

Effective MARCH 3, 2014

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Blacksburg, Virginia

VIRGINIA SERVICE

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the NORTHEAST and MID-ATLANTIC

.....

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NEWPORT NEWS - NORFOLK
and intermediate stations



**THIS TIMETABLE SHOWS ALL AMTRAK THROUGH SERVICE TO STATIONS
BETWEEN BOSTON, MA, AND**

LYNCHBURG, NEWPORT NEWS AND NORFOLK, VA

*Also see timetable Form W2 or Form W4
for complete Boston to New York and Washington DC schedules.*



NRPC Form W6-Internet Only-3/3/14

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NORTHEAST, MID-ATLANTIC and VIRGINIA SERVICE-Southbound

Service/Train Name ▶	Northeast Regional	Palmetto	Cardinal	Carolinian	Northeast Regional	Silver Star	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Crescent	Northeast Regional	Northeast Regional	Northeast Regional	Silver Meteor
Train Number ▶	67	89	51	79	95	91	195	125	147	157	145	171	99	93	83	19	85	71	87	97	
Normal Days of Operation ▶	Daily	Daily	SuWeFr	Daily	Mo-Fr	Daily	SaSu	Mo-Fr	Sa	Su	Su	Mo-Fr	SaSu	Mo-Th	Fr	Daily	Mo-Fr	Sa	Su	Daily	
Will Also Operate ▶							5/26		5/25	5/26	5/26		5/26					5/25	5/26		
Will Not Operate ▶					5/26			5/26		5/25	5/25	5/26		5/26			5/26		5/25		
On Board Service ▶	R B ☕	R B ☕	R ☕	R B ☕	R B ☕	R ☕	R B ☕	R B ☕	R B ☕	R B ☕	R B ☕	R B ☕	R B ☕	R B ☕	R B ☕	R ☕ ✂	R B ☕	R B ☕	R B ☕	R ☕	
Symbol ▼	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
BOSTON, MA -South Station	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Boston, MA-Back Bay Station	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Route 128, MA	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Providence, RI	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Kingston, RI (☎☎, ☎☎)	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Westerly, RI	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Mystic, CT	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
New London, CT (Casino ☎)	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Old Saybrook, CT	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Springfield, MA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Windsor Locks, CT	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Windsor, CT	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Hartford, CT	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Berlin, CT	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Meriden, CT	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Wallingford, CT	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
New Haven, CT	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
NEW HAVEN, CT	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Bridgeport, CT	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Stamford, CT	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
New Rochelle, NY	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
NEW YORK, NY -Penn Station	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Newark, NJ	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Newark Liberty Intl. Airport, NJ ✈	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Metropark, NJ	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Trenton, NJ	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
PHILADELPHIA, PA -30th Street Station	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Wilmington, DE	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Newark, DE	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Aberdeen, MD	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Baltimore, MD-Penn Station	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
BWI Marshall Airport, MD ✈	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
New Carrollton, MD	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
WASHINGTON, DC	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Alexandria, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Burke Centre, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Manassas, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Culpeper, VA (Orange)	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Charlottesville, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Staunton, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Clifton Forge, VA (Homestead)	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
LYNCHBURG, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Roanoke, VA-NEW Thruway stop!	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Blacksburg, VA-NEW Thruway stop!	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Danville, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Woodbridge, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Quantico, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Fredericksburg, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Ashland, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
RICHMOND, VA -Staples Mill Road	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Richmond, VA-Main Street Station	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Williamsburg, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Newport News, VA (Norfolk/Virginia Beach ☎)	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Petersburg, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
NORFOLK, VA Virginia Beach, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	

Service:
For detailed service information on the **Northeast Regional, Cardinal, Carolinian, Crescent, Palmetto, Silver Meteor** and **Silver Star** – see back

- ④ On Saturdays and Sundays, Train 67 operates about 10 minutes later departing Washington, DC to Newport News, VA.
- ⑤ Train 195; change at Washington, DC.
- ⑧ On Sundays, operates up to ten minutes later at this station.
- ⑬ Train 95; change at New York.
- ⑰ Train 195; change at New York.
- ⑱ Train 161; change at New York.
- ⑳ Van/Car service available from Kingston, RI station to Newport, RI. Reservations required. Call (401) 295-1100 for information and reservations.
- ㉑ Seasonal shuttle service from Kingston, R.I. train station to Quonset Point, R.I. Operated by Martha's Vineyard Fast Ferry to connect with ferry boats. Reservations required. Call (401) 295-4040 or visit www.vineyardfastferry.com for information and reservations.

Smoking is prohibited.

See other side for Services, Symbols and Route Map.

Shading Key	
Daytime train	
Overnight train	
Connecting train	
Thruway and connecting services	

JULY 4TH NORTHEAST HOLIDAY NOTICE

For trains in the Northeast, holiday operations exceptions are shown in this timetable only through Memorial Day weekend. Contact Amtrak for holiday exceptions that may affect your July 4th weekend travel plans in the Northeast.



Service on Northeast RegionalSM

- 📅 All-reserved train, reservations required.
- 📅 Business class service available. Complimentary beverage and newspaper on Northeast Regional.
- 🍽️ Sandwiches, snacks and beverages.
- 🚶 Amtrak Quiet Car.
- 🧳 Checked baggage at select stations.
- 📶 Wi-Fi available.
- 🕒 On Saturdays, change at New York to Train 168; on Sundays, change at New York to Train 132, which runs up to 30 minutes later than time shown at this station.
- 🕒 On Sundays, change at Washington, DC to Train 132, thence at New Haven to Train 432. On Saturdays, change at New York to Train 146, which arrives approximately 30 minutes later than the time shown at this station.
- 🚐 Van/Car service available from Kingston, RI station to Newport, RI. Reservations required. Call (401) 295-1100 for information and reservations.
- 🚤 Seasonal shuttle service from Kingston, R.I. train station to Quonset Point, R.I. Operated by Martha's Vineyard Fast Ferry to connect with ferry boats. Reservations required. Call (401) 295-4040 or visit www.vineyardfastferry.com for information and reservations.
- * On 5/25, Train 82 operates Washington, DC to Boston only.

Smoking is prohibited.

Northeast Regional service within Virginia is funded in part through grants made available by the Commonwealth of Virginia.

Service between Springfield and New Haven is financed primarily through funds made available by the Connecticut Department of Transportation and the Massachusetts Department of Transportation.

Service on the CardinalSM

- 📅 **Coaches: Reservations required.**
- 🚶 **Sleeping cars:** Viewliner sleeping accommodations. Amtrak Metropolitan Lounge/ClubAcela available in New York, Philadelphia, Washington, DC and Chicago, for Sleeping car passengers.
- 🍽️ **Dining:** Combined Diner/Lounge provides food and beverage service.
- 🧳 Checked baggage at select stations.

Smoking is prohibited.

The Collis P. Huntington Railroad Historical Society (CPH) narrators provide historical and sightseeing commentary on select Cardinal trips eastbound from Charleston, West Virginia to Clifton Forge, Virginia.

Service on the CarolinianSM

- 📅 **Coaches: Reservations required.**
- 📅 **Business class:** Non-alcoholic beverages, newspaper and pillow included in your ticket price.
- 🍽️ **Dinette:** Sandwiches, snacks and beverages.
- 🧳 Checked baggage at select stations.
- 📶 Wi-Fi available on the Carolinian.
- 🕒 On Saturdays and Sundays, Train 80 arrives New York at 8:49 p.m.

Smoking is prohibited.

The Carolinian is primarily funded through funds made available by the State of North Carolina.

Service on the CrescentSM

- 📅 **Coaches: Reservations required.**
- 🚶 **Sleeping cars:** Viewliner sleeping accommodations. Amtrak ClubAcela First class Lounge available in New York, Philadelphia and Washington, DC, and the Magnolia Room in New Orleans for Sleeping car passengers.
- 🍽️ **Dining:** Full meal service.
- 🧳 Checked baggage at select stations.
- 🕒 On Saturdays and Sundays, Train 20 arrives New York at 1:48 p.m.

Smoking is prohibited.

Service on the PalmettoSM

- 📅 **Coaches: Reservations required.**
- 📅 **Business class:** Complimentary non-alcoholic beverages, newspaper and priority boarding offered between New York and Savannah.
- 🍽️ **Lounge:** Sandwiches, snacks and beverages.
- 🧳 Checked baggage at select stations.
- 📶 Wi-Fi available.

Smoking is prohibited.

Service on the Silver MeteorSM and the Silver StarSM

- 📅 **Coaches: Reservations required.**
- 🚶 **Sleeping cars:**
 - Viewliner sleeping accommodations.
 - Amtrak ClubAcela available in New York, Philadelphia and Washington, DC, and private waiting area available in Raleigh for Sleeping car passengers.
- 🍽️ **Dining:** Full meal service.
- 🧳 Checked baggage at select stations.
- 🕒 On Saturdays and Sundays, Train 98 arrives New York at 11:29 a.m.
- 🕒 On Saturdays and Sundays, Train 92 arrives New York at 7:32 p.m.

Smoking is prohibited.

For additional information about schedules and services, visit Amtrak.com or call 1-800-USA-RAIL.

Shading Key
Daytime train
Overnight train
Connecting train
Thruway and connecting services

BOSTON and VIRGINIA ROUTE MAP and SYMBOLS



- | | | |
|--|--|--|
| A Time Symbol for A.M. | R Stops only to receive passengers. | Station wheelchair accessible; no barriers between station and train |
| N Time Symbol for Noon. | Bus stop | Airport connection |
| P Time Symbol for P.M. | QT Quik-Trak self-serve ticketing kiosk | Station wheelchair accessible; not all station facilities accessible |
| D Stops only to discharge passengers; train may leave before time shown. | Unstaffed station | Staffed ticket office; may or may not be open for all train departures |
| L Stops to receive and discharge passengers; train may leave before time shown. | Staffed ticket office; may or may not be open for all train departures | |

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TRAFFIC-FREE

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VIRGINIASM

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EVERY
MOMENT
COUNTS

USO

USOmoments.org

I AM NEW IN TOWN



Amtrak VirginiaSM train service has officially arrived in Norfolk, with traffic-free rides to cities like Richmond, DC, New York, Boston and more, seven days a week! amtrakvirginia.com

 **AMTRAK VIRGINIA**SM

———— BUSINESSES ———— THRIVE ALONG THE TRACKS, ESPECIALLY THOSE THAT GIVE BACK TO THEIR COMMUNITIES.

Amtrak[®] returns nearly three dollars to local communities for every federal dollar invested.

Source: Analysis of Amtrak expenditures and federal appropriations from FY2010 to FY2012



Demetria and Venson Simpson, high school sweethearts and owners of Mrs. Butta Bean restaurant, feeding customers and the homeless with a smile. "It's bigger than us—it's not just a restaurant."

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