

Effective JANUARY 18, 2010

# NORTHEAST, MID-ATLANTIC *and* VIRGINIA SERVICE

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THIS TIMETABLE SHOWS ALL AMTRAK THROUGH SERVICE TO STATIONS  
BETWEEN BOSTON, MA AND LYNCHBURG, VA OR  
NEWPORT NEWS/VIRGINIA BEACH, VA

*Also see timetable Form W2 or Form W4  
for complete Boston to New York and Washington schedules.*



# NORTHEAST, MID-ATLANTIC and VIRGINIA SERVICE-Southbound

## Boston • New York • Philadelphia • Washington, DC • Charlottesville • Lynchburg • Richmond • Newport News

Service/Train Name ▶	Northeast Regional	Palmetto	Cardinal	Cardinal	Carolinian	Northeast Regional	Silver Star	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Crescent	Northeast Regional	Northeast Regional	Silver Meteor				
Train Number ▶	<b>67</b>	<b>89</b>	<b>51</b>	<b>51</b>	<b>79</b>	<b>95/495</b>	<b>91</b>	<b>195/405</b>	<b>147</b>	<b>171/495</b>	<b>145</b>	<b>99</b>	<b>93/493</b>	<b>83/493</b>	<b>19</b>	<b>85</b>	<b>87</b>	<b>97</b>				
Normal Days of Operation ▶	Daily	Daily	WeFr	Su	Daily	Mo-Fr	Daily	SaSu	Sa	Mo-Fr	Su	SaSu	Mo-Th	Fr	Daily	Mo-Fr	Su	Daily				
On Board Service ▶																						
<b>BOSTON, MA</b> –South Station <b>QT</b> (ET) Dp	9 45P	Stops only to receive passengers New York, NY to Washington, DC			Stops only to receive passengers New York, NY to Washington, DC			Stops only to receive passengers New York, NY to Washington, DC			Stops only to receive passengers New York, NY to Washington, DC			Stops only to receive passengers New York, NY to Washington, DC			Stops only to receive passengers New York, NY to Washington, DC			Stops only to receive passengers New York, NY to Washington, DC		
Boston, MA –Back Bay Station	R 9 50P																					
Route 128, MA	R 10 00P																					
Providence, RI	10 25P																					
Kingston, RI (☞ 92)	10 47P																					
Westerly, RI	11 02P																					
Mystic, CT	11 12P																					
New London, CT (Casino ☞)	11 27P																					
Old Saybrook, CT	11 50P																					
Springfield, MA	7 10A																					
Windsor Locks, CT	7 28A																					
Windsor, CT	7 33A																					
Hartford, CT	7 45A																					
Berlin, CT	7 58A																					
Meriden, CT	8 08A																					
Wallingford, CT	8 15A																					
New Haven, CT	8 35A																					
<b>NEW HAVEN, CT</b> Ar Dp	12 20A 12 45A	Stops only to receive passengers New York, NY to Washington, DC			Stops only to receive passengers New York, NY to Washington, DC			Stops only to receive passengers New York, NY to Washington, DC			Stops only to receive passengers New York, NY to Washington, DC			Stops only to receive passengers New York, NY to Washington, DC			Stops only to receive passengers New York, NY to Washington, DC					
Bridgeport, CT	8 43A 8 45A																					
Stamford, CT	8 31A																					
New Rochelle, NY	8 56A 9 15A																					
<b>NEW YORK, NY</b> –Penn Station <b>QT</b> Ar Dp	2 20A 3 00A																			R 6 15A	R 6 45A	R 6 55A
Newark, NJ	3 20A	R 6 32A	R 7 07A	R 7 13A	7 24A	10 52A	11 12A	11 22A	12 22P	12 52P	1 12P	1 22P	2 22P	2 22P	R 2 37P	3 22P	3 23P	3 38P				
Newark Liberty Intl. Airport, NJ ✈									12 28P	12 58P		1 28P	2 28P	2 28P			3 28P					
Metropark, NJ	3 36A					11 06A		11 37A	12 40P	1 08P		1 40P	2 40P	2 40P		3 36P	3 40P					
Trenton, NJ	4 03A	R 7 06A	R 7 40A	R 7 50A	8 03A	11 30A	12 00N	12 03P	1 03P	1 32P	1 47P	2 03P	3 06P	3 06P	R 3 18P	4 00P	4 03P	R 4 18P				
<b>PHILADELPHIA, PA</b> –30th St. Sta. <b>QT</b> Ar Dp	4 35A 4 40A	R 7 37A	R 8 16A	R 8 25A	8 30A	11 57A 12 00N	12 32P	12 28P 12 31P	1 30P 1 33P	1 59P	2 14P 2 17P	2 30P 2 33P	3 32P 3 35P	3 32P 3 35P	R 3 55P	4 27P 4 32P	4 30P 4 33P	4 58P				
Wilmington, DE	5 06A	R 8 02A	R 8 41A	R 8 50A	8 58A	12 22P	12 57P	12 52P	1 55P	2 36P	2 39P	2 55P	3 56P	3 56P	R 4 19P	4 54P	4 55P	5 25P				
Aberdeen, MD										3 03P						5 21P	5 24P					
Baltimore, MD –Penn Station	6 08A	R 8 54A	R 9 29A	R 9 40A	9 45A	1 10P	1 47P	1 40P	2 43P	3 25P	3 25P	3 43P	4 42P	4 42P	R 5 17P	5 48P	5 48P	6 17P				
BWI Thurgood Marshall Air., MD ✈	6 19A					1 25P		1 53P	2 56P	3 38P	3 38P	3 56P	4 55P	4 55P		6 02P	6 01P					
New Carrollton, MD	L 6 42A					1 40P		2 09P	D 3 10P	D 3 53P	D 3 51P	4 10P	5 09P	5 09P		6 17P	6 15P					
<b>WASHINGTON, DC</b> Ar Dp	6 55A 7 30A	R 9 55A	11 10A	11 10A	10 25A 10 55A	2 01P 2 30P	3 00P	2 25P 2 50P	3 30P 4 00P	4 10P 4 50P	4 10P 4 50P	4 28P 5 00P	5 25P 5 50P	5 25P 5 50P	R 6 30P	6 30P 7 00P	6 30P 7 00P	7 30P				
Alexandria, VA	7 47A	10 12A	11 29A	11 29A	11 12A	2 45P	3 25P	3 06P	4 17P	5 11P	5 07P	5 15P	6 07P	6 07P	6 49P	7 15P	7 15P	7 50P				
Burke Centre, VA ☺																						
Manassas, VA			12 02P	12 02P												7 22P						
Culpeper, VA (Orange)			12 35P	12 35P												7 55P						
Charlottesville, VA			1 55P	1 55P												8 52P						
Staunton, VA			2 57P	2 57P																		
Clifton Forge, VA (Homestead)			4 05P	4 05P																		
Lynchburg, VA (Roanoke)			4 08P	4 08P																		
Danville, VA										7 39P	8 36P	8 29P				10 10P 10 06P						
Franconia/Springfield, VA																11 14P						
Woodbridge, VA						3 03P		3 24P								7 32P	7 33P					
Quantico, VA						3 17P		3 38P				5 45P	6 36P	6 36P		7 46P	7 47P					
Fredericksburg, VA						3 39P		4 00P				6 07P	6 58P	6 58P		8 10P	8 06P					
Ashland, VA						4 24P		4 42P				6 50P	7 43P	7 43P		8 53P	8 49P					
<b>RICHMOND, VA</b> –Staples Mill Rd. <b>QT</b> Ar Dp	9 40A 9 45A	11 50A 12 02P			1 02P 1 10P	4 40P 4 45P	5 09P 5 19P	5 09P 5 05P				7 02P 7 10P	8 07P 8 10P	8 07P 8 10P		9 10P	9 10P	9 40P 9 50P				
Richmond, VA –Main Street Station	10 12A					5 12P						7 37P		8 37P								
Petersburg, VA						1 43P		5 57P														
Williamsburg, VA																						
Newport News, VA																						
Norfolk, VA																						
Virginia Beach, VA (ET) Ar	1 30P																					

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## Service on Northeast Regional<sup>SM</sup>

- R Coaches: Reservations required.**
- B Business class** service available.
- L Lounge:** Sandwiches, snacks and beverages.
- Q** Amtrak Quiet car.

Smoking is prohibited.

## Service on the Crescent<sup>®</sup> (Trains 19 and 20)

- R Coaches: Reservations required.**
- S Sleeping cars:** Viewliner sleeping accommodations.
  - Amtrak ClubAcela available in Boston, New York, Philadelphia and Washington.
- X Dining:** Full meal service.
- L Lounge:** Sandwiches, snacks and beverages.
- 4** Saturdays and Sundays, Train 20 arrives New York at 2:31 p.m.; Train 92 arrives New York at 7:32 p.m.

Smoking is prohibited.

## Scenic Highlights

- Vibrant Northeast cityscapes
- Blue Ridge foothills

## Service on the Palmetto<sup>SM</sup> (Trains 89 and 90)

- R Coaches: Reservations required on all trains.**
- B Business class service:** Complimentary non-alcoholic beverages, newspaper, priority boarding and pillow offered between New York and Savannah.
- L Lounge:** Cafe with table seating: Sandwiches, snacks and beverages.

Smoking is prohibited.

## Service on the Cardinal<sup>®</sup> (Trains 50 and 51)

- R Coaches: Reservations required.**
- S Sleeping cars:** Viewliner sleeping accommodations.
  - Amtrak Metropolitan Lounge/ClubAcela available in Chicago, Washington, Philadelphia and New York for Sleeping car service passengers.
- X Dining:** Casual service offering complete meals and appetizers, sandwiches, snacks and beverages with an all day menu.
  - No checked baggage.**
- 3** Sundays, Train 50 arrives Baltimore at 6:53 p.m., Wilmington at 7:39 p.m., Philadelphia at 8:02 p.m., Trenton at 8:35 p.m., Newark at 9:18 p.m. and New York at 9:43 p.m.
- 5** Amtrak service at Burke Centre, VA begins on a date to be announced.

Smoking is prohibited.

## Cardinal Scenic Highlights

- New River Gorge
- Blue Ridge and Allegheny Mountains
- Shenandoah Valley
- World famous Greenbrier mountain resort
- "Wild and Wonderful" West Virginia vistas
- Scenic Ohio River and Indiana farmland

## Service on the Carolinian<sup>SM</sup> (Trains 79 and 80)

- R Coaches: Reservations required.**
- B Business class amenities:** Complimentary non-alcoholic beverages, newspaper and pillow.
- L Dinette:** Sandwiches, snacks and beverages.

Smoking is prohibited.

## Service on Silver Service<sup>®</sup> Trains (Trains 91, 92, 97 and 98)

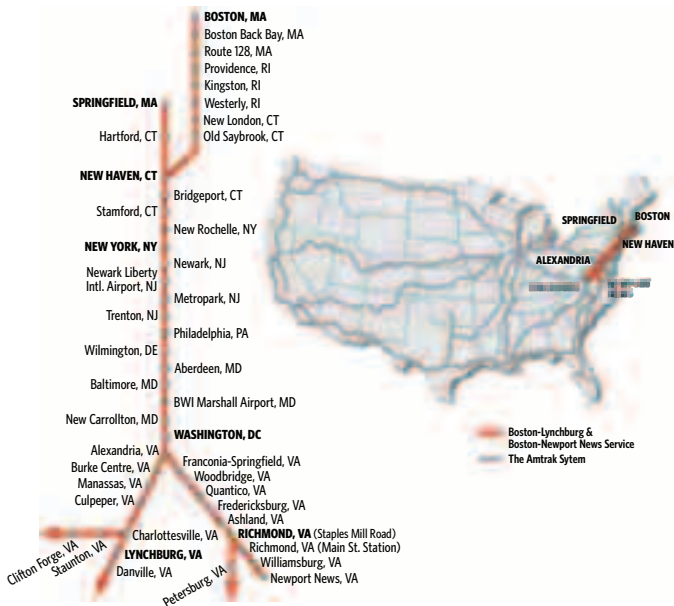
- R Coaches: Reservations required on all trains.**
- S Sleeping cars:**
  - Viewliner sleeping accommodations.
  - Amtrak ClubAcela available in New York, Philadelphia and Washington, and private waiting area available in Miami and Raleigh, for Sleeping car service passengers.
- X Dining:** Full meal service appropriate to time of day.

Smoking is prohibited.

### Shading Key

Reserved Northeast Regional train	Connecting Shuttle train
Long-distance service train	Thruway and connecting services

# BOSTON and VIRGINIA ROUTE MAP and SYMBOLS



- |  |  |
|--|--|
| <b>A</b> Time Symbol for A.M.  | <b>R</b> Stops only to receive passengers.     |
| <b>N</b> Time Symbol for Noon.   | <b>ET</b> Eastern time                         |
| <b>P</b> Time Symbol for P.M.  | Bus stop                                       |
| <b>D</b> Stops only to discharge passengers; train may leave before time shown.        | Checked baggage                                |
| <b>L</b> Stops to receive and discharge passengers; train may leave before time shown. | Airport connection                             |
|  | Ferry connection                               |
|  | <b>QT</b> Quik-Trak self-serve ticketing kiosk |

## THE STATE FOR LOVERS JUST GOT A NEW COUPLE



**NEW SERVICE FROM LYNCHBURG  
 BEGAN OCTOBER 1ST**



**NEW SERVICE FROM RICHMOND  
 COMING IN 2010**

You'll fall for two new Amtrak Northeast Regional<sup>SM</sup> trains that provide direct service between central Virginia and the Northeast Corridor. Amtrak Virginia offers a one-seat ride to nearly 30 stations as far north as Boston and as far south as Lynchburg and Richmond with stops in Washington, D.C., Philadelphia, New York and more.

New daily roundtrip service began from Lynchburg for the first time on October 1st, and on a date to be determined in 2010, new morning service will be available between Richmond and the Northeast Corridor. From the Blue Ridge Mountains in Lynchburg to historic Richmond – and the two new Northeast Corridor trains to take you there – Amtrak offers many more reasons to love Virginia.



For more information visit **amtrakvirginia.com**

NORTHEAST, MID-ATLANTIC and VIRGINIA SERVICE-Northbound

Newport News • Richmond • Lynchburg • Charlottesville • Washington, DC • Philadelphia • New York • Boston

Service/Train Name ▶	Silver Meteor	Northeast Regional	Northeast Regional	Crescent	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Silver Star	Carolinian	Cardinal	Palmetto	Northeast Regional	Northeast Regional
Train Number ▶	98	86	82	20	84	88/488	176/476	194	94/494	156	92	80	50	90	66	78
Normal Days of Operation ▶	Daily	Mo-Fr	Sa	Daily	Mo-Fr	SaSu	Mo-Fr	SaSu	Mo-Fr	SaSu	Daily	Daily	SuWeFr	Daily	Daily	Fr
On Board Service ▶	☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒	☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒	☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒	☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒	☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒	☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒	☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒	☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒	☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒	☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒	☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒	☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒	☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒	☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒	☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒	☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒ ☒
Virginia Beach, VA (ET) Dp	From Miami and Orlando			From New Orleans, Birmingham and Atlanta				☒ 6 55A ☒ 7 00A			From Miami and Tampa	From Charlotte and Greensboro	From Chicago, Indianapolis and Cincinnati	From Savannah and Charleston	☒ 2 15P ☒ 3 00P	
Norfolk, VA Dp								☒R 7 35A ☒R 7 40A							☒R 4 00P	
Newport News, VA (Norfolk/Virginia Beach ☒) Ar								☒ 8 45A ☒ 8 50A							☒ 4 20P	8 30P
Williamsburg, VA QT								9 00A 9 10A							☒ 4 22P	8 53P
Petersburg, VA QT	4 06A							9 26A 9 36A			☒ 11 52A	☒ 1 54P		☒ 4 31P		
Richmond, VA—Main Street Sta. QT								10 17A 10 27A							5 30P	
Richmond, VA —Staples Mill Rd. QT	Ar Dp	4 59A 5 09A	6 00A 7 35A		8 00A 8 35A			10 45A 10 55A 10 50A 11 00A			☒ D12 37P	2 39P 2 46P		5 15P 5 25P	5 55P 6 00P	10 00P
Ashland, VA			6 13A 7 48A		8 13A 8 48A			11 05A 11 15A							6 13P	
Fredericksburg, VA			7 00A 8 33A		8 58A 9 33A			11 49A 11 59A				3 41P			6 58P	
Quantico, VA			7 19A 8 52A		9 17A 9 53A			12 09P 12 19P				4 01P			7 17P	
Woodbridge, VA			7 30A					10 05A								
Franconia/Springfield, VA															7 35P	
Danville, VA Ar				4 57A 6 07A												
Lynchburg, VA (Roanoke) QT							7 38A			9 59A						
Clifton Forge, VA (Homestead)													12 14P 12 19P			
Staunton, VA													1 31P			
Charlottesville, VA QT				7 20A 8 12A				8 49A 9 42A		11 10A			2 47P 4 00P			
Culpeper, VA (Orange)				8 12A 8 46A				10 21A		12 42P			4 35P			
Manassas, VA																
Burke Centre, VA ☒																
Alexandria, VA QT	Dp	D 7 20A	7 47A 9 20A	D 9 43A	9 50A 10 25A	11 05A 12 40P	12 50P 1 21P	☒D 2 40P	☒ 4 32P	D 5 19P	☒ 7 10P	☒ 7 46P				
WASHINGTON, DC QT	Ar Dp	D 7 46A	8 15A 8 35A 10 20A	D10 10A	11 02A 11 25A	12 05P 1 25P	2 05P 2 20P	☒D 3 14P	☒D 5 08P	D 5 55P	☒D 7 57P	☒ 10 00P				
New Carrollton, MD QT			8 46A 10 32A		11 13A 11 37A	12 16P 1 37P	2 16P 2 32P								10 10P	
BWI Thurgood Marshall Air., MD † QT			9 03A 10 48A		11 29A 11 53A	12 32P 1 53P	2 32P 2 48P								10 30P	
Baltimore, MD—Penn Station QT	D	8 41A	9 19A 11 04A	D11 12A	11 44A 12 09P	12 47P 2 09P	2 47P 3 04P	☒D 4 10P	D 6 07P	☒ D 6 54P	D 8 50P	☒R10 46P				
Aberdeen, MD QT			11 28A													
Wilmington, DE QT	D	9 36A	10 04A 11 56A	D12 01P	12 31P 12 56P	1 34P 2 56P	3 34P 3 56P	☒D 5 02P	☒D 7 00P	☒ D 7 45P	☒D 9 41P	11 36P				
PHILADELPHIA, PA —30th St. Sta. Ar		10 00A	10 24A 12 17P	D12 25P	12 51P 1 17P	1 55P 3 17P	3 55P 4 17P	☒D 5 27P	☒D 7 24P	☒ D 8 09P	☒D10 07P	11 59P				
Trenton, NJ QT	D10	35A	10 55A 12 47P	D 1 00P	1 22P 1 47P	2 25P 3 47P	4 25P 4 47P	D 6 07P	D 7 58P	☒ D 8 43P	D10 47P	12 48A				
Metropark, NJ QT			11 26A 1 12P		1 47P 2 10P	2 50P 4 12P	5 08P					1 15A				
Newark Liberty Intl. Airport, NJ † QT			1 23P		2 21P	4 22P	4 58P	L 5 21P								
Newark, NJ QT	D11	16A	L11 43A 1 29P	D 1 45P	L 2 02P 2 27P	3 04P 4 28P	5 03P D 5 25P	☒D 6 51P	☒D 8 37P	☒ D 9 21P	☒D11 27P	1 32A				
NEW YORK, NY —Penn Station Ar		11 36A	12 01P 12 30P	☒ 2 04P	2 20P 2 47P	3 22P 4 46P	5 21P 5 46P	☒ 7 16P	☒ 8 58P	☒ D 9 43P	☒ 11 47P	1 50A 3 10A				
New Rochelle, NY QT			2 27P		3 27P	3 57P										
Stamford, CT QT		1 16P	2 48P		3 48P	4 18P	5 48P	6 29P								3 59A
Bridgeport, CT QT			3 12P		4 12P	4 42P										
NEW HAVEN, CT Ar		2 00P	3 36P		4 36P	5 06P	6 33P	7 14P								4 49A
NEW HAVEN, CT Dp		2 05P	3 38P		4 38P	5 08P	6 35P	7 20P								4 55A
Shuttle					4 50P 5 03P 5 10P	5 15P 5 30P 5 38P		7 25P 7 39P 7 47P								
Shuttle					5 21P 5 36P	5 50P 6 05P		7 58P 8 12P								
Shuttle					L 5 44P L 5 51P	L 6 15P L 6 21P		L 8 20P L 8 25P								
Shuttle					6 15P	6 45P		8 50P								
Via Inland Route																
New Haven, CT																
Wallingford, CT																
Meriden, CT																
Berlin, CT																
Hartford, CT QT																
Windsor, CT																
Windsor Locks, CT																
Springfield, MA QT																
Old Saybrook, CT		2 42P														
New London, CT (Casino ☒) QT		3 02P	4 26P													
Mystic, CT QT																
Westerly, RI QT																
Kingston, RI (☒ ☒ 92) QT		3 33P	4 57P													
Providence, RI QT		3 58P	5 19P													
Route 128, MA QT		D 4 30P	D 5 53P													
Boston, MA—Back Bay Station QT		D 4 41P	D 6 04P													
BOSTON, MA —South Station (ET) Ar		4 46P	6 10P					7 10P 7 53P		9 05P 9 58P						☒ 7 52A

See other side for Service, Symbols, Route Map and Shading Key. Smoking is prohibited.

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**AMTRAK® DELIVERS:**  
FROM BOSTON'S BEACON HILL  
TO LYNCHBURG, CITY OF SEVEN HILLS

**Whether you're traveling to New England, the Mid-Atlantic or central Virginia,** Amtrak® lets you sit back, relax, and enjoy the ride. And this fall, we're giving you two more reasons to let Amtrak do the driving.

For the first time, new Amtrak Virginia service originating from Lynchburg began October 1. Take in Lynchburg's art scene at the Riverviews Artspace, explore the seven hills that gave the city its nickname, or visit the 3rd oldest farmers market in the US—the Lynchburg Community Market. And coming in 2010, Amtrak Virginia will start a new morning service from Richmond. Discover the rich history of Virginia's capital, take a cruise on the James River canals, or snap a photo of General Robert E. Lee's monument. The two new Northeast Regional<sup>SM</sup> trains will give you a one-seat ride throughout the world-famous Amtrak Northeast Corridor—the "front door" of America's Eastern Seaboard. Cities you'll see up close include Washington, D.C., Baltimore, Philadelphia, Trenton, New York, Stamford, New Haven, Providence, and more continuing north to Boston.

But those aren't the only reasons to take Amtrak. The Crescent® offers daily roundtrip departures between New York and New Orleans with stops in major cities like Philadelphia, Washington, D.C., and Atlanta. The Cardinal® takes you from Chicago to New York three days a week with stops in major cities like Indianapolis, Cincinnati, and Washington, D.C. Both trains allow you to take in the vibrancy of big cityscapes and watch them fade into natural beauties, like the rolling valleys of Virginia's Shenandoah region, the ebb and flow of the Potomac (a.k.a. "The Nation's River"), and the peaks and foothills of the Blue Ridge Mountains.

So whether you're taking a long weekend, catching up with friends and family or mixing business with pleasure, pack your bags and book your trip today!

**Visit [Amtrak.com](http://Amtrak.com) • Call 1-800-USA-RAIL**

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