [nps.gov/trailsandrails](#).

All Amtrak services and stations are non-smoking.

See page 9 for Route Map, Symbols Key, Connecting Local Services, Airport Connections and other amenities.

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LINKS FOR DETAILED SERVICE INFORMATION

Northeast Regional between Boston and Virginia Beach/Norfolk/Roanoke. Visit [Amtrak.com/Northeast-Regional](#)

Silver Meteor, Silver Star and Palmetto between New York and Tampa/Miami. Visit [Amtrak.com/Silver-Service-Palmetto](#)

Cardinal between New York and Chicago. Visit [Amtrak.com/Cardinal](#)

Carolinian between New York and Charlotte. Visit [Amtrak.com/Carolinian](#)

Crescent between New York and New Orleans. Visit [Amtrak.com/Crescent](#)

SHADING KEY

- Daytime train
- Overnight train
- Connecting train
- Thruway and connecting services

THESE TIMETABLES SHOW ALL AMTRAK THROUGH SERVICE TO STATIONS BETWEEN BOSTON, MA, AND ROANOKE, NEWPORT NEWS AND NORFOLK, VA.

Also see timetable Form W2 or Form W4 for complete Boston to New York and Washington DC schedules.

VIRGINIA SERVICE - Northbound

Effective January 25 - March 22, 2020
TEMPORARY TRACKWORK SCHEDULE



serving **NORFOLK - NEWPORT NEWS - RICHMOND - ROANOKE - CHARLOTTESVILLE - WASHINGTON DC - NEW YORK - BOSTON** and intermediate stations

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 1-800-USA-RAIL

Service/Train Name ▶	Silver Meteor	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Crescent	Northeast Regional	Northeast Regional	Northeast Regional
Train Number ▶	98	86	164	174	82	20	84	88	176
Normal Days of Operation ▶	Daily	Mo-Fr	SaSu	Mo-Fr	Sa	Daily	Mo-Fr	SaSu	Mo-Fr
Will Also Operate ▶			1/20		1/19			1/20	
Will Not Operate ▶		1/20		1/20			1/20		1/20
On Board Service ▶									
Symbol ▼	●●QT	●●QT	●●QT	●●QT	●●QT	●●QT	●●QT	●●QT	●●QT
WASHINGTON, DC -Union Station	Dp	↓	↓	↓	↓	↓	↓	↓	↓
New Carrollton, MD		↓	↓	↓	↓	↓	↓	↓	↓
BWI Marshall Airport, MD ✈		↓	↓	↓	↓	↓	↓	↓	↓
Baltimore, MD-Penn Station		↓	↓	↓	↓	↓	↓	↓	↓
Aberdeen, MD		↓	↓	↓	↓	↓	↓	↓	↓
Newark, DE		↓	↓	↓	↓	↓	↓	↓	↓
Wilmington, DE		↓	↓	↓	↓	↓	↓	↓	↓
PHILADELPHIA, PA -Wm. Gray, III, 30th St. Station	Ar	↓	↓	↓	↓	↓	↓	↓	↓
Trenton, NJ	Dp	↓	↓	↓	↓	↓	↓	↓	↓
Princeton Junction, NJ		↓	↓	↓	↓	↓	↓	↓	↓
New Brunswick, NJ		↓	↓	↓	↓	↓	↓	↓	↓
Metropark, NJ		↓	↓	↓	↓	↓	↓	↓	↓
Newark Liberty Intl. Air., NJ ✈		↓	↓	↓	↓	↓	↓	↓	↓
Newark, NJ		↓	↓	↓	↓	↓	↓	↓	↓
NEW YORK, NY -Penn Station	Ar	↓	↓	↓	↓	↓	↓	↓	↓
New Rochelle, NY	Dp	↓	↓	↓	↓	↓	↓	↓	↓
Stamford, CT		↓	↓	↓	↓	↓	↓	↓	↓
Bridgeport, CT		↓	↓	↓	↓	↓	↓	↓	↓
NEW HAVEN, CT -Union Station	Ar	↓	↓	↓	↓	↓	↓	↓	↓
New Haven, CT-Union Station	Dp	↓	↓	↓	↓	↓	↓	↓	↓
New Haven, CT-State St. Sta.		↓	↓	↓	↓	↓	↓	↓	↓
Wallingford, CT		↓	↓	↓	↓	↓	↓	↓	↓
Meriden, CT		↓	↓	↓	↓	↓	↓	↓	↓
Berlin, CT		↓	↓	↓	↓	↓	↓	↓	↓
Hartford, CT		↓	↓	↓	↓	↓	↓	↓	↓
Windsor, CT		↓	↓	↓	↓	↓	↓	↓	↓
Windsor Locks, CT		↓	↓	↓	↓	↓	↓	↓	↓
SPRINGFIELD, MA	Ar	↓	↓	↓	↓	↓	↓	↓	↓
Holyoke, MA	Dp	↓	↓	↓	↓	↓	↓	↓	↓
Northampton, MA		↓	↓	↓	↓	↓	↓	↓	↓
Greenfield, MA		↓	↓	↓	↓	↓	↓	↓	↓
Old Saybrook, CT		↓	↓	↓	↓	↓	↓	↓	↓
New London, CT (Casino 🎰)		↓	↓	↓	↓	↓	↓	↓	↓
Mystic, CT		↓	↓	↓	↓	↓	↓	↓	↓
Westerly, RI		↓	↓	↓	↓	↓	↓	↓	↓
Kingston, RI 🎰🚏		↓	↓	↓	↓	↓	↓	↓	↓
Providence, RI 🚏	Ar	↓	↓	↓	↓	↓	↓	↓	↓
Route 128, MA	Ar	↓	↓	↓	↓	↓	↓	↓	↓
Boston, MA-Back Bay Station	Ar	↓	↓	↓	↓	↓	↓	↓	↓
BOSTON, MA -South Station	Ar	↓	↓	↓	↓	↓	↓	↓	↓

SCHEDULES EFFECTIVE 1/25/20-3/22/20

- 1 Seasonal summer connecting service offered by shuttle bus and Seastreak Ferry to Newport, RI, Martha's Vineyard, MA, and Nantucket, MA. Through ticketing available on Amtrak.com.
- 2 Van/Car service available from Kingston, RI station to Newport, RI. Reservations required. Call (401) 295-1100 for information and reservations.

All Amtrak services and stations are non-smoking.

See page 5 for Services. See page 9 for Route Map, Symbols Key, Connecting Local Services, Airport Connections and other amenities.

Northeast Regional service within Virginia is funded in part through grants made available by the Commonwealth of Virginia.

Service between Greenfield, Springfield and New Haven is financed primarily through funds made available by the Connecticut Department of Transportation and the Massachusetts Department of Transportation.

THESE TIMETABLES SHOW ALL AMTRAK THROUGH SERVICE TO STATIONS BETWEEN BOSTON, MA, AND ROANOKE, NEWPORT NEWS AND NORFOLK, VA. Also see timetable Form W2 or Form W4 for complete Boston to New York and Washington DC schedules.

SHADING KEY	
Daytime train	(Light blue shading)
Overnight train	(Light purple shading)
Connecting train	(Light green shading)
Thruway and connecting services	(Light yellow shading)

VIRGINIA SERVICE - Northbound

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Effective January 25 - March 22, 2020
TEMPORARY TRACKWORK SCHEDULE



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Service/Train Name ▶		Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Silver Star	Carolinian	Cardinal	Palmetto	Northeast Regional
Train Number ▶		194	96	94	156	92	80	50	90	66
Normal Days of Operation ▶		Sa	Su	Mo-Fr	SaSu	Daily	Daily	SuWeFr	Daily	Daily
Will Also Operate ▶		1/19	1/20		1/20					
Will Not Operate ▶			1/19	1/20						
On Board Service ▶										
	Symbol ▼									
Virginia Beach, VA		Dp	6 40A	6 40A	8 00A					3 00P
NORFOLK, VA		Dp	7 25A	7 25A	9 00A					3 40P
NEWPORT NEWS, VA			8 30A	8 30A	8 00A					4 50P
Williamsburg, VA			8 52A	8 52A						5 11P
Petersburg, VA					10 27A					
Richmond, VA—Main Street Sta.			9 42A	9 42A						6 00P
RICHMOND, VA —Staples Mill Road		Ar Dp	10 14A 10 19A	10 14A 10 19A	11 03A 11 08A					6 25P 6 30P
Ashland, VA			10 32A	10 32A	11 23A					6 43P
Fredericksburg, VA			11 17A	11 17A	12 09P					7 27P
Quantico, VA			11 37A	11 37A	12 29P					7 52P
Woodbridge, VA										
Danville, VA										
Blacksburg, VA										
ROANOKE, VA		Ar Dp								
Lynchburg, VA		Ar Dp			9 59A					
Clifton Forge, VA (Homestead)										
Staunton, VA										
Charlottesville, VA					11 13A					
Culpeper, VA (Orange)					12 05P					
Manassas, VA					12 39P					
Burke Centre, VA					12 56P					
Alexandria, VA		Ar Dp	12 14P	12 14P	1 04P	1 21P	D2 04P	4 03P		
WASHINGTON, DC —Union Station		Ar Dp	12 35P	12 35P	1 27P	1 36P	D2 38P	4 30P		

Service continues on page 8. No change of train required.

SCHEDULES EFFECTIVE 1/25/20-3/22/20

Service

- Coaches:** Reservations required.
- Business class service available.** Reservations required. For more information visit [Amtrak.com/business-class](#).
- Sleeping cars.** For more information, visit [Amtrak.com/sleeping-accommodations](#).
- Flexible Dining service:** Available exclusively for Sleeping Car passengers. For more information, visit [Amtrak.com/flexdining](#).
- Café service.** Table seating offering a variety of meals, snacks and beverages for sale. For more information, visit [Amtrak.com/cafe](#).
- Amtrak Quiet Car.
- Checked baggage at select stations.
- Wi-Fi available.
- On Board Bicycle Racks:** We offer a number of different services to transport your bike onboard on most routes. Each train has different equipment and loading procedures that dictate what service will be offered. Reservations are required and additional charges apply. Visit [Amtrak.com/bikes](#) for all the details before you book your trip.
- Via Thruway connection at Washington, DC.

Trails and Rails Program: In cooperation with the National Park Service, volunteer rangers provide on board narratives between May and September on selected days over parts of some routes. Visit [nps.gov/trailsandrails](#).

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See page 9 for [Route Map](#), [Symbols Key](#), [Connecting Local Services](#), [Airport Connections](#) and other amenities.

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Silver Meteor, Silver Star and Palmetto between New York and Tampa/Miami. Visit [Amtrak.com/Silver-Service-Palmetto](#)

Cardinal between New York and Chicago. Visit [Amtrak.com/Cardinal](#)

Carolinian between New York and Charlotte. Visit [Amtrak.com/Carolinian](#)

Crescent between New York and New Orleans. Visit [Amtrak.com/Crescent](#)

SHADING KEY

- Daytime train
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VIRGINIA SERVICE - Northbound

serving NORFOLK - NEWPORT NEWS - RICHMOND - ROANOKE - CHARLOTTESVILLE - WASHINGTON DC - NEW YORK - BOSTON and intermediate stations

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Service/Train Name ▶		Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Silver Star	Carolinian	Cardinal	Palmetto	Northeast Regional
Train Number ▶		194	96	94	156	92	80	50	90	66
Normal Days of Operation ▶		Sa	Su	Mo-Fr	SaSu	Daily	Daily	SuWeFr	Daily	Daily
Will Also Operate ▶		1/19	1/20		1/20					
Will Not Operate ▶			1/19	1/20						
On Board Service ▶										
Symbol ▼										
WASHINGTON, DC -Union Station	●●QT Dp	1 05P	1 25P	2 05P	2 20P	↓ D3 10P	↓ D5 15P	↓ D6 44P	↓ 8 30P	↓ 9 40P
New Carrollton, MD	●●QT	1 17P	1 37P	2 17P	2 32P				8 41P	9 52P
BWI Marshall Airport, MD ✈	●●QT	1 32P	1 52P	2 33P	2 47P				8 57P	10 08P
Baltimore, MD-Penn Station	●●QT	1 51P	2 11P	2 48P	3 04P	D3 50P	D5 47P	D7 16P	D9 15P	D10 25P
Aberdeen, MD	○QT									
Newark, DE	○				3 40P					
Wilmington, DE	●●QT	2 37P	2 57P	3 35P	3 52P	D4 40P	D6 36P	D8 05P	D10 05P	11 16P
PHILADELPHIA, PA -Wm. Gray, III, 30th St. Station	●●QT Ar Dp	3 00P 3 05P	3 20P 3 23P	3 54P 3 59P	4 16P 4 19P	D5 05P	D7 00P	D8 26P	10 24P	11 39P
Trenton, NJ	●●QT	3 32P	3 50P	4 28P	4 48P	D5 40P	D7 32P	D9 02P	D10 28P	D11 44P
Princeton Junction, NJ	●●QT									
New Brunswick, NJ	●●QT									
Metropark, NJ	●●QT	3 55P	4 13P		5 10P				D11 21P	12 40A
Newark Liberty Intl. Air., NJ ✈	●●QT	4 08P	4 24P	4 59P	5 22P					
Newark, NJ	●●QT	4 15P	4 30P	5 05P	D5 27P	D6 30P	D8 12P	D9 38P	D11 36P	1 02A
NEW YORK, NY -Penn Station	●●QT Ar Dp	4 36P 5 00P	4 48P 5 25P	5 22P 5 38P	5 46P	6 50P	D8 35P	D9 58P	D11 56P	1 25A
New Rochelle, NY	○QT				6 7 00P					2 40A
Stamford, CT	●●QT	5 48P	6 13P	6 29P	6 7 27P					3 27A
Bridgeport, CT	○QT				6 7 48P					
NEW HAVEN, CT	●●QT Ar Dp	6 41P 6 43P	7 01P 7 03P	7 21P	7 37P					4 22A 4 43A
New Haven, CT-Union Station	●●QT Dp			7 35P	7 52P					
New Haven, CT-State St. Sta.	○			7 37P	7 54P					
Wallingford, CT	○			7 49P	8 06P					
Meriden, CT	○QT			7 58P	8 15P					
Berlin, CT	○QT			8 07P	8 24P					
Hartford, CT	●●QT			8 20P	8 37P					
Windsor, CT	○			L8 27P	L10 16P					
Windsor Locks, CT	○			L8 34P	L10 23P					
SPRINGFIELD, MA	●●QT Ar Dp			8 59P	9 16P					
Holyoke, MA	○QT			9 15P	9 32P					
Northampton, MA	○QT			9 41P	9 58P					
Greenfield, MA	○QT			9 57P	10 14P					
Old Saybrook, CT	●●QT	7 14P	7 33P	8 06P	8 23P					5 15A
New London, CT (Casino 🎰)	●●QT	7 33P	7 53P	8 24P	8 41P					5 35A
Mystic, CT	○									5 49A
Westerly, RI	○QT	7 52P	8 25P		8 42P					6 01A
Kingston, RI 🎰	●●QT	8 07P	8 42P	8 57P	9 14P					6 18A
Providence, RI 🎰	●●QT	8 28P	9 06P	9 16P	9 33P					6 56A
Route 128, MA	●●QT	D9 03P	D9 43P	D9 50P	D10 07P					D7 34A
Boston, MA-Back Bay Station	●●QT	D9 13P	D10 01P	D10 02P	D10 19P					D7 53A
BOSTON, MA -South Station	●●QT	9 18P	10 07P	10 10P	10 27P					D7 58A

SCHEDULES EFFECTIVE 1/25/20-3/22/20

- 1 Seasonal summer connecting service offered by shuttle bus and Seastreak Ferry to Newport, RI, Martha's Vineyard, MA, and Nantucket, MA. Through ticketing available on Amtrak.com.
- 2 Van/Car service available from Kingston, RI station to Newport, RI. Reservations required. Call (401) 295-1100 for information and reservations.
- 6 On Saturdays, change at Washington, DC to Train 168; on Sundays, change at Washington, DC to Train 132, which runs up to 30 minutes later than time shown at this station.
- 7 On Sundays, change at Washington, DC to Train 132, thence at New Haven to Train 432. On Saturdays, change at Washington, DC to Train 146, which arrives approximately 30 minutes later than the time shown at this station.

- 8 On Sundays, Thursdays and Fridays, stops to receive and discharge passengers; on Mondays, Tuesdays, Wednesdays and Saturdays, stops only to discharge passengers, and train may leave before time shown.

All Amtrak services and stations are non-smoking.

See page 7 for Services and Shading Key. See page 9 for Route Map, Symbols Key, Connecting Local Services, Airport Connections and other amenities.

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VIRGINIA SERVICE

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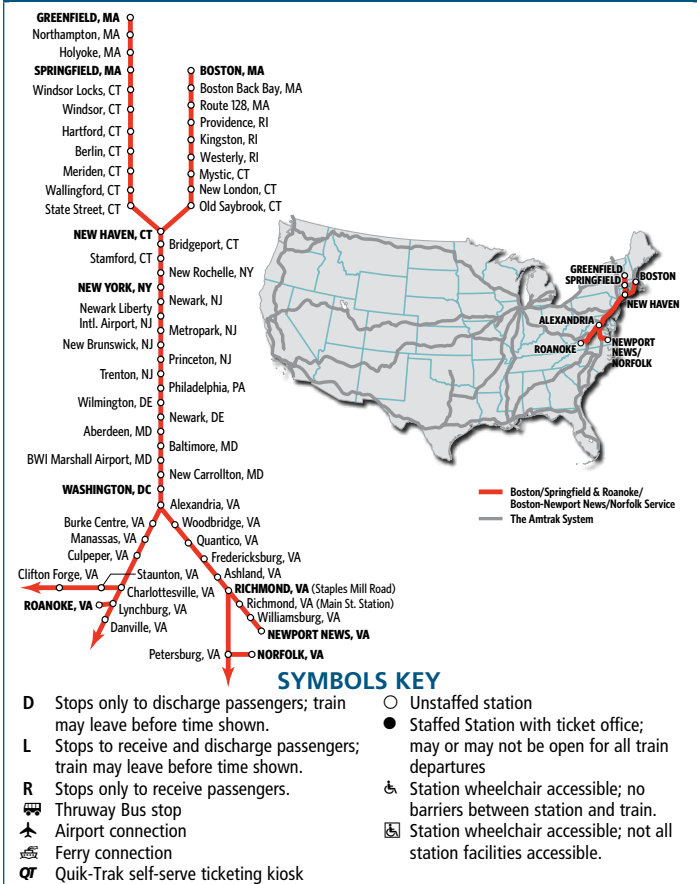
Effective January 25 - March 22, 2020

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BOSTON and VIRGINIA ROUTE MAP and SYMBOLS



Connecting Local Services

Boston

Massachusetts Bay Transportation Authority (commuter rail, subway, light rail & bus): (617) 222-3200 or (800) 392-6100; [www.mbta.com](#)

New Haven

Shore Line East (commuter rail): in Connecticut (800) ALL-RIDE; outside Connecticut (203) 777-RIDE; [www.shorelineeast.com](#)
Connecticut Transit (bus service): (203) 624-0151

New York

Metro-North Railroad: (800) 638-7646 or (212) 532-4900; [www.mta.info](#)
Long Island Rail Road (LIRR) (commuter rail): (718) 217-LIRR; [www.mta.info](#)
NJ TRANSIT (commuter rail & bus): (973) 275-5555; [www.NJtransit.com](#)
New York City Transit (subway & bus): (718) 330-1234; [www.mta.info](#)

Newark

NJ TRANSIT (commuter rail, subway & bus): (973) 275-5555; [www.NJtransit.com](#)
Port Authority Trans-Hudson Corporation (PATH) (subway): (800) 234-PATH; [www.panynj.gov/path](#)

Philadelphia

Southeastern Pennsylvania Transportation Authority (SEPTA) (commuter rail, light rail, subway & bus): (215) 580-7800; [www.septa.org](#)

Wilmington

DART First State (DART) (commuter rail & bus); 1-800-652-DART; [www.DartFirstState.com](#)

Baltimore

MARC (commuter rail): (800) 325-RAIL; [www.mtmaryland.com](#)
Maryland Transit Administration (MTA) (bus, light rail & subway): in the Baltimore metropolitan area: (800) 543-9809; other areas: (410) 539-5000; [www.mtmaryland.com](#)

Washington

MARC (commuter rail): (800) 325-RAIL; [www.mtmaryland.com](#)
Virginia Railway Express (commuter rail): (800) RIDE-VRE; [www.vre.org](#)
Metro rail & Metrobus (subway & bus): (202) 637-7000; [www.wmata.com](#)

Airport Connections

Newark Liberty International Airport

Convenient transfers between Amtrak Newark Liberty International Airport station and airline terminals via AirTrain.

Philadelphia International Airport

Convenient transfers between Gray 30th Street station and airline terminals via SEPTA Airport Line trains.

Wilmington New Castle Airport

Convenient transfers between the Amtrak Station Wilmington and the airline terminal at the Wilmington New Castle Airport via DART bus 22.

BWI Thurgood Marshall Airport

Convenient transfers between Amtrak station and airline terminals via free shuttle bus.

Carry-On Pet Program

A small cat or dog in a pet carrier may be carried aboard many *Northeast Corridor* trains. Reservations are required, and some restrictions apply. Visit [Amtrak.com/pets](#) for details.

Amtrak 30th Street Station-Center City Rail Transfer

Amtrak tickets to and from Philadelphia are honored for a transfer between Gray 30th Street Station (Upper Level platforms) and either Suburban Station or Jefferson Station (Pennsylvania Convention Center) via the frequent commuter rail service operated by SEPTA. Your Amtrak ticket, ticket receipt or eTicket travel document must be presented to the SEPTA conductor and remain visible while on board. For additional details, call SEPTA at (215) 580-7800.

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