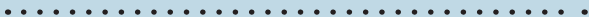


*Effective MAY 10, 2010*

# NORTHEAST, MID-ATLANTIC *and* VIRGINIA SERVICE



BOSTON - NEW YORK - WASHINGTON  
CHARLOTTESVILLE - LYNCHBURG - RICHMOND  
NEWPORT NEWS - VIRGINIA BEACH

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THIS TIMETABLE SHOWS ALL AMTRAK THROUGH SERVICE TO STATIONS  
BETWEEN BOSTON, MA AND LYNCHBURG, VA OR  
NEWPORT NEWS/VIRGINIA BEACH, VA

*Also see timetable Form W2 or Form W4  
for complete Boston to New York and Washington schedules.*



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NORTHEAST, MID-ATLANTIC and VIRGINIA SERVICE-Northbound

Newport News • Richmond • Lynchburg • Charlottesville • Washington, DC • Philadelphia • New York • Boston

Service/Train Name ▶	Silver Meteor	Northeast Regional	Northeast Regional	Crescent	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Silver Star	Carolinian	Cardinal	Palmetto	Northeast Regional		
Train Number ▶	98	86	82	20	84	88/488	176/476	194	94/494	156	92	80	50	90	66		
Normal Days of Operation ▶	Daily	Mo-Fr	Sa	Daily	Mo-Fr	SaSu	Mo-Fr	SaSu	Mo-Fr	SaSu	Daily	Daily	SuWeFr	Daily	Daily		
Will Also Operate ▶			5/30,7/4, 9/5			5/31,7/5, 9/6		5/31,7/5, 9/6		5/31,7/5, 9/6							
Will Not Operate ▶		5/31,7/5, 9/6			5/31,7/5, 9/6		5/31,7/5, 9/6		5/31,7/5, 9/6								
On Board Service ▶	☒ ☑ ☒ ☑	☒ ☑ ☒ ☑	☒ ☑ ☒ ☑	☒ ☑ ☒ ☑ ☒ ☑ ☒ ☑	☒ ☑ ☒ ☑	☒ ☑ ☒ ☑	☒ ☑ ☒ ☑	☒ ☑ ☒ ☑	☒ ☑ ☒ ☑	☒ ☑ ☒ ☑	☒ ☑ ☒ ☑	☒ ☑ ☒ ☑ ☒ ☑	☒ ☑ ☒ ☑	☒ ☑ ☒ ☑	☒ ☑ ☒ ☑	☒ ☑ ☒ ☑ ☒ ☑	
	Symbol ▼																
Virginia Beach, VA (ET)	○ ☒																
Norfolk, VA	○ ☒																
Newport News, VA (Norfolk/Virginia Beach ☒)	● ☒																
Williamsburg, VA	● ☒																
Petersburg, VA	● ☒																
Richmond, VA—Main Street Station	○ ☒																
<b>RICHMOND, VA</b> —Staples Mill Rd.	● ☒	Ar Dp	☒ 4 59A ☒ 5 09A														
Ashland, VA	○																
Fredericksburg, VA	○ ☒																
Quantico, VA	○ ☒																
Woodbridge, VA	○ ☒																
Danville, VA	○ ☒	Ar															
Lynchburg, VA (Roanoke)	● ☒	Ar Dp															
Clifton Forge, VA (Homestead)	○	Ar Dp															
Staunton, VA	○																
Charlottesville, VA	● ☒																
Culpeper, VA (Orange)	○ ☒																
Manassas, VA	○ ☒																
Burke Centre, VA	○																
Alexandria, VA	● ☒	Dp	☒D 7 20A	7 47A	9 20A	☒D 9 43A	9 50A	10 25A	11 05A	12 40P	1 00P	☒D 2 40P	☒ 4 32P	☒D 5 19P	☒ 7 15P	☒ 8 21P	
<b>WASHINGTON, DC</b>	● ☒	Ar Dp	☒D 7 46A	8 15A 8 35A	9 45A 10 20A	☒D10 10A	10 15A 11 09A	10 50A 11 25A	11 20A 12 05P	1 05P 2 05P	1 35P 2 20P	☒D 3 14P	☒D 5 08P	☒D 5 55P	☒D 7 57P	9 00P ☒ 10 00P	
New Carrollton, MD	● ☒																
BWI Thurgood Marshall Air., MD ↕	● ☒																
Baltimore, MD—Penn Station	○ ☒																
Aberdeen, MD	○ ☒																
Wilmington, DE	● ☒																
<b>PHILADELPHIA, PA</b> —30th St. Station	● ☒	Ar Dp	☒D10 00A	10 32A 10 35A	12 15P 12 18P	☒D12 25P	12 58P 1 01P	1 15P 1 18P	1 53P 3 18P	3 15P 3 56P	4 15P 4 18P	☒D 5 37P	☒D 7 26P	☒D 8 02P	☒D10 07P	11 59P ☒ 12 13A	
Trenton, NJ	● ☒																
Metropark, NJ	● ☒																
Newark Liberty Intl. Airport, NJ ↕	● ☒																
Newark, NJ	● ☒																
<b>NEW YORK, NY</b> —Penn Station	● ☒	Ar Dp	☒ 11 36A	12 07P 12 30P	1 45P 2 00P	☒ 2 02P	2 29P	2 45P 3 00P	3 18P 3 30P	4 46P 5 00P	5 20P 5 40P	☒ 5 46P	☒ 7 29P	☒ 9 00P	☒ 9 36P	☒ 11 47P	1 50A ☒ 2 40A
New Rochelle, NY	○ ☒																
Stamford, CT	● ☒																
Bridgeport, CT	○ ☒																
<b>NEW HAVEN, CT</b>	● ☒	Ar Dp		2 00P 2 04P	3 36P 3 40P			4 36P 4 45P	5 06P 5 08P	6 33P 6 35P	7 14P 7 20P					4 20A 4 40A	
New Haven, CT	● ☒	Dp															
Wallingford, CT	○																
Meriden, CT	○																
Berlin, CT	● ☒																
Hartford, CT	● ☒																
Windsor, CT	○																
Windsor Locks, CT	○																
Springfield, MA	○ ☒																
Old Saybrook, CT	● ☒																
New London, CT (Casino ☒)	● ☒																
Mystic, CT	○ ☒																
Westerly, RI	● ☒																
Kingston, RI	● ☒																
Providence, RI	● ☒																
Route 128, MA	● ☒																
Boston, MA—Back Bay Station	● ☒																
<b>BOSTON, MA</b> —South Station (ET)	● ☒	Ar		4 41P	6 30P			7 18P	7 45P	9 07P	9 59P					☒ 8 05A	

Via Inland Route

Stops only to discharge passengers Alexandria, VA to New York, NY

Stops only to discharge passengers Alexandria, VA to New York, NY

Stops only to discharge passengers Washington, DC to New York, NY

Stops only to discharge passengers Washington, DC to New York, NY

Stops only to discharge passengers Alexandria, VA to New York, NY

Stops only to discharge passengers Washington, DC to New York, NY

Shuttle

Shuttle

Shuttle

Stops only to discharge passengers Alexandria, VA to New York, NY

Stops only to discharge passengers Washington, DC to New York, NY

Stops only to discharge passengers Alexandria, VA to New York, NY

Stops only to discharge passengers Washington, DC to New York, NY

## Service on Northeast Regional<sup>SM</sup>

- R Coaches: Reservations required.**
- B Business class** service available.
- C Cafe:** Sandwiches, snacks and beverages.
- Q Amtrak Quiet car.** Not available on Shuttle trains.

**Smoking is prohibited.**

## Service on the Crescent<sup>®</sup> (Trains 19 and 20)

- R Coaches: Reservations required.**
- S Sleeping cars:** Viewliner sleeping accommodations.
  - Amtrak ClubAcela First class Lounge available in Boston, New York, Philadelphia and Washington.
- X Dining:** Full meal service.
- C Lounge:** Sandwiches, snacks and beverages.
- 2** Saturdays and Sundays, Train 20 arrives New York at 2:31 p.m.

**Smoking is prohibited.**

**Service to Lynchburg, VA is financed primarily through funds made available by the Virginia Department of Transportation.**

## Service on the Palmetto<sup>®</sup> (Trains 89 and 90)

- R Coaches: Reservations required.**
- B Business class service:** Complimentary non-alcoholic beverages, newspaper, priority boarding and pillow, offered between New York and Savannah.
- C Lounge car:** Sandwiches, snacks and beverages.

**Smoking is prohibited.**

## Service on the Cardinal<sup>®</sup> (Trains 50 and 51)

- R Coaches: Reservations required.**
- S Sleeping cars:** Viewliner sleeping accommodations.
  - Amtrak Metropolitan Lounge/ClubAcela available in Chicago, Washington, Philadelphia and New York for Sleeping car service passengers.
- X Dining:** Combined Diner/Lounge provides food and beverage service.
- 3** Sundays, Train 50 arrives Baltimore at 6:53 p.m., Wilmington at 7:41 p.m., Philadelphia at 8:02 p.m., Trenton at 8:34 p.m., Newark at 9:13 p.m. and New York at 9:36 p.m.

**Smoking is prohibited.**

## Service on the Carolinian<sup>SM</sup> (Trains 79 and 80)

- R Coaches: Reservations required.**
- B Business class service:** Complimentary non-alcoholic beverages, newspaper and pillow, offered between New York and Charlotte.
- C Dinette:** Sandwiches, snacks and beverages.

**Smoking is prohibited.**

**The state-subsidized Carolinian is primarily financed through funds from the North Carolina Department of Transportation.**

## Service on the Silver Meteor<sup>®</sup> (Trains 97 and 98) and the Silver Star<sup>®</sup> (Trains 91 and 92)

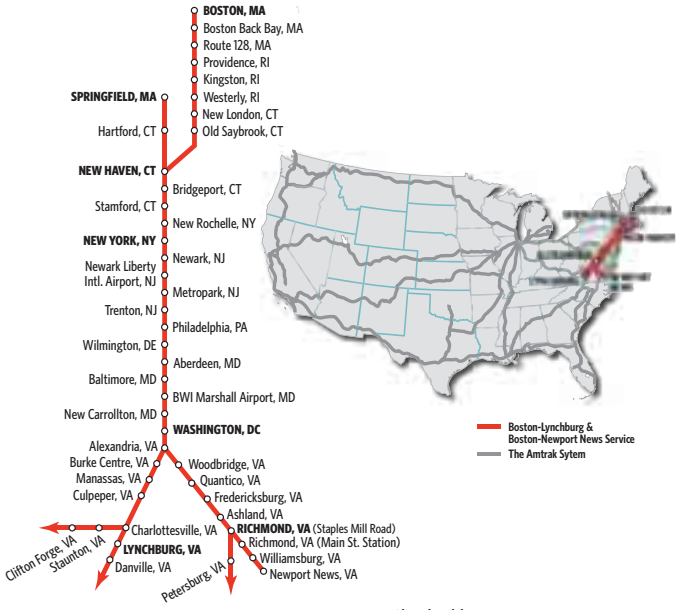
- R Coaches: Reservations required.**
- S Sleeping cars:**
  - Viewliner sleeping accommodations.
  - Amtrak ClubAcela available in Boston, New York, Philadelphia and Washington.
- X Dining:** Full meal service appropriate to time of day.
- C Lounge:** Cafe with table seating: Sandwiches, snacks and beverages.
- 4** Saturdays and Sundays, Train 92 arrives New York 7:32 p.m.

**Smoking is prohibited.**

### Shading Key

Reserved Northeast Regional train	Connecting Shuttle train
Long-distance service train	Thruway and connecting services

# BOSTON and VIRGINIA ROUTE MAP and SYMBOLS



- |   |   |
|---|---|
| <p><b>A</b> Time Symbol for A.M.</p> <p><b>N</b> Time Symbol for Noon.</p> <p><b>P</b> Time Symbol for P.M.</p> <p><b>D</b> Stops only to discharge passengers; train may leave before time shown.</p> <p><b>L</b> Stops to receive and discharge passengers; train may leave before time shown.</p> <p><b>R</b> Stops only to receive passengers.</p> <p><b>ET</b> Eastern time</p> <p> Bus stop</p> | <p> Checked baggage</p> <p> Airport connection</p> <p> Quik-Trak self-serve ticketing kiosk</p> <p> Unstaffed station</p> <p> Staffed ticket office; may or may not be open for all train departures</p> <p> Station wheelchair accessible; no barriers between station and train</p> <p> Station wheelchair accessible; not all stations facilities accessible</p> |
|---|---|

## THE STATE FOR LOVERS JUST GOT A NEW COUPLE



You'll fall for two new Amtrak Northeast Regional<sup>SM</sup> trains that provide direct service between central Virginia and the Northeast Corridor. Amtrak Virginia<sup>SM</sup> offers a one-seat ride to nearly 30 stations as far north as Boston and as far south as Lynchburg and Richmond with stops in Washington, D.C., Philadelphia, New York and more.

New daily roundtrip service to Lynchburg and new morning service to Richmond has begun in the Northeast Corridor. From the Blue Ridge Mountains in Lynchburg to historic Richmond – and the two new Northeast Corridor trains to take you there – Amtrak offers many more reasons to love Virginia.



For more information visit [amtrakvirginia.com](http://amtrakvirginia.com)

NORTHEAST, MID-ATLANTIC and VIRGINIA SERVICE-Southbound

Boston • New York • Philadelphia • Washington, DC • Charlottesville • Lynchburg • Richmond • Newport News

Service/Train Name ▶	Northeast Regional	Palmetto	Cardinal	Cardinal	Carolinian	Northeast Regional	Silver Star	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Crescent	Northeast Regional	Northeast Regional	Silver Meteor
Train Number ▶	67	89	51	51	79	95/495	91	195/405	147	145	171	99	83/493	93/493	19	85	87	97
Normal Days of Operation ▶	Daily	Daily	WeFr	Su	Daily	Mo-Fr	Daily	SaSu	Sa	Su	Mo-Fr	SaSu	Fr	Mo-Th	Daily	Mo-Fr	Su	Daily
Will Also Operate ▶								5/31,7/5,9/6		5/30,7/4,9/5	5/31,7/5,9/6		5/31,7/5,9/6				5/31,7/5,9/6	
Will Not Operate ▶						5/31,7/5,9/6				5/30,7/4,9/5	5/31,7/5,9/6			5/31,7/5,9/6		5/31,7/5,9/6	5/30,7/4,9/5	
On Board Service ▶	R B ☕	R B ☕	R ☕	R ☕	R B ☕	R B ☕	R ☕	R B ☕	R B ☕	R B ☕	R B ☕	R B ☕	R B ☕	R B ☕	R ☕	R B ☕	R B ☕	R ☕
Symbol ▼	☑	☑	☑	☑	☑	☑	☑	☑	☑	☑	☑	☑	☑	☑	☑	☑	☑	☑
<b>BOSTON, MA</b> -South Station (ET)	● ☑ QT Dp	☑ 9 25P				6 15A		6 40A			8 15A	8 40A	9 35A	9 35A				
Boston, MA-Back Bay Station	● ☑ QT R	9 30P				6 20A		6 45A			8 20A	8 45A	9 40A	9 40A				
Route 128, MA	● ☑ QT R	9 44P				6 30A		6 55A			8 30A	8 55A	9 50A	9 50A				
Providence, RI	● ☑ QT ☑	10 16P				6 55A		7 20A			8 55A	9 20A	10 15A	10 15A				
Kingston, RI	● ☑ QT ☑	10 42P				7 16A		7 41A			9 16A	9 41A	10 36A	10 36A				
Westerly, RI	● ☑ QT ☑	10 59P				7 30A		7 56A				10 00A	10 51A	10 51A				
Mystic, CT	○ QT	11 11P										10 10A	11 02A	11 02A				
New London, CT (Casino 🎰)	● ☑ QT	11 25P				7 52A		8 18A			9 50A	10 25A	11 17A	11 17A				
Old Saybrook, CT	● ☑ QT	11 47P				8 12A		8 40A			10 12A		11 38A	11 38A				
Springfield, MA	● ☑ QT					7 10A		7 30A	8 00A	9 05A			10 40A	10 40A				
Windsor Locks, CT	○					7 28A		7 48A					11 01A	11 01A				
Windsor, CT	○					7 33A		7 53A					11 07A	11 07A				
Hartford, CT	● ☑ QT					7 45A		8 05A	8 37A	9 40A			11 18A	11 18A				
Berlin, CT	● ☑ QT					7 58A		8 16A	8 50A	9 53A			11 30A	11 30A				
Meriden, CT	● ☑ QT					8 08A		8 26A	9 01A	10 02A			11 38A	11 38A				
Wallingford, CT	○					8 15A		8 33A	9 09A	10 10A			11 45A	11 45A				
New Haven, CT	● ☑ QT Ar					8 35A		8 55A					12 03P	12 03P				
<b>NEW HAVEN, CT</b>	● ☑ QT Ar Dp	12 25A				8 43A		9 09A	9 30A	10 30A	10 41A	11 09A	12 09P	12 09P				
Bridgeport, CT	○ ☑ QT	12 45A				8 45A		9 11A	9 41A	10 41A	10 43A	11 11A	12 11P	12 11P				
Stamford, CT	○ ☑ QT	1 31A						9 31A	10 01A	11 01A		11 31A	12 31P	12 31P				
New Rochelle, NY	○ ☑ QT							9 56A	10 26A	11 26A	11 26A	11 56A	12 56P	12 56P				
<b>NEW YORK, NY</b> -Penn Station	● ☑ QT Ar Dp	2 20A	6 15A	6 45A	6 55A	7 05A	10 20A	10 50A	11 20A	12 20P	12 16P	12 50P	1 50P	1 50P	2 15P	3 05P	3 06P	3 15P
Newark, NJ	● ☑ QT	3 00A	R 6 32A	R 7 05A	R 7 13A	R 7 24A	10 35A	11 05A	12 05P	12 55P	12 35P	1 05P	2 05P	2 05P	R 2 37P	3 22P	3 23P	R 3 38P
Newark Liberty Intl. Airport, NJ ✈	● ☑ QT	3 20A					10 52A	11 22A	12 22P	1 12P	12 52P	1 22P	2 22P	2 22P				
Metropark, NJ	● ☑ QT	3 36A					11 06A	11 37A	12 28P	1 28P	12 58P	1 28P	2 27P	2 27P				
Trenton, NJ	● ☑ QT	4 03A	R 7 06A	R 7 40A	R 7 47A	8 03A	11 06A	11 37A	12 40P	1 08P	1 08P	1 40P	2 40P	2 40P	R 3 18P	4 00P	4 03P	R 4 18P
<b>PHILADELPHIA, PA</b> -30th St. Station	● ☑ QT Ar Dp	4 35A	R 7 37A	R 8 16A	R 8 20A	8 30A	11 57A	12 28P	1 30P	2 14P	1 59P	2 30P	3 32P	3 32P	R 3 55P	4 27P	4 30P	R 4 58P
Wilmington, DE	● ☑ QT	4 40A	R 8 02A	R 8 41A	R 8 45A	8 35A	12 00N	12 31P	1 33P	2 17P	2 13P	2 33P	3 35P	3 35P	R 3 55P	4 30P	4 33P	R 4 58P
Aberdeen, MD	○ ☑ QT	5 06A	R 8 02A	R 8 41A	R 8 45A	8 58A	12 22P	12 52P	1 55P	2 39P	2 36P	2 55P	3 56P	3 56P	R 4 19P	4 52P	4 55P	R 5 25P
Baltimore, MD-Penn Station	● ☑ QT	6 08A	R 8 54A	R 9 29A	R 9 35A	9 45A	1 13P	1 40P	2 43P	3 25P	3 27P	3 43P	4 42P	4 42P	R 5 17P	5 45P	5 48P	R 6 17P
BWI Thurgood Marshall Air., MD ✈	● ☑ QT	6 19A					1 25P	1 50P	2 53P	3 38P	3 37P	3 53P	4 52P	4 52P		5 56P	5 58P	
New Carrollton, MD	● ☑ QT	6 42A					1 45P	2 13P	D 3 10P	D 3 51P	3 56P	4 12P	5 11P	5 11P		6 18P	6 17P	
<b>WASHINGTON, DC</b>	● ☑ QT Ar Dp	6 55A	R 9 55A	R 11 10A	R 11 10A	10 25A	2 00P	2 25P	3 30P	4 10P	4 12P	4 28P	5 25P	5 25P	R 6 30P	6 30P	6 30P	R 7 30P
Alexandria, VA	● ☑ QT	7 30A	R 10 12A	R 11 29A	R 11 29A	11 12A	2 30P	2 50P	4 00P	4 50P	4 50P	5 00P	5 50P	5 50P	R 6 30P	7 00P	7 00P	R 7 30P
Burke Centre, VA	○	7 47A					2 45P	3 06P	4 17P	5 07P	5 11P	5 15P	6 07P	6 07P	R 6 49P	7 15P	7 15P	R 7 50P
Manassas, VA	○ ☑								4 34P	5 24P	5 30P							
Culpeper, VA (Orange)	○ ☑								4 50P	5 40P	5 47P					7 22P		
Charlottesville, VA	● ☑ QT			12 02P	12 02P				5 27P	6 17P	6 24P					7 55P		
Staunton, VA	○			1 55P	1 55P				6 26P	7 16P	7 23P					8 52P		
Clifton Forge, VA (Homestead)	○			2 57P	2 57P													
Lynchburg, VA (Roanoke)	● ☑ QT			4 05P	4 05P					7 39P	8 29P	8 36P						
Danville, VA	○ ☑	Ar														10 00P	10 06P	
Woodbridge, VA	○ ☑	Ar														11 14P		
Quantico, VA	○ ☑						3 03P	3 24P					5 45P	6 36P	6 36P		7 32P	7 33P
Fredericksburg, VA	○ ☑						3 17P	3 38P					6 07P	6 58P	6 58P		7 46P	7 47P
Ashland, VA	○						3 39P	4 00P					6 50P	7 43P	7 43P		8 10P	8 06P
<b>RICHMOND, VA</b> -Staples Mill Rd.	● ☑ QT Ar Dp	9 19A					4 24P	4 42P					7 02P	8 07P	8 07P		8 53P	8 49P
Richmond, VA-Main Street Station	○ ☑ QT	9 40A					9 45A	1 02P	4 40P	5 09P	5 05P		7 10P	8 10P	8 07P		8 53P	8 49P
Petersburg, VA	● ☑	9 45A					1 10P	1 10P	4 45P	5 19P	5 05P		8 10P	9 10P	8 07P		9 10P	9 10P
Williamsburg, VA	○ ☑	10 12A							5 12P				7 37P	8 37P				
Newport News, VA	● ☑ QT								5 57P									
Norfolk, VA	○ ☑	L 11 15A					L 6 10P						L 8 23P	L 9 33P				
Virginia Beach, VA (ET)	○ ☑	Ar					6 50P						9 10P	10 10P				

See other side for Service, Symbols, Route Map and Shading Key.

Smoking is prohibited.

# MAKE A BREAK FOR IT



## Enjoy a One-Seat Ride from Virginia to the Northeast Corridor

Whether you need a break from traffic, or just plain need a break, let Amtrak Virginia do the driving for you. With more than 20 stations throughout the Commonwealth, plus daily roundtrip service from Lynchburg and Richmond to cities like Washington, DC, Philadelphia, New York and Boston, Amtrak Virginia is the best way to get away.



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