

Effective June 17, 2025

Schedule



SOUTHBOUND



Train Number	680 690	682 692	684 694	686 696	688 698
DAYS OF OPERATION	M-F Sa-Su	M-F Sa-Su	M-F Sa-Su	M-F Sa-Su	M-F Sa-Su
Brunswick, ME	4:30 AM	6:30 AM	11:00 AM	12:55 PM	5:45 PM
Freeport, ME	4:43 AM	6:43 AM	11:13 AM	1:08 PM	5:58 PM
Portland, ME	5:18 AM	7:18 AM	11:48 AM	1:43 PM	6:33 PM
Old Orchard Beach, ME	—	7:33 AM	12:03 PM	1:58 PM	6:48 PM
Saco, ME	5:40 AM	7:40 AM	12:10 PM	2:05 PM	6:55 PM
Wells, ME	5:59 AM	7:59 AM	12:29 PM	2:24 PM	7:14 PM
Dover, NH	6:17 AM	8:17 AM	12:47 PM	2:42 PM	7:32 PM
Durham - UNH, NH	6:25 AM	8:25 AM	12:55 PM	2:50 PM	7:40 PM
Exeter, NH	6:39 AM	8:39 AM	1:09 PM	3:04 PM	7:54 PM
Haverhill, MA	7:00 AM	9:00 AM	1:30 PM	3:25 PM	8:15 PM
Woburn, MA	ⓓ 7:29 AM	ⓓ 9:29 AM	ⓓ 1:59 PM	ⓓ 3:54 PM	ⓓ 8:44 PM
Boston North Station, MA	7:50 AM	9:50 AM	2:20 PM	4:15 PM	9:05 PM

NORTHBOUND



Train Number	681 691	683 693	685 695	687 697	689 699*
DAYS OF OPERATION	M-F Sa-Su	M-F Sa-Su	M-F Sa-Su	M-F Sa-Su	M-F Sa-Su
Boston North Station, MA	8:50 AM	11:50 AM	3:45 PM	5:20 PM	10:30 PM
Woburn, MA	ⓓ 9:08 AM	ⓓ 12:08 PM	ⓓ 4:03 PM	ⓓ 5:38 PM	ⓓ 10:48 PM
Haverhill, MA	9:38 AM	12:38 PM	4:33 PM	6:08 PM	ⓓ 11:18 PM
Exeter, NH	9:59 AM	12:59 PM	4:54 PM	6:29 PM	ⓓ 11:39 PM
Durham - UNH, NH	10:12 AM	1:12 PM	5:07 PM	6:42 PM	ⓓ 11:52 PM
Dover, NH	10:20 AM	1:20 PM	5:15 PM	6:50 PM	ⓓ 11:59 PM
Wells, ME	10:38 AM	1:38 PM	5:33 PM	7:08 PM	ⓓ 12:18 AM
Saco, ME	10:55 AM	1:55 PM	5:50 PM	7:25 PM	ⓓ 12:35 AM
Old Orchard Beach, ME	11:01 AM	2:01 PM	5:56 PM	7:31 PM	ⓓ 12:41 AM
Portland, ME	11:25 AM	2:25 PM	6:20 PM	7:55 PM	ⓓ 1:00 AM
Freeport, ME	11:55 AM	2:55 PM	6:50 PM	8:25 PM	ⓓ 1:30 AM
Brunswick, ME	12:10 PM	3:10 PM	7:05 PM	8:40 PM	1:45 AM



11:25 PM
ⓓ 11:43 PM
ⓓ 12:13 AM
ⓓ 12:34 AM
ⓓ 12:47 AM
ⓓ 12:55 AM
ⓓ 1:13 AM
ⓓ 1:30 AM
ⓓ 1:36 AM
ⓓ 1:55 AM
ⓓ 2:25 AM
2:40 AM

Special Travel Notes

- Schedules subject to change without notice
- ⓓ Stops to discharge passengers only; Trains may leave before time shown.
- ⓓ Stops to receive passengers only.
- ⓓ Stops to receive and discharge passengers; train may leave before time shown.

*Event Nite Train

Train 689/699 will depart from Boston North Station at 11:25pm on evenings of Red Sox home games and major concerts at the TD Garden and Fenway Park. The train departs at scheduled time regardless of the end time of events. Please check schedule at AmtrakDowneaster.com for the date which interests you.