

Effective May 18, 2026

Schedule



SOUTHBOUND

| Train Number | 680 690 | 682 692 | 684 694 | 686 696 | 688 698 |
|--------------------------|-------------|-------------|-------------|-------------|-------------|
| DAYS OF OPERATION | M-F Sa-Su | M-F Sa-Su | M-F Sa-Su | M-F Sa-Su | M-F Sa-Su |
| Brunswick, ME | 4:30 AM | 6:30 AM | 11:00 AM | 12:55 PM | 5:45 PM |
| Freeport, ME | 4:43 AM | 6:43 AM | 11:13 AM | 1:08 PM | 5:58 PM |
| Portland, ME | 5:18 AM | 7:18 AM | 11:48 AM | 1:43 PM | 6:33 PM |
| Old Orchard Beach, ME | — | 7:33 AM | 12:03 PM | 1:58 PM | 6:48 PM |
| Saco, ME | 5:40 AM | 7:40 AM | 12:10 PM | 2:05 PM | 6:55 PM |
| Wells, ME | 5:59 AM | 7:59 AM | 12:29 PM | 2:24 PM | 7:14 PM |
| Dover, NH | 6:17 AM | 8:17 AM | 12:47 PM | 2:42 PM | 7:32 PM |
| Durham - UNH, NH | 6:25 AM | 8:25 AM | 12:55 PM | 2:50 PM | 7:40 PM |
| Exeter, NH | 6:39 AM | 8:39 AM | 1:09 PM | 3:04 PM | 7:54 PM |
| Haverhill, MA | 7:00 AM | 9:00 AM | 1:30 PM | 3:25 PM | 8:15 PM |
| Woburn, MA | Ⓢ 7:29 AM | Ⓢ 9:29 AM | Ⓢ 1:59 PM | Ⓢ 3:54 PM | Ⓢ 8:44 PM |
| Boston North Station, MA | 7:50 AM | 9:50 AM | 2:20 PM | 4:15 PM | 9:05 PM |

NORTHBOUND

| Train Number | 681 691 | 683 693 | 685 695 | 687 697 | 689 699 |
|--------------------------|-------------|-------------|-------------|-------------|-------------|
| DAYS OF OPERATION | M-F Sa-Su | M-F Sa-Su | M-F Sa-Su | M-F Sa-Su | M-F Sa-Su |
| Boston North Station, MA | 8:50 AM | 11:50 AM | 3:45 PM | 5:20 PM | 10:30 PM |
| Woburn, MA | Ⓡ 9:08 AM | Ⓡ 12:08 PM | Ⓡ 4:03 PM | Ⓡ 5:38 PM | Ⓡ 10:48 PM |
| Haverhill, MA | 9:38 AM | 12:38 PM | 4:33 PM | 6:08 PM | Ⓛ 11:18 PM |
| Exeter, NH | 9:59 AM | 12:59 PM | 4:54 PM | 6:29 PM | Ⓛ 11:39 PM |
| Durham - UNH, NH | 10:12 AM | 1:12 PM | 5:07 PM | 6:42 PM | Ⓛ 11:52 PM |
| Dover, NH | 10:20 AM | 1:20 PM | 5:15 PM | 6:50 PM | Ⓛ 11:59 PM |
| Wells, ME | 10:38 AM | 1:38 PM | 5:33 PM | 7:08 PM | Ⓛ 12:18 AM |
| Saco, ME | 10:55 AM | 1:55 PM | 5:50 PM | 7:25 PM | Ⓛ 12:35 AM |
| Old Orchard Beach, ME | 11:01 AM | 2:01 PM | 5:56 PM | 7:31 PM | Ⓛ 12:41 AM |
| Portland, ME | 11:25 AM | 2:25 PM | 6:20 PM | 7:55 PM | Ⓛ 1:00 AM |
| Freeport, ME | 11:55 AM | 2:55 PM | 6:50 PM | 8:25 PM | Ⓛ 1:30 AM |
| Brunswick, ME | 12:10 PM | 3:10 PM | 7:05 PM | 8:40 PM | 1:45 AM |

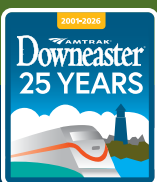
| Event Night Train 1689 |
|------------------------|
| 11:25 PM |
| Ⓡ 11:43 PM |
| Ⓛ 12:13 AM |
| Ⓛ 12:34 AM |
| Ⓛ 12:47 AM |
| Ⓛ 12:55 AM |
| Ⓛ 1:13 AM |
| Ⓛ 1:30 AM |
| Ⓛ 1:36 AM |
| Ⓛ 1:55 AM |
| Ⓛ 2:25 AM |
| 2:40 AM |

Special Travel Notes

- Schedules subject to change without notice
- Ⓢ Stops to discharge passengers only; Trains may leave before time shown.
- Ⓡ Stops to receive passengers only.
- Ⓛ Stops to receive and discharge passengers; train may leave before time shown.

*Event Night Train

Train 689/699 will depart as train 1689 from Boston North Station at 11:25pm for Red Sox evening home games and major concerts at the TD Garden and Fenway Park. The train departs at scheduled time regardless of the end time of events. Please check schedule at AmtrakDowneaster.com for the date which interests you.



CELEBRATING 25 YEARS OF SERVICE

AmtrakDowneaster.com | 800.USA.RAIL

