

Effective MAY 7, 2012

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NRPC Form P11-200M-5/7/12 Stock #02-3645

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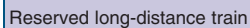
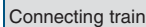
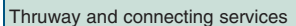
COAST STARLIGHT

11	◀ Train Number ▶				14
Daily	◀ Normal Days of Operation ▶				Daily
  	◀ On Board Service ▶				  
Read Down	Mile		Symbol	▲	Read Up
Amtrak Thruway Connection—Vancouver, BC/Seattle, WA					
5:30A	0	Dp	Vancouver, BC —Pacific Central Station (PT)	●	Ar 12:20A
R5 50A	12	↓	Richmond, BC —Sandman Signature Hotel	○	↑ D11 50P
R6 20A	29	↓	Surrey, BC—Pacific Inn	○	↑ D11 20P
9:00A	144	Ar	Seattle, WA—Amtrak Station (PT)	●QT	Dp 9:15P
9:45A	0	Dp	Seattle, WA (Victoria, BC) (PT)	●QT	Ar 8:45P
10:31A	39	↓	Tacoma, WA	●QT	↑ 7:11P
11:21A	75	↓	Olympia-Lacey, WA	●QT	↑ 6:22P
11:45A	94	↓	Centralia, WA	●QT	↑ 5:57P
12:29P	137	↓	Kelso-Longview, WA	●QT	↑ 5:14P
1:08P	177	↓	Vancouver, WA	●QT	↑ 4:36P
1:50P	187	Ar	Portland, OR	●QT	Dp 4:20P
2:25P		Dp	Pendleton, Boise—see back		Ar 3:40P
3:37P	239	↓	Salem, OR	●QT	↑ 2:03P
4:10P	267	↓	Albany, OR —Corvallis, Newport—see back	●QT	↑ 1:30P
5:10P	310	↓	Eugene-Springfield, OR —Ontario, Coos Bay—see back	●QT	↑ 12:44P
8:08P	432	↓	Chemult, OR—Bend, Sunriver —see back	○	9:40A
10:00P	505	↓	Klamath Falls, OR—Crater Lake, Brookings—see back	●QT	↑ 8:25A
12:35A	610	↓	Dunsmuir, CA (Mt. Shasta)	○	5:04A
2:21A	665	↓	Redding, CA	○	3:14A
3:50A	739	↓	Chico, CA	○	1:55A
6:35A	824	↓	Sacramento, CA	●QT	↑ 11:59P
6:50A	837	↓	Davis, CA	●QT	↑ 11:33P
7:34A	881	↓	Martinez, CA	●QT	↑ 10:54P
8:04A	901	↓	Richmond, CA	○QT	↑ 10:20P
8:15A	908	Ar	Emeryville, CA	●QT	Dp 10:07P
8:25A		Dp	San Francisco—see back		Ar 9:57P
8:40A	913	Ar	Oakland, CA—Jack London Square	●QT	Dp 9:42P
8:50A		Dp	San Francisco—see back		Ar 9:32P
9:55A	954	Ar	San Jose, CA (Caltrain)	●QT	Dp 8:39P
10:07A		Dp	—see back		Ar 8:27P
11:48A	1021	↓	Salinas, CA—Monterey, Carmel —see back	●	↑ 6:36P
1:38P	1119	↓	Paso Robles, CA	○	4:45P
3:20P	1157	↓	San Luis Obispo, CA (Morro Bay)	●QT	↑ 3:43P
6:02P	1274	↓	Santa Barbara, CA	●QT	↑ 12:48P
7:05P	1310	↓	Oxnard, CA	●QT	↑ 11:52A
7:48P	1341	Ar	Simi Valley, CA	○QT	R11 19A
8:22P	1358	Ar	Van Nuys, CA—Amtrak Station	●QT	Ar 10:55A
8:31P	1363	Ar	Burbank-Bob Hope Airport, CA	○	R10 44A
9:00P	1377	Ar	Los Angeles, CA (PT)	●QT	Dp 10:25A
796	Connecting Train Number				763
Daily	Days of Operation				Daily
10:10P	1377	Dp	Los Angeles, CA	●QT	Ar 8:50A
10:39P	1403	Ar	Fullerton, CA	●QT	↑ 8:16A
10:48P	1409	↓	Anaheim, CA (Disneyland*)	●QT	↑ 8:07A
10:57P	1413	↓	Santa Ana, CA	●QT	↑ 7:58A
11:08P	1423	↓	Irvine, CA	●QT	7:48A
11:21P	1435	↓	San Juan Capistrano, CA	●QT	7:34A
11:52P	1464	↓	Oceanside, CA	●QT	↑ 7:01A
12:08A	1480	↓	Solana Beach, CA	●QT	6:43A
12:50A	1505	Ar	San Diego, CA (PT)	●QT	Dp 6:05A






Scenic Highlights

- Puget Sound
- Cascade Mountains
- Mission Santa Barbara
- Willamette Valley
- California Coast
- Los Angeles—historic Olvera Street

Shading Key

	Reserved long-distance train
	Connecting train
	Thruway and connecting services

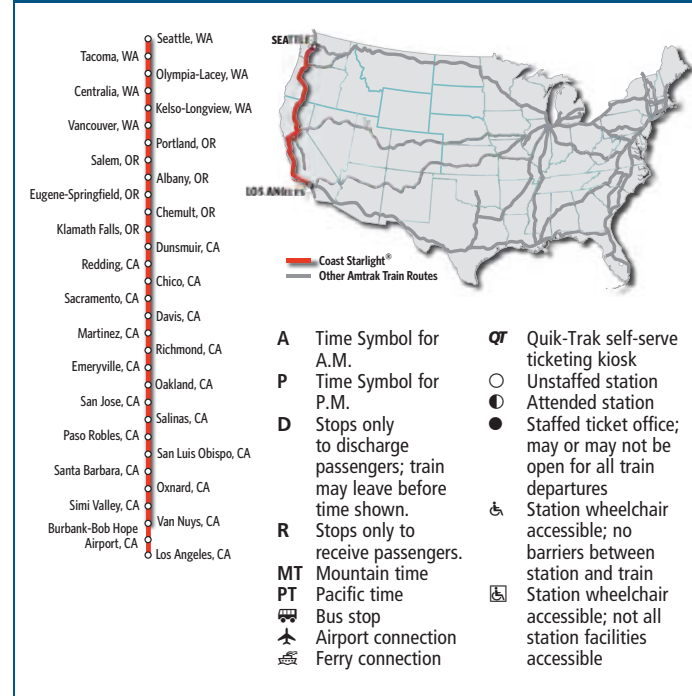
Service on the Coast Starlight®

-  **Coaches:** Enhanced coach service, with at-seat meal service if requested and larger pillows. Reservations required.
- Arcade Coach car:** Lower level of designated coach with high-tech games installed for use by both Coach and Sleeping car passengers.
-  **Sleeping cars:** Enhanced Superliner sleeping accommodations.
- Pacific Parlour Car:** For Sleeping car passengers featuring complimentary AmtrakConnect wireless Internet access, coffee and bar service and afternoon and evening alternative meal service, wine tasting and on board theater.
- Amtrak Metropolitan Lounge:** Available in Portland for Sleeping car passengers. TRAXX Club available at Los Angeles for passengers of Train 14 only.
-  **Dining:** Enhanced service features complete meals served on china.
-  **Sightseer Lounge:** Sandwiches, snacks and beverages.
- Note—Checked baggage for San Francisco passengers:** Oversize items subject to delay.
-  **Caltrain rail commuter service** available between San Jose and San Francisco, San Mateo, Redwood City, Palo Alto, Gilroy and other Peninsula points. Separate ticket required.

Smoking is prohibited.

Trails and Rails Program: In cooperation with the National Park Service, volunteer rangers from the Juan Bautista de Anza National Historic Trail provide a narrative between San Luis Obispo and Santa Barbara Thursdays through Saturdays, April 1 through November 4; between San Jose and Santa Barbara Sundays and Mondays, May 27 through September 4; and between Seattle and Portland, daily, April 20 through September 30. Seasonal programs and schedules are subject to change. Visit nps.gov/trailsandrails and amtraktoparks.com.

COAST STARLIGHT ROUTE MAP and SYMBOLS



Airport Connections

Los Angeles International Airport

FlyAway bus service operates directly from Los Angeles Union Station to all terminals of Los Angeles International Airport. Buses depart on the half hour from 5:00 a.m.-1:00 a.m. and hourly thereafter. Travel time is 40-45 minutes. Tickets (\$7.00 adult) for buses are available at the 24-hour kiosk at Berth 9 at the Gateway Transit Center on the east side of Union Station. No reservations needed. For information (or to learn about limited FlyAway service from Irvine rail station) contact: www.lawa.org, 1-866-435-9529 or (818) 994-5554.

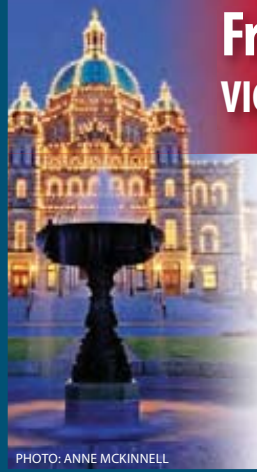
Burbank-Bob Hope Airport

The Burbank-Bob Hope Airport train station/Thruway bus stop is one short block from the main air terminal. Shuttle service between the rail station and airport terminal is available on call from the courtesy telephone on the sidewalk by the Empire Avenue crosswalk. Rental car agencies are located between the rail station and airport.

Seattle-Tacoma International Airport

Sound Transit Link Light Rail offers an easy, direct connection from Seattle Amtrak Station to SEA-TAC Airport. Walk out King St. exit, turn left to the Weller Street Pedestrian Overpass and follow it directly two blocks to the International District Station. Trains run every 8-15 minutes 5:00 a.m. - 2:00 a.m. Travel time is 36 minutes. Tickets are sold by machine at the entrance. Sound Transit Information: 1-888-889-6368 or www.soundtransit.org.

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Thruway Bus Connections

Portland • Albany • Corvallis • Newport

(Valley Retriever)

501		507		Connecting Train Number				504		507	
8551		8575		Thruway Number				8550		8552	
Daily	Su-Fr	Mile	▼	Days of Operation	Symbol	▲	Daily	Su-Fr	Daily	Su-Fr	
	7 20P	0	Dp	Portland, OR (PT) -Greyhound Station	○	Ar				7 15P	
	8 50P	22	Ar	Salem, OR -Greyhound Station	○	▲				5 30P	
10 55A		*	Dp	Bend, OR-Bus Station	○	▲	10 40A				
2 30P	9 15P	77	▼	Albany, OR -Amtrak Station	○	▲	6 55A			5 00P	
3 00P	9 45P	88	▼	Corvallis, OR -Greyhound Station	○	▲	6 40A			4 35P	
4 00P	10 50P	148	▼	Toledo, OR -Dairy Queen	○	▲	5 40A			3 40P	
4 10P	11 00P	156	Ar	Newport, OR (PT) -Valley Retriever Sta.	○	Dp	5 30A			3 30P	

* Bend to Albany is 126 miles.

Redmond • Bend • Chemult

(HighDesert POINT-Oregon DOT/ITAC Transportation)

14		11		Connecting Train Number				14		11	
6114		6111		Thruway Number				6214		6211	
Daily	Daily	Mile	▼	Days of Operation	Symbol	▲	Daily	Daily	Daily	Daily	
7 00A	5 20P	0	Dp	Redmond Airport, OR (PT)	○	Ar	11 50A			10 30P	
			▼	Bend, OR -Riverhouse Resort -Transit Center	○	▲	11 30A			D10 00P	
7 25A	5 50P	30	▼	Sunriver, OR-Shell Sta.	○	▲	11 15A			D9 45P	
7 40A	6 05P	15	▼	La Pine, OR-Shell Sta.	○	▲	10 45A			D9 15P	
8 15A	6 35P	30	▼	Chemult, OR -Amtrak Station (PT)	○	Dp	10 25A			D8 50P	
8 40A	7 00P	25	Ar		○	▲	9 45A			8 10P	

NOTE—Redmond Airport pickup requires that a reservation be made with Amtrak at least 2 hours prior to departing the airport, or by calling TAC Transportation at (541) 480-6756.

Ontario • Bend • Eugene • Coos Bay

(TAC Transportation/Porter Stage Lines)

11		Connecting Train Number				14		11	
8410/8310		Thruway Number				8409/8309		8311	
Daily	Mile	▼	Days of Operation	Symbol	▲	Daily	Mo-Fr	Daily	Mo-Fr
10 10A	0	Dp	Ontario, OR (MT) -Greyhound Station	○	Ar	9 05P			
10 35A	17	▼	Vale, OR (MT) -Fletcher Chevron	○	▲	8 40P			
12 05P	131	▼	Burns, OR (PT) -Figaro's Italian Kitchen	○	Ar	5 20P			
2 25P	261	Ar	Bend, OR-Bus Station	○	Dp	3 00P			
3 00P		Dp			Ar	2 35P			
5 25P	388	Ar	Eugene-Springfield, OR	●	Dp	11 40A			
5 30P		Dp			Ar	11 35A			3 00P
D7 05P	449	▼	Florence, OR-2nd & U.S. 101	○	▲	10 20A			1 35P
D7 35P	469	▼	Reedsport, OR -Jitterbug 'N Java	○	▲	9 50A			1 05P
8 05P	496	Ar	Coos Bay, OR-Bus Sta. (PT)	○	Dp	9 20A			12 35P

Connecting Local Services in Southern California

Metrolink provides commuter rail service radiating from Los Angeles Union Station including Lancaster, the Antelope Valley, downtown Burbank, Oxnard, Riverside, San Bernardino, and supplements Pacific Surfliner service between Oxnard and Oceanside (through Los Angeles). (800) 371-5465; metrolinktrains.com

San Diego Metropolitan Transit System operates bus and the San Diego Trolley light rail service. Direct service to San Diego's Amtrak station. Cross-platform transfer at San Diego-Old Town station for San Diego Chargers home games at Qualcomm Stadium and at San Diego Amtrak Station for San Diego Padres games at Petco Park. (619) 233-3004; sdcommute.com

Brookings • Medford • Klamath Falls

(SouthWest POINT-Oregon DOT/The Shuttle)

8711		Thruway Number				8714		
Daily	Mile	▼	Days of Operation	Symbol	▲	Daily	Daily	
8 00A	0	Dp	Brookings, OR -SW Point Bus Depot	○	Ar	7 50P		
8 20A	9	▼	Smith River, CA -Lucky 7 Casino Store	○	▲	7 30P		
8 45A	26	▼	Crescent City, CA-Cultural Center	○	▲	7 05P		
10 15A	79	▼	Cave Junction, OR-Junction Inn	○	▲	5 40P		
11 10A	108	▼	Grants Pass, OR-Greyhound Sta.	○	▲	4 50P		
11 35A	123	▼	Gold Hill, OR-Ray's Market	○	▲	4 25P		
3 30P	137	▼	Medford, OR-RVTA	○	▲	12 50P		
4 00P		▼	Ashland, OR-Safeway	○	▲	1 10P		
4 25P	144	▼	White City, OR-Cascade Bingo	○	Ar	12 30P		
9 05P	227	Ar	Klamath Falls, OR-Amtrak Sta.(PT)	●	Dp	10 30A		
11	Connecting Train Number				14			

NOTE—At the Medford RVTA/Greyhound station, bus 8714 lays over between 12:50 p.m. and 3:30 p.m.; bus 8711 lays over between 12:20 p.m. and 3:30 p.m. Restaurants are within walking distance.

99 Bus 8711 arrives at the Shuttle's Waiting Room in Klamath Falls at 6:05 p.m. The Shuttle will take passengers and their baggage to the Amtrak station at 8:25 p.m. Restaurants are within walking distance or short cab ride.

Emeryville • Oakland • San Francisco

(Amtrak Thruway)

5011		Thruway Number				5014		
Daily	Mile	▼	Days of Operation	Symbol	▲	Daily	Daily	
8 25A	0	Dp	Emeryville, CA-Amtrak Station (PT)	●	Ar	9 50P		
		Ar	San Francisco, CA	○	▲	9 25P		
D8 55A	9	▼	-Financial District, Hyatt Regency	○	▲	9 10P		
D9 00A		▼	-Ferry Bldg., Amtrak Station	○	▲	9 00P		
D9 10A	10	▼	-Fisherman's Wharf, Pier 39	○	▲	8 50P		
D9 25A	11	Ar	-S.F. Shopping Ctr., 835 Market St.	○	Dp			
9 30A	11	Ar	-Caltrain Station-4th & King Sts.	○	▲			
6011	Thruway Number				6014			
6 55A	0	Dp	San Francisco, CA	○	Ar	10 40P		
7 05A	0	▼	-Caltrain Station-4th & King Sts.	○	▲	D10 25P		
7 25A	1	▼	-S.F. Shopping Ctr., 835 Market St.	○	▲	D10 10P		
7 45A	2	▼	-Fisherman's Wharf, Pier 39	○	▲	10 05P		
7 10A	2	▼	-Ferry Bldg., Amtrak Station	○	▲	10 05P		
8 25A	11	Ar	Oakland, CA-Jack London Sq. (PT)	●	Dp	9 45P		

Salinas • Monterey • Carmel

(MV Transportation)

11		14		Connecting Train Number				11		14	
3611		3614		Thruway Number				3511		3514	
Daily	Mile	▼	Days of Operation	Symbol	▲	Daily	Mo-Fr	Daily	Mo-Fr		
11 50A	6 40P	0	Dp	Salinas, CA (PT) -Amtrak Station	●	Ar	11 20A	6 15P			
		▼	Monterey, CA	○	▲						
D12 25P	D7 15P	18	▼	-Hyatt Regency	○	▲	R10 45A	R5 30P			
D12 30P	D7 20P	19	▼	-Marriott	○	▲	R10 20A	R5 00P			
D12 33P	D7 23P	19	▼	-Travelodge	○	▲	R10 05A	R4 45P			
D12 35P	D7 30P	19	▼	-Transit Plaza	○	▲	R10 30A	R5 20P			
D12 45P	D7 35P	20	▼	-Monterey Bay Aquarium	○	▲	R10 15A	R4 55P			
1 10P	7 45P	22	Ar	Carmel, CA (PT)	○	Dp	9 50A	4 30P			

78 Bus will discharge passengers on request at Monterey Airport rental car offices.

See other side for Shading Key, Route Map and Symbols.

Connecting Local Services

Seattle—

Seattle Metro light rail and bus: (206) 553-3000 or 1-800-542-7876; metro.kingcounty.gov

Sound Transit Sounder commuter rail and Tacoma and Central Rail Service: (206) 398-5000 or 1-800-201-4900; soundtransit.org

Portland—

Tri-Met light rail, bus and streetcar system: (503) 238-7433; trimet.org