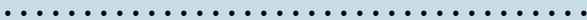


Effective MAY 9, 2011

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NEWPORT NEWS - VIRGINIA BEACH

And intermediate stations



THIS TIMETABLE SHOWS ALL AMTRAK THROUGH SERVICE TO STATIONS
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NEWPORT NEWS/VIRGINIA BEACH, VA

*Also see timetable Form W2 or Form W4
for complete Boston to New York and Washington schedules.*



NRPC Form W6-Internet-5/9/11 Stock #02-3064R

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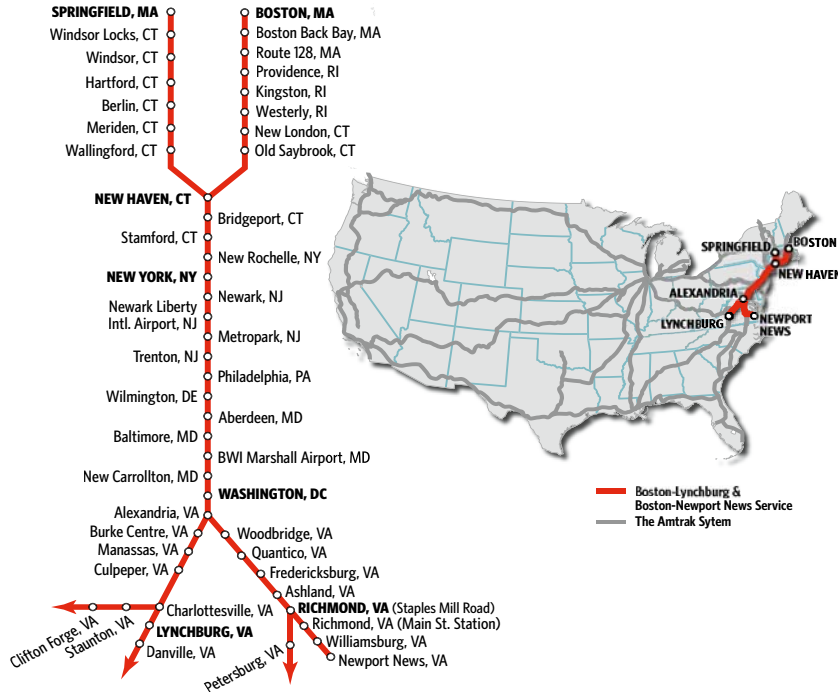
See other side for Services, Symbols and Route Map.

Shading Key
Reserved Northeast Regional train
Connecting Shuttle train
Long-distance service train
Connecting train
Thruway and connecting services

Service/Train Name ▶	Northeast Regional	Northeast Regional	Palmetto	Cardinal	Carolinian	Northeast Regional	Silver Star	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Crescent	Northeast Regional	Northeast Regional	Silver Meteor
Train Number ▶	67	67	89	51	79	95	91	195	125	147	157	145	171	99	83	93	19	85	87	97
Normal Days of Operation ▶	Su-Th	FrSa	Daily	SuWeFr	Daily	Mo-Fr	Daily	SaSu	Mo-Fr	Sa	Su	Su	Mo-Fr	SaSu	Fr	Mo-Th	Daily	Mo-Fr	SaSu	Daily
Will Also Operate ▶								5/30,7/4,9/5		5/29,7/3,9/4	5/30,7/4,9/5	5/30,7/4,9/5		5/30,7/4,9/5					5/30,7/4,9/5	
Will Not Operate ▶						5/30,7/4,9/5			5/30,7/4,9/5		5/29,7/3,9/4	5/29,7/3,9/4	5/30,7/4,9/5			5/30,7/4,9/5		5/30,7/4,9/5		
On Board Service ▶	R B ☕	R B ☕	R B ☕	R ☕	R B ☕	R B ☕	R ☕ ✂	R B ☕	R B ☕	R B ☕	R B ☕	R B ☕	R B ☕	R B ☕	R B ☕	R B ☕	R ☕ ✂ ☕	R B ☕	R B ☕	R ☕ ✂
Symbol ▼	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
BOSTON, MA —South Station	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Boston, MA—Back Bay Station	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Route 128, MA	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Providence, RI	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Kingston, RI	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Westerly, RI	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Mystic, CT	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
New London, CT (Casino 🎰)	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Old Saybrook, CT	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Springfield, MA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Windsor Locks, CT	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Windsor, CT	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Hartford, CT	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Berlin, CT	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Meriden, CT	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Wallingford, CT	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
New Haven, CT	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
NEW HAVEN, CT	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Bridgeport, CT	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Stamford, CT	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
New Rochelle, NY	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
NEW YORK, NY	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
—Penn Station	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Newark, NJ	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Newark Liberty Intl. Airport, NJ ✈	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Metropark, NJ	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Trenton, NJ	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
PHILADELPHIA, PA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
—30th Street Station	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Wilmington, DE	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Newark, DE	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Aberdeen, MD	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Baltimore, MD—Penn Station	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
BWI Marshall Airport, MD ✈	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
New Carrollton, MD	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
WASHINGTON, DC	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Alexandria, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Burke Centre, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Manassas, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Culpeper, VA (Orange)	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Charlottesville, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Staunton, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Clifton Forge, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
(Homestead)	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Lynchburg, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
(Roanoke)	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Danville, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Woodbridge, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Quantico, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Fredericksburg, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Ashland, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
RICHMOND, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
—Staples Mill Road	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Richmond, VA—Main Street Station	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Petersburg, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Williamsburg, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Newport News, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
(Norfolk/Virginia Beach 🌴)	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Norfolk, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Virginia Beach, VA	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○



BOSTON and VIRGINIA ROUTE MAP and SYMBOLS



- A** Time Symbol for A.M.
- N** Time Symbol for Noon.
- P** Time Symbol for P.M.
- D** Stops only to discharge passengers; train may leave before time shown.
- L** Stops to receive and discharge passengers; train may leave before time shown.
- R** Stops only to receive passengers.
- Bus stop
- Checked baggage
- Airport connection
- QT** Quik-Trak self-serve ticketing kiosk
- Unstaffed station
- Staffed ticket office; may or may not be open for all train departures
- Station wheelchair accessible; no barriers between station and train
- Station wheelchair accessible; not all station facilities accessible

Service on Northeast RegionalSM

- Coaches: Reservations required.**
- Business class service** available.
- Cafe**: Sandwiches, snacks and beverages.
- Amtrak Quiet car. Not available on Shuttle trains.
- Train 168; change at New York.
- Train 146; change at New York.
- * Train 82 will operate Washington to Boston only 5/29, 7/3 and 9/4.

Smoking is prohibited.

Service on the Crescent[®]

- Coaches: Reservations required.**
- Sleeping cars:** Viewliner sleeping accommodations.
 - Amtrak ClubAcela First class Lounge available in Boston, New York, Philadelphia and Washington.
- Dining:** Full meal service.
- Lounge:** Sandwiches, snacks and beverages.
- Saturdays and Sundays, Train 20 arrives New York at 2:32 p.m.

Smoking is prohibited.

Service to Lynchburg, VA is financed primarily through funds made available by the Virginia Department of Transportation.

Service on the Cardinal[®]

- Coaches: Reservations required.**
- Sleeping cars:** Viewliner sleeping accommodations.
 - Amtrak Metropolitan Lounge/ClubAcela available in Washington, Philadelphia and New York for Sleeping car service passengers.
- Dining:** Combined Diner/Lounge provides food and beverage service.
- Checked baggage on Trains 50 and 51 at this location will begin on a date to be announced.
- On Sundays, Trains 50 and 51 operate up to ten minutes later at this station.

Smoking is prohibited.

Service on the Palmetto[®]

- Coaches: Reservations required.**
- Business class service:** Complimentary non-alcoholic beverages and pillow.
- Lounge car:** Sandwiches, snacks and beverages.

Smoking is prohibited.

Service on the CarolinianSM

- Coaches: Reservations required.**
- Business class service:** Complimentary non-alcoholic beverages.
- Dinette:** Sandwiches, snacks and beverages.

Smoking is prohibited.

The state-subsidized Carolinian is primarily financed through funds from the North Carolina Department of Transportation.

Service on the Silver Meteor[®] and the Silver Star[®]

- Coaches: Reservations required.**
- Sleeping cars:**
 - Viewliner sleeping accommodations.
 - Amtrak ClubAcela available in Boston, New York, Philadelphia and Washington.
- Dining:** Full meal service.
- Lounge:** Cafe with table seating: Sandwiches, snacks and beverages.
- On Saturdays and Sundays, Trains 98 may arrive New York at 11:29 a.m.
- On Saturdays and Sundays, Trains 92 may arrive New York at 7:32 a.m.

Smoking is prohibited.

Shading Key
Reserved Northeast Regional train
Connecting Shuttle train
Long-distance service train
Connecting train
Thruway and connecting services



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