

VIRGINIA SERVICE - Southbound

Effective January 2, 2020



serving **BOSTON - NEW YORK - WASHINGTON DC - CHARLOTTESVILLE - ROANOKE - RICHMOND - NEWPORT NEWS - NORFOLK** and intermediate stations

Amtrak.com
1-800-USA-RAIL

Service/Train Name ▶		Northeast Regional	Northeast Regional	Palmetto	Cardinal	Carolinian	Carolinian	Northeast Regional	Silver Star	Northeast Regional	Northeast Regional
Train Number ▶		65	67	89	51	79	79	95	91	195	125
Normal Days of Operation ▶		FrSa	Su-Th	Daily	SuWeFr	SaSu	Mo-Fr	Mo-Fr	Daily	SaSu	Mo-Fr
Will Also Operate ▶		1/19,2/16, 5/24,9/6				1/20,2/17, 5/25,9/7				1/20,2/17, 5/25,9/7	
Will Not Operate ▶			1/19,2/16, 5/24,9/6				1/20,2/17, 5/25,9/7	1/20,2/17, 5/25,9/7			1/20,2/17, 5/25,9/7
On Board Service ▶											
Symbol ▼											
BOSTON, MA -South Station	●●○	Dp	9 30P	9 30P				6 10A		6 35A	6 10A
Boston, MA-Back Bay Station	●●○		R9 36P	R9 36P				R6 15A		R6 40A	R6 15A
Route 128, MA	●●○		R9 50P	R9 50P				R6 25A		R6 50A	R6 25A
Providence, RI	●●○		10 22P	10 22P				6 50A		7 15A	6 50A
Kingston, RI	●●○		10 48P	10 48P				7 11A		7 36A	7 11A
Westerly, RI	○●○		11 05P	11 05P				7 25A		7 50A	7 25A
Mystic, CT	○●○		11 17P	11 17P							
New London, CT (Casino)	●●○		11 31P	11 31P				7 45A		8 12A	7 45A
Old Saybrook, CT	●●○		11 53P	11 53P				8 04A		8 31A	8 04A
Greenfield, MA	○●○							5 45A			5 45A
Northampton, MA	○●○							6 10A			6 10A
Holyoke, MA	○●○							6 25A			6 25A
SPRINGFIELD, MA	●●○	Ar						6 53A		7 25A	6 53A
Windsor Locks, CT	○●○	Dp						7 05A			7 05A
Windsor, CT	○●○							7 24A		7 44A	7 24A
Hartford, CT	●●○							7 29A		7 49A	7 29A
Berlin, CT	○●○							7 39A		7 59A	7 39A
Meriden, CT	○●○							D7 49A		8 10A	D7 49A
Wallingford, CT	○●○							D7 58A		8 19A	D7 58A
New Haven, CT-State St. Sta.	○●○							D8 06A		8 27A	D8 06A
New Haven, CT-Union Station	●●○	Ar						8 19A		8 40A	8 19A
NEW HAVEN, CT -Union Station	●●○	Ar	12 30A	12 30A				8 27A		8 47A	8 27A
Bridgeport, CT	○●○	Dp	12 50A	12 50A				8 41A		9 03A	8 41A
Stamford, CT	●●○		1 36A	1 36A				8 43A		9 06A	8 43A
New Rochelle, NY	○●○									9 28A	
NEW YORK, NY -Penn Station	●●○	Ar	2 30A	2 30A				9 30A		9 55A	9 30A
Newark, NJ	●●○	Dp	3 00A	3 25A	6 02A	6 45A	7 17A	7 25A	10 22A	10 51A	10 22A
Newark Liberty Intl. Air., NJ	●●○		3 20A	3 45A	R6 19A	7 05A	R7 39A	R7 44A	10 35A	11 02A	11 35A
Metropark, NJ	●●○		3 34A	4 00A	6 33A						
New Brunswick, NJ	●●○				6 31A						
Princeton Junction, NJ	●●○				6 45A						
Trenton, NJ	●●○		3 58A	4 25A	7 06A	7 42A	8 20A	8 22A	11 30A	12 00N	12 03P
PHILADELPHIA, PA -Wm. Gray, III, 30th St. Station	●●○	Ar	4 27A	4 52A	7 36A	8 15A	8 49A	8 49A	11 57A	12 31P	1 00P
Wilmington, DE	●●○	Dp	4 32A	5 00A	7 40A	8 15A	8 54A	8 54A	12 02P	12 34P	1 03P
Newark, DE	○●○		4 54A	5 22A	8 01A	8 44A	9 17A	9 17A	12 24P	1 02P	1 24P
Aberdeen, MD	○●○										
Baltimore, MD-Penn Station	●●○		5 43A	6 10A	8 48A	9 30A	10 07A	10 04A	1 17P	1 55P	2 18P
BWI Marshall Airport, MD	●●○		5 56A	6 25A	9 01A				1 30P	1 58P	2 32P
New Carrollton, MD	●●○		6 12A	6 40A					1 45P	2 13P	2 46P
WASHINGTON, DC -Union Station	●●○	Ar	6 30A	7 00A	9 30A	10 10A	10 46A	10 45A	1 58P	2 27P	3 04P

Service continues on page 2. No change of train required.

SCHEDULES EFFECTIVE 1/2/20

- ① Seasonal summer connecting service offered by shuttle bus and Seastreak Ferry to Newport, RI, Martha's Vineyard, MA, and Nantucket, MA. Through ticketing available on Amtrak.com.
- ② Van/Car service available from Kingston, RI station to Newport, RI. Reservations required. Call (401) 295-1100 for information and reservations.
- ③ Change trains at New York.

All Amtrak services and stations are non-smoking.

See page 2 for Services. See page 9 for Route Map, Symbols Key, Connecting Local Services, Airport Connections and other amenities.

Northeast Regional service within Virginia is funded in part through grants made available by the Commonwealth of Virginia.

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THESE TIMETABLES SHOW ALL AMTRAK THROUGH SERVICE TO STATIONS BETWEEN BOSTON, MA, AND ROANOKE, NEWPORT NEWS AND NORFOLK, VA. Also see timetable Form W2 or Form W4 for complete Boston to New York and Washington DC schedules.

SHADING KEY

- Daytime train
- Overnight train
- Connecting train
- Thruway and connecting services

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Train Number ▶		65	67	89	51	79	79	95	91	195	125	
Normal Days of Operation ▶		SaSu	Mo-Fr	Daily	SuWeFr	SaSu	Mo-Fr	Mo-Fr	Daily	SaSu	Mo-Fr	
Will Also Operate ▶		1/20,2/17, 5/25,9/7				1/20,2/17, 5/25,9/7				1/20,2/17, 5/25,9/7		
Will Not Operate ▶			1/20,2/17, 5/25,9/7				1/20,2/17, 5/25,9/7	1/20,2/17, 5/25,9/7			1/20,2/17, 5/25,9/7	
On Board Service ▶												
	Symbol ▼											
WASHINGTON, DC -Union Station	●●QR	Dp	▬7 00A	▬7 20A	▬10 00A	▬11 00A	▬11 08A	▬11 08A	2 30P	▬3 05P	2 50P	3 55P
Alexandria, VA	●●QR		▬7 18A	▬7 38A	▬10 18A	▬11 19A	▬11 26A	▬11 26A	2 48P	▬3 23P	3 07P	4 14P
Burke Centre, VA	○											
Manassas, VA	○					11 52A						
Culpeper, VA (Orange)	○					12 25P						
Charlottesville, VA	●●QR		▬12 55P	▬12 55P		▬1 52P						
Staunton, VA	○					2 54P						
Clifton Forge, VA (Homestead)	○					4 13P						
Lynchburg, VA	●●QR											
ROANOKE, VA	○											
Blacksburg, VA	○											
Danville, VA	○											
Woodbridge, VA	○								3 05P		3 24P	4 32P
Quantico, VA	○		7 44A	8 04A			11 56A	11 56A	3 16P		3 36P	4 45P
Fredericksburg, VA	○		8 05A	8 26A			12 19P	12 19P	3 40P		4 01P	5 12P
Ashland, VA	○		8 47A	9 08A					4 22P		4 43P	5 54P
RICHMOND, VA -Staples Mill Road	●●QR	Ar	9 03A	9 29A	▬12 11P	▬1 27P	▬1 27P	▬1 27P	4 44P	▬5 07P	5 04P	6 21P
Richmond, VA-Main Street Sta.	○	Dp	▬9 08A	▬9 34A	▬12 19P	▬1 36P	▬1 36P	▬1 36P	4 49P	▬5 17P		6 28P
Petersburg, VA	○	Ar	9 34A	10 03A					5 26P	▬5 51P		6 57P
Williamsburg, VA	●●QR	Dp	▬L10 38A	L11 02A								L7 49P
NEWPORT NEWS, VA	●●QR	Ar	▬11 15A	11 33A								8 20P
NORFOLK, VA	○	Ar	▬D12 10P	▬D12 25P					7 04P			▬D9 10P
Virginia Beach, VA	○	Ar	▬12 50P	▬1 05P					▬8 00P			▬9 50P

SCHEDULES EFFECTIVE 1/2/20

Service

- Coaches:** Reservations required.
- Business class service available.** Reservations required. For more information visit Amtrak.com/business-class.
- Sleeping cars.** For more information, visit Amtrak.com/sleeping-accommodations.
- Flexible Dining service:** Available exclusively for Sleeping Car passengers. For more information, visit Amtrak.com/flexdining.
- Café service.** Table seating offering a variety of meals, snacks and beverages for sale. For more information, visit Amtrak.com/cafe.
- Amtrak Quiet Car.
- Checked baggage at select stations.
- Wi-Fi available.
- On Board Bicycle Racks:** We offer a number of different services to transport your bike onboard on most routes. Each train has different equipment and loading procedures that dictate what service will be offered. Reservations are required and additional charges apply. Visit Amtrak.com/bikes for all the details before you book your trip.
- Via Thruway connection at Washington, DC.

Trails and Rails Program: In cooperation with the National Park Service, volunteer rangers provide on board narratives between May and September on selected days over parts of some routes. Visit nps.gov/trailsandrails.

All Amtrak services and stations are non-smoking.

See page 9 for Route Map, Symbols Key, Connecting Local Services, Airport Connections and other amenities.

Northeast Regional service within Virginia is funded in part through grants made available by the Commonwealth of Virginia.

Service between Greenfield, Springfield and New Haven is financed primarily through funds made available by the Connecticut Department of Transportation and the Massachusetts Department of Transportation.

LINKS FOR DETAILED SERVICE INFORMATION

Northeast Regional between Boston and Virginia Beach/Norfolk/Roanoke. Visit Amtrak.com/Northeast-Regional

Silver Meteor, Silver Star and Palmetto between New York and Tampa/Miami. Visit Amtrak.com/Silver-Service-Palmetto

Cardinal between New York and Chicago. Visit Amtrak.com/Cardinal

Carolinian between New York and Charlotte. Visit Amtrak.com/Carolinian

Crescent between New York and New Orleans. Visit Amtrak.com/Crescent

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Service/Train Name ▶		Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Crescent	Northeast Regional	Northeast Regional	Silver Meteor
Train Number ▶		157	147	145	171	99	93	19	87	85	97
Normal Days of Operation ▶		Su	Sa	Su	Mo-Fr	SaSu	Mo-Fr	Daily	SaSu	Mo-Fr	Daily
Will Also Operate ▶		1/20,2/17, 5/25,9/7	1/19,2/16, 5/24,9/6	1/20,2/17, 5/25,9/7		1/20,2/17, 5/25,9/7			1/20,2/17, 5/25,9/7		
Will Not Operate ▶			1/19,2/16, 5/24,9/6	1/19,2/16, 5/24,9/6	1/20,2/17, 5/25,9/7		1/20,2/17, 5/25,9/7			1/20,2/17, 5/25,9/7	
On Board Service ▶											
	Symbol ▼										
BOSTON, MA -South Station		Dp	6 40A	6 40A		8 15A	8 40A	9 30A		9 40A	
Boston, MA-Back Bay Station			6 45A	6 45A		R8 21A	R8 45A	R9 36A		9 45A	
Route 128, MA			6 55A	6 55A		R8 31A	R8 55A	R9 46A		9 55A	
Providence, RI			7 20A	7 20A		8 55A	9 19A	10 11A		10 20A	
Kingston, RI			7 41A	7 41A		9 15A	9 40A	10 32A		10 41A	
Westerly, RI			7 55A	7 55A			9 53A	10 46A			
Mystic, CT							10 04A	10 56A			
New London, CT (Casino)			8 17A	8 17A		9 48A	10 17A	11 12A		11 15A	
Old Saybrook, CT			8 36A	8 36A				11 31A		11 35A	
Greenfield, MA					Train 157						
Northampton, MA						Valley Flyer Train 471	7 35A				
Holyoke, MA							8 00A				
SPRINGFIELD, MA		Ar	7 58A	8 35A	7 58A		8 15A				
Windsor Locks, CT		Dp	8 17A	8 54A	8 17A		8 43A				
Windsor, CT			8 23A	9 00A	8 23A		8 55A				
Hartford, CT			8 33A	9 10A	8 33A		9 14A				
Berlin, CT			8 44A	9 22A	8 44A		9 19A				
Meriden, CT			8 54A	9 32A	8 54A		9 29A				
Wallingford, CT			9 03A	9 41A	9 03A		9 40A				
New Haven, CT-State St. Sta.			9 16A	9 54A	9 16A		9 49A				
New Haven, CT-Union Station		Ar					9 57A				
NEW HAVEN, CT -Union Station		Ar	9 20A	10 02A	9 24A		10 10A				
Bridgeport, CT		Dp	9 34A	10 18A	9 39A		10 38A	11 03A	12 04P	12 07P	
Stamford, CT			9 56A	10 40A	10 01A		10 40A	11 05A	12 08P	12 09P	
New Rochelle, NY			10 25A	11 11A	10 28A		11 02A	11 27A	12 30P	12 31P	
NEW YORK, NY -Penn Station		Ar	11 23A	12 13P	11 25A		11 29A	11 55A	1 01P	12 58P	
Newark, NJ		Dp	12 05P	12 50P	12 55P		12 22P	12 53P	1 50P	1 53P	
Newark Liberty Intl. Air., NJ			12 22P	1 07P	1 12P		12 35P	1 17P	2 02P	2 15P	3 04P
Metropark, NJ			12 27P	1 12P			12 52P	1 35P	2 19P	2 37P	3 21P
New Brunswick, NJ			12 40P	1 25P			1 10P	1 52P	2 34P		3 22P
Princeton Junction, NJ							1 20P				3 26P
Trenton, NJ							1 35P				3 41P
PHILADELPHIA, PA -Wm. Gray, III, 30th St. Station		Ar	1 03P	1 48P	1 47P		1 39P	2 19P	2 57P	3 18P	4 04P
Wilmington, DE		Dp	1 30P	2 15P	2 14P		2 07P	2 45P	3 24P		4 32P
Newark, DE			1 33P	2 18P	2 17P		2 13P	2 48P	3 27P		4 27P
Aberdeen, MD			1 55P	2 39P	2 39P		2 34P	3 08P	3 48P		4 30P
Baltimore, MD-Penn Station							3 03P				4 54P
BWI Marshall Airport, MD							3 03P				5 18P
New Carrollton, MD			2 48P	3 30P	3 30P		3 32P	3 58P	4 38P		5 20P
WASHINGTON, DC -Union Station		Ar	3 01P	3 43P	3 43P		3 47P	4 11P	4 51P		5 48P
			3 16P	4 00P	3 57P		4 01P	4 25P	5 05P		5 47P
			3 33P	4 12P	4 15P		4 17P	4 37P	5 18P		6 01P
											6 08P
											6 15P
											6 30P
											6 46P

Service continues on page 4. No change of train required.

SCHEDULES EFFECTIVE 1/2/20

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- 3 Change trains at New York.
- 5 Change trains at Washington, DC.

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Will Also Operate ▶		1/20,2/17, 5/25,9/7	1/19,2/16, 5/24,9/6	1/20,2/17, 5/25,9/7		1/20,2/17, 5/25,9/7			1/20,2/17, 5/25,9/7							
Will Not Operate ▶		1/19,2/16, 5/24,9/6		1/19,2/16, 5/24,9/6	1/20,2/17, 5/25,9/7		1/20,2/17, 5/25,9/7			1/20,2/17, 5/25,9/7						
On Board Service ▶																
	Symbol ▼															
WASHINGTON, DC		Ar	4 00P	4 35P	4 50P	4 50P	5 00P	5 50P		6 30P	7 00P	7 05P		7 25P		
-Union Station																
Alexandria, VA			4 17P	4 52P	5 07P	5 11P	5 18P	6 09P		6 49P	7 17P	7 22P			7 44P	
Burke Centre, VA				5 09P	5 24P	5 30P										
Manassas, VA				5 28P	5 43P	5 49P				7 22P						
Culpeper, VA (Orange)				6 02P	6 17P	6 24P				7 55P						
Charlottesville, VA				7 01P	7 16P	7 23P				8 52P						
Staunton, VA																
Clifton Forge, VA (Homestead)																
Lynchburg, VA		Ar														
	Dp			8 14P	8 29P	8 36P				10 00P						
ROANOKE, VA		Ar		9 33P	9 48P	9 55P				10 06P						
	Dp															
Blacksburg, VA																
Danville, VA																
Woodbridge, VA			4 35P								7 35P	7 40P				
Quantico, VA			4 48P				5 44P	6 37P			7 47P	7 52P				
Fredericksburg, VA			5 10P				6 08P	7 02P			8 12P	8 17P			8 33P	
Ashland, VA			5 52P				6 50P	7 46P			8 54P	8 59P				
RICHMOND, VA		Ar	6 15P				7 08P	8 10P			9 15P	9 16P			9 34P	
-Staples Mill Road		Dp	6 22P				7 13P	8 17P			9 22P				9 44P	
Richmond, VA—Main Street Sta.		Dp					7 40P									
Petersburg, VA		Ar	6 58P					8 53P			9 58P					10 18P
Williamsburg, VA		Dp					L8 33P									
NEWPORT NEWS, VA		Ar					9 06P									
NORFOLK, VA		Ar	8 36P					10 31P			11 36P					
Virginia Beach, VA		Ar														

SCHEDULES EFFECTIVE 1/2/20

Service

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- Business class service available.** Reservations required. For more information visit Amtrak.com/business-class.
- Sleeping cars.** For more information, visit Amtrak.com/sleeping-accommodations.
- Flexible Dining service:** Available exclusively for Sleeping Car passengers. For more information, visit Amtrak.com/flexdining.
- Café service.** Table seating offering a variety of meals, snacks and beverages for sale. For more information, visit Amtrak.com/cafe.
- Amtrak Quiet Car.
- Checked baggage at select stations.
- Wi-Fi available.
- On Board Bicycle Racks:** We offer a number of different services to transport your bike onboard on most routes. Each train has different equipment and loading procedures that dictate what service will be offered. Reservations are required and additional charges apply. Visit Amtrak.com/bikes for all the details before you book your trip.

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Silver Meteor, Silver Star and Palmetto between New York and Tampa/Miami. Visit Amtrak.com/Silver-Service-Palmetto

Cardinal between New York and Chicago. Visit Amtrak.com/Cardinal

Carolinian between New York and Charlotte. Visit Amtrak.com/Carolinian

Crescent between New York and New Orleans. Visit Amtrak.com/Crescent

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Service/Train Name ▶	Silver Meteor	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Crescent	Northeast Regional	Northeast Regional	Northeast Regional
Train Number ▶	98	86	164	174	82	20	84	88	176
Normal Days of Operation ▶	Daily	Mo-Fr	SaSu	Mo-Fr	Sa	Daily	Mo-Fr	SaSu	Mo-Fr
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On Board Service ▶									
	Symbol ▼								
Virginia Beach, VA							5 15A	5 15A	
NORFOLK, VA							6 15A	6 15A	
NEWPORT NEWS, VA					5 20A			5 15A	
Williamsburg, VA					5 42A				
Petersburg, VA							7 42A	7 42A	
Richmond, VA—Main Street Sta.					6 35A				
RICHMOND, VA		4 22A			7 07A		8 19A	8 18A	
—Staples Mill Road		4 32A	6 00A	6 35A	7 10A	7 35A	8 25A	8 25A	
Ashland, VA			6 13A	6 50A	7 23A	7 48A	8 38A	8 38A	
Fredericksburg, VA		D5 26A	6 56A	7 33A	8 10A	8 32A	9 25A	9 25A	
Quantico, VA			7 16A	7 54A	8 32A	8 52A	9 47A	9 47A	
Woodbridge, VA			7 28A	8 07A	8 46A			10 01A	
Danville, VA							4 43A		
Blacksburg, VA									5 00A
ROANOKE, VA									6 05A
									6 19A
Lynchburg, VA									7 38A
Clifton Forge, VA (Homestead)									
Staunton, VA									
Charlottesville, VA							7 09A		8 52A
Culpeper, VA (Orange)							8 01A		9 44A
Manassas, VA							8 35A		10 19A
Burke Centre, VA									10 36A
Alexandria, VA		D6 36A	7 52A	8 36A	9 12A	9 22A	D9 32A	10 26A	10 26A
WASHINGTON, DC		D7 07A	8 15A	9 00A	9 41A	9 44A	D9 53A	10 45A	10 55A
—Union Station									11 20A

Service continues on page 6. No change of train required.

SCHEDULES EFFECTIVE 1/2/20

Service

- Coaches: Reservations required.
- Business class service available. Reservations required. For more information visit Amtrak.com/business-class.
- Sleeping cars. For more information, visit Amtrak.com/sleeping-accommodations.
- Flexible Dining service: Available exclusively for Sleeping Car passengers. For more information, visit Amtrak.com/flexdining.
- Café service. Table seating offering a variety of meals, snacks and beverages for sale. For more information, visit Amtrak.com/cafe.
- Amtrak Quiet Car.
- Checked baggage at select stations.
- Wi-Fi available.
- On Board Bicycle Racks: We offer a number of different services to transport your bike onboard on most routes. Each train has different equipment and loading procedures that dictate what service will be offered. Reservations are required and additional charges apply. Visit Amtrak.com/bikes for all the details before you book your trip.

Trails and Rails Program: In cooperation with the National Park Service, volunteer rangers provide on board narratives between May and September on selected days over parts of some routes. Visit nps.gov/trailsandrails.

All Amtrak services and stations are non-smoking.

See page 9 for Route Map, Symbols Key, Connecting Local Services, Airport Connections and other amenities.

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Service between Greenfield, Springfield and New Haven is financed primarily through funds made available by the Connecticut Department of Transportation and the Massachusetts Department of Transportation.

LINKS FOR DETAILED SERVICE INFORMATION

Northeast Regional between Boston and Virginia Beach/Norfolk/Roanoke. Visit Amtrak.com/Northeast-Regional

Silver Meteor, Silver Star and Palmetto between New York and Tampa/Miami. Visit Amtrak.com/Silver-Service-Palmetto

Cardinal between New York and Chicago. Visit Amtrak.com/Cardinal

Carolinian between New York and Charlotte. Visit Amtrak.com/Carolinian

Crescent between New York and New Orleans. Visit Amtrak.com/Crescent

SHADING KEY
Daytime train
Overnight train
Connecting train
Thruway and connecting services

THESE TIMETABLES SHOW ALL AMTRAK THROUGH SERVICE TO STATIONS BETWEEN BOSTON, MA, AND ROANOKE, NEWPORT NEWS AND NORFOLK, VA. Also see timetable Form W2 or Form W4 for complete Boston to New York and Washington DC schedules.

VIRGINIA SERVICE - Northbound

Effective January 2, 2020



serving NORFOLK - NEWPORT NEWS - RICHMOND - ROANOKE - CHARLOTTESVILLE - WASHINGTON DC - NEW YORK - BOSTON and intermediate stations

Amtrak.com
1-800-USA-RAIL

Service/Train Name ▶	Silver Meteor	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Crescent	Northeast Regional	Northeast Regional	Northeast Regional
Train Number ▶	98	86	164	174	82	20	84	88	176
Normal Days of Operation ▶	Daily	Mo-Fr	SaSu	Mo-Fr	Sa	Daily	Mo-Fr	SaSu	Mo-Fr
Will Also Operate ▶			1/20,2/17, 5/25,9/7		1/19,2/16, 5/24,9/6			1/20,2/17, 5/25,9/7	
Will Not Operate ▶		1/20,2/17, 5/25,9/7		1/20,2/17, 5/25,9/7			1/20,2/17, 5/25,9/7		1/20,2/17, 5/25,9/7
On Board Service ▶									
Symbol ▼	●●QT	●●QT	●●QT	●●QT	●●QT	●●QT	●●QT	●●QT	●●QT
WASHINGTON, DC -Union Station	Dp	↓	↓	↓	↓	↓	↓	↓	↓
New Carrollton, MD	●●QT	↓	↓	↓	↓	↓	↓	↓	↓
BWI Marshall Airport, MD ✈	●●QT	↓	↓	↓	↓	↓	↓	↓	↓
Baltimore, MD-Penn Station	●●QT	↓	↓	↓	↓	↓	↓	↓	↓
Aberdeen, MD	○●QT	↓	↓	↓	↓	↓	↓	↓	↓
Newark, DE	○	↓	↓	↓	↓	↓	↓	↓	↓
Wilmington, DE	●●QT	↓	↓	↓	↓	↓	↓	↓	↓
PHILADELPHIA, PA -Wm. Gray, III, 30th St. Station	Ar Dp	↓	↓	↓	↓	↓	↓	↓	↓
Trenton, NJ	●●QT	↓	↓	↓	↓	↓	↓	↓	↓
Princeton Junction, NJ	●●QT	↓	↓	↓	↓	↓	↓	↓	↓
New Brunswick, NJ	●●QT	↓	↓	↓	↓	↓	↓	↓	↓
Metropark, NJ	●●QT	↓	↓	↓	↓	↓	↓	↓	↓
Newark Liberty Intl. Air., NJ ✈	●●QT	↓	↓	↓	↓	↓	↓	↓	↓
Newark, NJ	●●QT	↓	↓	↓	↓	↓	↓	↓	↓
NEW YORK, NY -Penn Station	Ar Dp	↓	↓	↓	↓	↓	↓	↓	↓
New Rochelle, NY	○●QT	↓	↓	↓	↓	↓	↓	↓	↓
Stamford, CT	●●QT	↓	↓	↓	↓	↓	↓	↓	↓
Bridgeport, CT	○●QT	↓	↓	↓	↓	↓	↓	↓	↓
NEW HAVEN, CT -Union Station	Ar Dp	↓	↓	↓	↓	↓	↓	↓	↓
New Haven, CT-Union Station	●●QT	↓	↓	↓	↓	↓	↓	↓	↓
New Haven, CT-State St. Sta.	○	↓	↓	↓	↓	↓	↓	↓	↓
Wallingford, CT	○	↓	↓	↓	↓	↓	↓	↓	↓
Meriden, CT	○●QT	↓	↓	↓	↓	↓	↓	↓	↓
Berlin, CT	○●QT	↓	↓	↓	↓	↓	↓	↓	↓
Hartford, CT	●●QT	↓	↓	↓	↓	↓	↓	↓	↓
Windsor, CT	○	↓	↓	↓	↓	↓	↓	↓	↓
Windsor Locks, CT	○	↓	↓	↓	↓	↓	↓	↓	↓
SPRINGFIELD, MA	Ar Dp	↓	↓	↓	↓	↓	↓	↓	↓
Holyoke, MA	○●QT	↓	↓	↓	↓	↓	↓	↓	↓
Northampton, MA	○●QT	↓	↓	↓	↓	↓	↓	↓	↓
Greenfield, MA	○●	↓	↓	↓	↓	↓	↓	↓	↓
Old Saybrook, CT	●●QT	↓	↓	↓	↓	↓	↓	↓	↓
New London, CT (Casino 🎰)	●●QT	↓	↓	↓	↓	↓	↓	↓	↓
Mystic, CT	○	↓	↓	↓	↓	↓	↓	↓	↓
Westerly, RI	○●QT	↓	↓	↓	↓	↓	↓	↓	↓
Kingston, RI 🎰	●●QT	↓	↓	↓	↓	↓	↓	↓	↓
Providence, RI 🎰	●●QT	↓	↓	↓	↓	↓	↓	↓	↓
Route 128, MA	●●QT	↓	↓	↓	↓	↓	↓	↓	↓
Boston, MA-Back Bay Station	●●QT	↓	↓	↓	↓	↓	↓	↓	↓
BOSTON, MA -South Station	Ar	↓	↓	↓	↓	↓	↓	↓	↓

SCHEDULES EFFECTIVE 1/2/20

- 1 Seasonal summer connecting service offered by shuttle bus and Seastreak Ferry to Newport, RI, Martha's Vineyard, MA, and Nantucket, MA. Through ticketing available on Amtrak.com.
- 2 Van/Car service available from Kingston, RI station to Newport, RI. Reservations required. Call (401) 295-1100 for information and reservations.

All Amtrak services and stations are non-smoking.

See page 5 for Services. See page 9 for Route Map, Symbols Key, Connecting Local Services, Airport Connections and other amenities.

Northeast Regional service within Virginia is funded in part through grants made available by the Commonwealth of Virginia.

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SHADING KEY

- Daytime train
- Overnight train
- Connecting train
- Thruway and connecting services

VIRGINIA SERVICE - Northbound

Effective January 2, 2020



serving NORFOLK - NEWPORT NEWS - RICHMOND - ROANOKE - CHARLOTTESVILLE - WASHINGTON DC - NEW YORK - BOSTON and intermediate stations

Amtrak.com
1-800-USA-RAIL

Service/Train Name ▶		Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Silver Star	Carolinian	Cardinal	Palmetto	Northeast Regional
Train Number ▶		194	96	94	156	92	80	50	90	66
Normal Days of Operation ▶		Sa	Su	Mo-Fr	SaSu	Daily	Daily	SuWeFr	Daily	Daily
Will Also Operate ▶		1/19,2/16, 5/24,9/6	1/20,2/17, 5/25,9/7		1/20,2/17, 5/25,9/7					
Will Not Operate ▶			1/19,2/16, 5/24,9/6	1/20,2/17, 5/25,9/7						
On Board Service ▶										
	Symbol ▼									
Virginia Beach, VA		Dp	6 40A	6 40A	8 00A					3 00P
NORFOLK, VA		Dp	7 25A	7 25A	9 00A					3 40P
NEWPORT NEWS, VA			8 30A	8 30A	8 00A					4 50P
Williamsburg, VA			8 52A	8 52A						5 11P
Petersburg, VA					10 27A					
Richmond, VA—Main Street Sta.			9 42A	9 42A						6 00P
RICHMOND, VA —Staples Mill Road		Ar Dp	10 14A 10 19A	10 14A 10 19A	11 03A 11 08A					6 25P 6 30P
Ashland, VA			10 32A	10 32A	11 23A					6 43P
Fredericksburg, VA			11 17A	11 17A	12 09P					7 27P
Quantico, VA			11 37A	11 37A	12 29P					7 52P
Woodbridge, VA										
Danville, VA										
Blacksburg, VA										
ROANOKE, VA		Ar Dp			6 40A 7 45A 8 40A					
Lynchburg, VA		Ar Dp			9 59A					
Clifton Forge, VA (Homestead)										
Staunton, VA										
Charlottesville, VA					11 13A					
Culpeper, VA (Orange)					12 05P					
Manassas, VA					12 39P					
Burke Centre, VA					12 56P					
Alexandria, VA		Ar	12 14P	12 14P	1 04P	1 21P	D2 04P	4 03P		
WASHINGTON, DC —Union Station		Ar	12 35P	12 35P	1 27P	1 36P	D2 38P	4 30P		

Service continues on page 8. No change of train required.

SCHEDULES EFFECTIVE 1/2/20

Service

- Coaches: Reservations required.
- Business class service available. Reservations required. For more information visit Amtrak.com/business-class.
- Sleeping cars. For more information, visit Amtrak.com/sleeping-accommodations.
- Flexible Dining service: Available exclusively for Sleeping Car passengers. For more information, visit Amtrak.com/flexdining.
- Café service. Table seating offering a variety of meals, snacks and beverages for sale. For more information, visit Amtrak.com/cafe.
- Amtrak Quiet Car.
- Checked baggage at select stations.
- Wi-Fi available.
- On Board Bicycle Racks: We offer a number of different services to transport your bike onboard on most routes. Each train has different equipment and loading procedures that dictate what service will be offered. Reservations are required and additional charges apply. Visit Amtrak.com/bikes for all the details before you book your trip.
- Via Thruway connection at Washington, DC.

Trails and Rails Program: In cooperation with the National Park Service, volunteer rangers provide on board narratives between May and September on selected days over parts of some routes. Visit nps.gov/trailsandrails.

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- Northeast Regional between Boston and Virginia Beach/Norfolk/Roanoke. Visit Amtrak.com/Northeast-Regional
- Silver Meteor, Silver Star and Palmetto between New York and Tampa/Miami. Visit Amtrak.com/Silver-Service-Palmetto
- Cardinal between New York and Chicago. Visit Amtrak.com/Cardinal
- Carolinian between New York and Charlotte. Visit Amtrak.com/Carolinian
- Crescent between New York and New Orleans. Visit Amtrak.com/Crescent

SHADING KEY

- Daytime train
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Effective January 2, 2020



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Service/Train Name ▶		Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Silver Star	Carolinian	Cardinal	Palmetto	Northeast Regional
Train Number ▶		194	96	94	156	92	80	50	90	66
Normal Days of Operation ▶		Sa	Su	Mo-Fr	SaSu	Daily	Daily	SuWeFr	Daily	Daily
Will Also Operate ▶		1/19,2/16, 5/24,9/6	1/20,2/17, 5/25,9/7		1/20,2/17, 5/25,9/7					
Will Not Operate ▶			1/19,2/16, 5/24,9/6	1/20,2/17, 5/25,9/7						
On Board Service ▶		R B ☕ Q 📺	R B ☕ Q 📺	R B ☕ Q 📺	R B ☕ Q 📺	R ☕ 📺 🚲	R B ☕ 📺 🚲	R ☕ 📺 🚲	R B ☕ 📺 🚲	R B ☕ Q 📺 🚲
WASHINGTON, DC	●● QT Dp	1 05P	1 25P	2 05P	2 20P	↓ ☒ D3 10P	↓ ☒ ☒ 5 15P	↓ ☒ D6 44P	↓ 8 30P	☒ 9 40P
-Union Station										
New Carrollton, MD	●● QT ↓	1 17P	1 37P	2 17P	2 32P				8 41P	9 52P
BWI Marshall Airport, MD ✈	●● QT ↓	1 32P	1 52P	2 33P	2 47P				8 57P	10 08P
Baltimore, MD-Penn Station	●● QT ↓	1 51P	2 11P	2 48P	3 04P	D3 50P	☒ 5 47P	☒ D7 16P	☒ 9 15P	☒ 10 25P
Aberdeen, MD	○ ☒ QT ↓									
Newark, DE	○ ↓				3 40P					
Wilmington, DE	●● QT ↓	2 37P	2 57P	3 35P	3 52P	D4 40P	☒ ☒ 6 36P	☒ D8 05P	☒ 10 05P	11 16P
PHILADELPHIA, PA	●● QT Ar	3 00P	3 20P	3 54P	4 16P	D5 05P	☒ ☒ 7 00P	☒ D8 26P	☒ 10 24P	11 39P
-Wm. Gray, III, 30th St. Station	●● QT Dp	3 05P	3 23P	3 59P	4 19P				☒ 10 28P	☒ 11 44P
Trenton, NJ	●● QT ↓	3 32P	3 50P	4 28P	4 48P	D5 40P	☒ 7 32P	D9 02P	☒ 10 59P	12 14A
Princeton Junction, NJ	●● QT ↓									
New Brunswick, NJ	●● QT ↓									
Metropark, NJ	●● QT ↓	3 55P	4 13P		5 10P				D11 21P	12 40A
Newark Liberty Intl. Air., NJ ✈	●● QT ↓	4 08P	4 24P	4 59P	5 22P					
Newark, NJ	●● QT ↓	4 15P	4 30P	5 05P	D5 27P	D6 30P	☒ D8 12P	☒ D9 38P	☒ D11 36P	1 02A
NEW YORK, NY	●● QT Ar	4 36P	4 48P	5 22P	5 46P	6 50P	☒ 8 35P	☒ 9 58P	☒ 11 56P	1 25A
-Penn Station	●● QT Dp	5 00P	5 25P	5 38P						☒ 2 40A
New Rochelle, NY	○ ☒ QT ↓				☒ 7 00P					
Stamford, CT	●● QT ↓	5 48P	6 13P	6 29P	☒ 7 27P					3 27A
Bridgeport, CT	○ ☒ QT ↓				☒ 7 48P					
NEW HAVEN, CT	●● QT Ar	6 41P	7 01P	7 21P	☒ 8 16P					
-Union Station	●● QT Dp	6 43P	7 03P	7 21P	☒ 8 42P					☒ 4 22A
New Haven, CT-State St. Sta.	○			7 37P	☒ 8 44P					☒ 4 43A
Wallingford, CT	○			7 35P	☒ 9 25P					
Meriden, CT	○ ☒			7 37P	☒ 9 27P					
Berlin, CT	○ ☒			7 49P	☒ 9 39P					
Hartford, CT	●● QT ↓			7 58P	☒ 9 48P					
Windsor, CT	○ ☒			8 07P	☒ 9 56P					
Windsor Locks, CT	○			8 20P	☒ 10 10P					
SPRINGFIELD, MA	●● QT Ar			8 27P	☒ L10 16P					
-South Station	●● QT Dp			8 34P	☒ L10 23P					
Holyoke, MA	○ ☒			8 59P	☒ 10 48P					
Northampton, MA	○ ☒			9 15P						
Greenfield, MA	○ ☒			9 41P						
Old Saybrook, CT	●● QT ↓	7 14P	7 33P	8 06P	☒ 9 14P					5 15A
New London, CT (Casino 🎰)	●● QT ↓	7 35P	7 53P	8 24P	☒ 9 35P					5 35A
Mystic, CT	○				☒ 9 45P					5 49A
Westerly, RI	○ ☒ QT ↓	7 54P	8 13P		☒ 9 56P					6 01A
Kingston, RI 🎰 2	●● QT ↓	8 09P	8 28P	8 57P	☒ 10 12P					6 18A
Providence, RI 🎰 1	●● QT Ar	8 29P	8 46P	9 16P	☒ 10 35P					☒ 6 56A
Route 128, MA	●● QT Ar	D9 03P	D9 19P	D9 50P	☒ D11 07P					☒ D7 34A
Boston, MA-Back Bay Station	●● QT Ar	D9 13P	D9 32P	D10 02P	☒ D11 20P					D7 53A
BOSTON, MA	●● QT Ar	9 18P	9 37P	10 10P	☒ 11 26P					☒ 7 58A
-South Station										

SCHEDULES EFFECTIVE 1/2/20

- 1 Seasonal summer connecting service offered by shuttle bus and Seastreak Ferry to Newport, RI, Martha's Vineyard, MA, and Nantucket, MA. Through ticketing available on Amtrak.com.
- 2 Van/Car service available from Kingston, RI station to Newport, RI. Reservations required. Call (401) 295-1100 for information and reservations.
- 6 On Saturdays, change at Washington, DC to Train 168; on Sundays, change at Washington, DC to Train 132, which runs up to 30 minutes later than time shown at this station.
- 7 On Sundays, change at Washington, DC to Train 132, thence at New Haven to Train 432. On Saturdays, change at Washington, DC to Train 146, which arrives approximately 30 minutes later than the time shown at this station.

- 8 On Sundays, Thursdays and Fridays, stops to receive and discharge passengers; on Mondays, Tuesdays, Wednesdays and Saturdays, stops only to discharge passengers, and train may leave before time shown.

All Amtrak services and stations are non-smoking.

See page 7 for Services and Shading Key. See page 9 for Route Map, Symbols Key, Connecting Local Services, Airport Connections and other amenities.

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VIRGINIA SERVICE

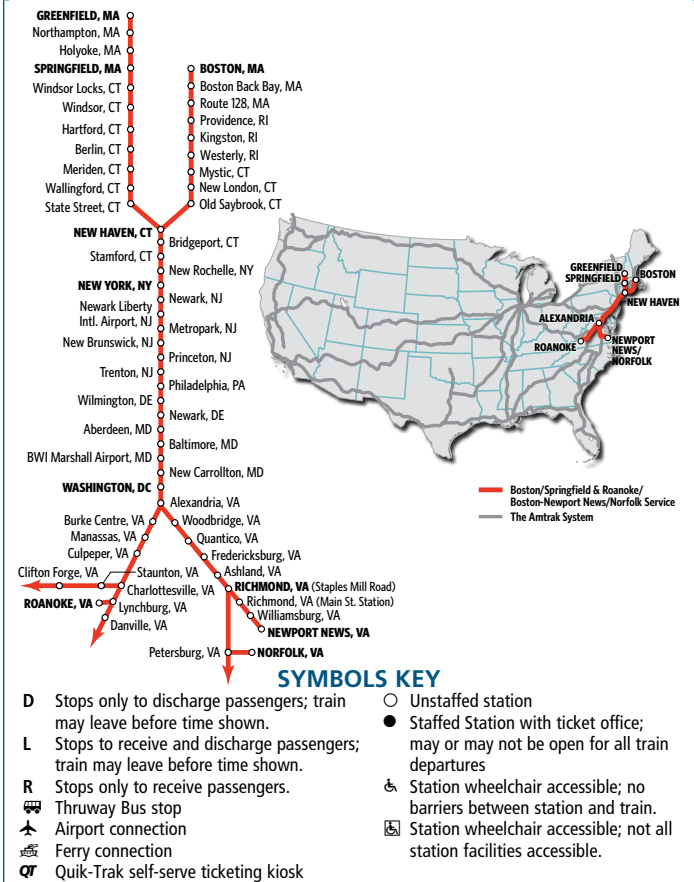
Effective January 2, 2020



serving **BOSTON - NEW YORK - WASHINGTON DC - CHARLOTTESVILLE - ROANOKE - RICHMOND - NEWPORT NEWS - NORFOLK** and intermediate stations

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BOSTON and VIRGINIA ROUTE MAP and SYMBOLS



Connecting Local Services

Boston

Massachusetts Bay Transportation Authority (commuter rail, subway, light rail & bus): (617) 222-3200 or (800) 392-6100; www.mbta.com

New Haven

Shore Line East (commuter rail): in Connecticut (800) ALL-RIDE; outside Connecticut (203) 777-RIDE; www.shorelineeast.com
Connecticut Transit (bus service): (203) 624-0151

New York

Metro-North Railroad: (800) 638-7646 or (212) 532-4900; www.mta.info
Long Island Rail Road (LIRR) (commuter rail): (718) 217-LIRR; www.mta.info
NJ TRANSIT (commuter rail & bus): (973) 275-5555; www.NJtransit.com
New York City Transit (subway & bus): (718) 330-1234; www.mta.info

Newark

NJ TRANSIT (commuter rail, subway & bus): (973) 275-5555; www.NJtransit.com
Port Authority Trans-Hudson Corporation (PATH) (subway): (800) 234-PATH; www.panynj.gov/path

Philadelphia

Southeastern Pennsylvania Transportation Authority (SEPTA) (commuter rail, light rail, subway & bus): (215) 580-7800; www.septa.org

Wilmington

DART First State (DART) (commuter rail & bus); 1-800-652-DART; www.DartFirstState.com

Baltimore

MARC (commuter rail): (800) 325-RAIL; www.mtmaryland.com
Maryland Transit Administration (MTA) (bus, light rail & subway): in the Baltimore metropolitan area: (800) 543-9809; other areas: (410) 539-5000; www.mtmaryland.com

Washington

MARC (commuter rail): (800) 325-RAIL; www.mtmaryland.com
Virginia Railway Express (commuter rail): (800) RIDE-VRE; www.vre.org
Metro rail & Metrobus (subway & bus): (202) 637-7000; www.wmata.com

Airport Connections

Newark Liberty International Airport

Convenient transfers between Amtrak Newark Liberty International Airport station and airline terminals via AirTrain.

Philadelphia International Airport

Convenient transfers between Gray 30th Street station and airline terminals via SEPTA Airport Line trains.

Wilmington New Castle Airport

Convenient transfers between the Amtrak Station Wilmington and the airline terminal at the Wilmington New Castle Airport via DART bus 22.

BWI Thurgood Marshall Airport

Convenient transfers between Amtrak station and airline terminals via free shuttle bus.

Carry-On Pet Program

A small cat or dog in a pet carrier may be carried aboard many *Northeast Corridor* trains. Reservations are required, and some restrictions apply. Visit Amtrak.com/pets for details.

Amtrak 30th Street Station-Center City Rail Transfer

Amtrak tickets to and from Philadelphia are honored for a transfer between Gray 30th Street Station (Upper Level platforms) and either Suburban Station or Jefferson Station (Pennsylvania Convention Center) via the frequent commuter rail service operated by SEPTA. Your Amtrak ticket, ticket receipt or eTicket travel document must be presented to the SEPTA conductor and remain visible while on board. For additional details, call SEPTA at (215) 580-7800.

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