

Train Name ▶				Thruway 🚚	Amtrak Cascades	Amtrak Cascades Thruway 🚚	Thruway 🚚	Amtrak Cascades	Thruway 🚚	Thruway 🚚	Thruway 🚚	Thruway 🚚	Thruway 🚚	Thruway 🚚	Thruway 🚚	Amtrak Cascades		
Train Number ▶				5541	511	501/5501	5503	513	5545	8911/11 Coast Starlight	517/5517 Thruway 🚚	8907/505 Amtrak Cascades	5547	8909/507/ 5507 Thruway 🚚	5677	8957	519	
Normal Days of Operation ▶				Daily	Mo-Fr ¹	Daily	Mo-Fr ¹	SaSuHo ²	SaSu	Daily	Daily	Daily	Daily	Daily	Daily	Daily		
On Board Service ▶				R🚚	R🚚 B🚚 C🚚	R🚚 B🚚 C🚚	R🚚	R🚚 B🚚	R🚚	R🚚 🍴 B🚚 C🚚	R🚚 B🚚 C🚚	R🚚 B🚚 C🚚	R🚚	R🚚 B🚚 C🚚	R🚚	R🚚	R🚚 B🚚 C🚚	
				Mile	Symbol	▼												
Vancouver, BC (PT) —Pacific Central Station				0	●🚚	Ar Dp				Cantrail 5 30A	🕒6 35A	Cantrail 9 00A		Cantrail 11 30A		Cantrail 4 00P	🕒5 45P	
Richmond, BC —Sandman Signature Hotel				12	○	↓				Cantrail R5 50A		Cantrail R9 30A		Cantrail R12 00N		Cantrail R4 30P		
Bellingham, WA (Alaska Marine Highway)				62	●🚚												🕒7 44P	
Mount Vernon, WA				88	○🚚												8 13P	
Stanwood, WA				103	○🚚												8 35P	
Everett, WA				123	●🚚												9 07P	
Edmonds, WA				139	●🚚												9 30P	
Seattle, WA (Victoria, BC 🚚—see page 3) 🚚 Port Angeles—see page 3				157	●🚚	Ar Dp				9 00A	🕒11 00A	12 45P		3 30P		7 45P	🕒10 10P	
Tukwila, WA (SeaTac Airport 🚚)				11	○🚚	↓												
Tacoma, WA				39	●🚚													
Olympia-Lacey, WA				75	🔲○🚚													
Centralia, WA				94	●🚚													
Kelso-Longview, WA				137	🔲○🚚													
Vancouver, WA				177	●🚚													
Portland, OR 🚚 Boise, Seaside, Astoria—see page 3-4				187	●🚚	Ar Dp												
Oregon City, OR				202	○🚚	↓	Cascades POINT 7 00A	🕒9 45A										
Woodburn, OR				222	○🚚			10 08A										
Salem, OR				239	●🚚													
Albany, OR				267	●🚚													
Eugene-Springfield, OR 🚚 Florence, Coos Bay—see pg. 4				310	●🚚	↓	Cascades POINT D9 40A	🕒12 20P										
University of Oregon- Eugene, OR 🚚				310	○🚚	Ar												

SCHEDULES EFFECTIVE 1/2/20

Service on Amtrak Cascades®

- 🔲 Coaches: Reservations required.
- 🔲 Business class service available. Reservations required. For more information visit Amtrak.com/business-class.
- 🚗 Sleeping cars. For more information, visit Amtrak.com/sleeping-accommodations.
- 🍴 Traditional Dining Service: Complimentary for Sleeping Car customers and available for purchase by Coach and Business Class customers. For more information, visit Amtrak.com/traditionaldining.com.
- 🚚 Lounge/Bistro cars: Sandwiches, snacks and beverages on all trains.

- 🔲 Checked baggage at select stations.
- 🔲 Wi-Fi available.
- ① Will not operate 1/20, 2/17, 5/25, 7/3 and 9/7.
- ② Will also operate 1/20, 2/17, 5/25, 7/3 and 9/7.
- ③ Must have paid ticket to board.

All Amtrak services and stations are non-smoking.

See page 2 for Shading Key; pages 3-4 for Thruway Connections; page 4 for Route Map and Symbols Key; and page 5 for Connecting Local Services and Airport Connections.

🚚 Unboxed Bicycles: Amtrak Cascades trains are equipped with a limited number of bicycle racks for carrying unboxed bicycles. Reservations are required; passengers must lift the bicycle to shoulder height to put it into and pick it up from the baggage car. Bicycles in a bicycle box may also be checked on the Amtrak Cascades and the Coast Starlight between stations that offer checked baggage service; nominal fees also apply. Certain connecting Thruway buses also carry bicycles. Consult agent or visit Amtrak.com/bikes for more information.

📍 NOTE—Proper documentation is required to cross U.S./Canadian border when traveling on the Amtrak Cascades. Visit Amtrak.com/Crossing the Border.

This service is financed primarily through funds made available by the Washington State and Oregon State Departments of Transportation.



Train Name ▶	Amtrak Cascades		Thruway	Amtrak Cascades	Thruway	Thruway	Amtrak Cascades	Amtrak Cascades	Thruway	Coast Starlight	Thruway	Thruway	Amtrak Cascades	Thruway
	516	8948	500/5622	5502/502/8900	5544	5504/504/8906	506	5518/518	14/8914	5528	5506	508	5548	
Normal Days of Operation ▶	Daily	Daily	Mo-Fr ¹	SaSuHo ²	Daily	Mo-Fr ¹	SaSu ²	Daily	Daily	Daily	Daily	Daily	Daily	
On Board Service ▶	R B ☕ 🚰 🚲	R	R B ☕ 🚰 🚲	R B ☕ 🚰 🚲	R ☕	R B ☕ 🚰 🚲	R B ☕ 🚰 🚲	R B ☕ 🚰 🚲	R ☕ 🚰 🚲	R ☕ 🚰 🚲	R ☕ 🚰 🚲	R ☕ 🚰 🚲	R B ☕ 🚰 🚲	R ☕
	Mile	Symbol												
University of Oregon- Eugene, OR (PT)	0	○	Dp											
Eugene-Springfield, OR	0	● & QT		☏5 30A	Cascades POINT R5 30A	Cascades POINT R7 30A	Cascades POINT R8 25A	☏9 00A	Cascades POINT R11 55A	☏12 36P	Cascades POINT R1 15P	Cascades POINT R2 30P	☏4 30P	Cascades POINT R5 45P
☏ Florence, Coos Bay—see pg. 4														
Albany, OR	44	● & QT		6 11A	6 25A	8 20A	9 20A	9 41A	☏12 45P	☏1 22P	2 05P	3 25P	☏5 11P	6 35P
Salem, OR	72	● & QT		☏6 41A	7 00A	8 55A	10 00A	☏10 11A	☏1 25P	☏1 55P	2 40P	3 55P	☏5 41P	7 15P
Woodburn, OR	88	○			☏7 20A	☏9 25A	☏10 30A		☏1 55P			☏4 25P		
Oregon City, OR	108	○		7 24A				10 54A					6 24P	D7 55P
Portland, OR ☏ Boise, Seaside, Astoria—see page 3-4	124	● & QT	Ar Dp	☏8 05A	8 05A	10 15A	11 15A	☏11 35A	☏2 40P	☏3 32P	3 50P	5 10P	☏7 05P	8 45P
Vancouver, WA	134	● & QT		☏8 20A	☏8 20A		☏12 00N	☏12 00N	☏3 00P	☏3 56P			☏7 20P	
Kelso-Longview, WA	173	☏ & QT		☏8 38A	☏8 38A		☏12 18P	☏12 18P	☏3 18P	☏4 16P			☏7 38P	
Centralia, WA	216	☏ & QT		9 11A	9 11A		12 51P	12 51P	3 51P	4 51P			8 11P	
Olympia-Lacey, WA	235	☏ & QT		☏9 52A	☏9 52A		☏1 32P	☏1 32P	☏4 32P	☏5 36P			8 52P	
Tacoma, WA	271	☏ & QT		10 13A	10 13A		1 53P	1 53P	4 53P	6 01P			9 13P	
Tukwila, WA (SeaTac Air. ⬆)	299	○		☏10 55A	☏10 55A		☏2 35P	☏2 35P	☏5 35P	☏6 50P			☏9 55P	
Seattle, WA	310	● & QT	Ar Dp	11 23A	11 23A		3 03P	3 03P	6 03P	☏10 23P				
(Victoria, BC ☏—see page 3) ☏ Port Angeles—see page 3	0	○		☏11 50A	☏11 50A		☏3 30P	☏3 30P	☏6 30P	☏7 56P			☏10 50P	
Edmonds, WA	18	● & QT	Ar	☏7 45A	Cantrail 10 45A	Amtrak Chartered Motorcoach (Daily) 12 15P	Cantrail (Daily) 1 45P	Cantrail (Daily) 4 45P	☏7 00P	Cantrail 9 00P				
Everett, WA	34	● & QT		☏8 11A					☏7 27P					
Stanwood, WA	54	○		☏8 36A					☏7 52P					
Mount Vernon, WA	69	☏ & QT		9 06A	1 00P				8 22P					
Bellingham, WA	95	● & QT		9 22A	1 45P				8 35P					
(Alaska Marine Highway)				☏9 52A	2 15P				☏9 05P					
Richmond, BC	132	○		1 45P										
—Sandman Signature Hotel														
Vancouver, BC (PT)	157	●	Ar	☏11 45A	2 15P				☏11 00P	12 15A				
—Pacific Central Station														

SCHEDULES EFFECTIVE 1/2/20

Service on Amtrak Cascades®

- ☐ **Coaches:** Reservations required.
- ☐ **Business class service available. Reservations required.** For more information visit Amtrak.com/business-class.
- ☐ **Sleeping cars.** For more information, visit Amtrak.com/sleeping-accommodations.
- ☒ **Traditional Dining Service:** Complimentary for Sleeping Car customers and available for purchase by Coach and Business Class customers. For more information, visit Amtrak.com/traditionaldining.com.
- ☐ **Lounge/Bistro cars:** Sandwiches, snacks and beverages on all trains.

- ☐ Checked baggage at select stations.
- ☐ Wi-Fi available.
- 1 Will not operate 1/20, 2/17, 5/25, 7/3 and 9/7.
- 2 Will also operate 1/20, 2/17, 5/25, 7/3 and 9/7.
- 3 Must have paid ticket to board.
- 4 Time is available at Eugene to ticket University of Oregon passengers.

All Amtrak services and stations are non-smoking.

See pages 3-4 for Thruway Connections; page 4 for Route Map and Symbols Key; and page 5 for Connecting Local Services and Airport Connections.

- ☐ **Unboxed Bicycles:** Amtrak Cascades trains are equipped with a limited number of bicycle racks for carrying unboxed bicycles. Reservations are required; passengers must lift the bicycle to shoulder height to put it into and pick it up from the baggage car. Bicycles in a bicycle box may also be checked on the Amtrak Cascades and the Coast Starlight between stations that offer checked baggage service; nominal fees also apply. Certain connecting Thruway buses also carry bicycles. Consult agent or visit Amtrak.com/bikes for more information.

SHADING KEY

- Daytime train
- Overnight train
- Thruway and connecting services

This service is financed primarily through funds made available by the Washington State and Oregon State Departments of Transportation.

Pacific Coast Thruway Connections

Victoria • Seattle (Clipper Vacations)

7403		Thruway Number					7402	
Daily	Mile	▼	Days of Operation	Symbol	▲	Daily		
5 00P	0	Dp	Victoria, BC -Inner Harbour (PT)	Ar		10 45A		
7 45P	105	Ar	Seattle, WA -Pier 69 (PT)	Dp		8 00A		

NOTE—Schedules vary by date during this timetable period. Sample schedules are shown and additional frequencies may operate. Consult agent for details. Reservations must be booked through Amtrak at least 48 hours in advance, or contact Clipper Vacations directly at 1-800-888-2535.

Kettle Falls • Spokane (Gold Line)

8849		7/8		Connecting Train Number				7/8		8848	
8831		8833		Thruway Number				8832		8834	
Daily	Daily	Mile	▼	Days of Operation	Symbol	▲	Daily	Daily	Daily	Daily	
7 30A	1 45P	0	Dp	Kettle Falls, WA (PT)	○	Ar	1 45P	7 55P	7 45A	2 00P	
7 45A	2 00P	9		Colville, WA	○		1 30P	7 40P	8 20A	2 35P	
8 20A	2 35P	31		Chewelah, WA	○		12 55P	7 05P	8 45A	3 00P	
8 45A	3 00P	48		Loon Lake, WA	○		12 30P	6 40P	9 05A	3 20P	
9 05A	3 20P	58		Deer Park, WA	○		12 15P	6 25P	9 50A	4 05P	
9 50A	4 05P	60	Ar	Spokane, WA (PT)	● & QT	Dp	11 35A	5 45P			

NOTE—Kettle Falls-Spokane Thruway buses do not operate on certain major holidays.

Multiride Tickets on Thruway Bus Services

Passengers holding multiride tickets should be aware that reserved and ticketed passengers have priority seating on Amtrak Thruway buses.

SYMBOLS KEY

- QT Quik-Trak self-serve ticketing kiosk
- Unstaffed station
- Staffed Station with ticket office; may or may not be open for all train departures.
- ♻ Station wheelchair accessible; no barriers between station and train.
- ♿ Station wheelchair accessible; not all station facilities accessible.

Vancouver • Victoria (BC Ferries Connector)

Connecting Train Number				510		8948		8900	
Thruway Number		8427*		8429		8431*		8433	
Days of Operation		Daily		Daily		Daily		Daily	
Vancouver, BC—Pacific Central Sta. (PT)	Dp	7 30A	9 45A	11 45A	1 30P	3 30P	5 30P		
Victoria, BC—Capital City Station (PT)	Ar	11 20A	1 20P	3 20P	5 20P	7 20P	9 20P		

SHADING KEY

Thruway and connecting services

See page 4 for additional Thruway Connections.

Victoria • Vancouver (BC Ferries Connector)

Connecting Train Number		8909				517			
Thruway Number		8424*		8426		8428		8430*	
Days of Operation		Daily		Daily		Daily		Daily	
Victoria, BC—Capital City Station (PT)	Dp	5 45A	7 45A	9 45A	11 45A	1 45P	3 45P	5 45P	
Vancouver, BC—Pacific Central Sta. (PT)	Ar	9 40A	11 40A	1 40P	3 40P	5 40P	7 40P	9 40P	

* Days of operation vary seasonally. Visit Amtrak.com or call 1-800-USA-RAIL for schedules operating on your intended travel date.

Seattle • Port Angeles (Dungeness Line)

500		506		Connecting Train Number				507		509	
8776		8778		Thruway Number				8777		8779	
Daily	Daily	Mile	▼	Days of Operation	Symbol	▲	Daily	Daily	Daily	Daily	
12 35P	7 55P	0	Dp	Seattle, WA** (PT) -King Street Station	● & QT	Ar	9 15A	4 30P			
1 15P	8 45P	48		Edmonds, WA**	● & QT		8 35A	3 50P			
2 10P	9 40P	74		Kingston, WA**	○		7 35A	2 50P			
3 00P	10 30P	85		Discovery Bay, WA	○		6 55A	2 00P			
3 10P	10 40P	111		Port Townsend, WA	○		6 45A	1 45P			
3 40P	11 10P	131		Sequim, WA	○		6 15A	1 15P			
4 10P	11 40P	138	Ar	Port Angeles, WA (PT)	○	Dp	5 45A	12 40P			

NOTE—Port Townsend - transfer at Discovery Bay. Schedule times may change seasonally. Please be at departure location 15 minutes prior to time printed above.

** Stops by reservation only.

Portland • Pendleton • Boise (Greyhound)

501		Connecting Train Number				508	
8451		Thruway Number				8452	
Daily	Mile	▼	Days of Operation	Symbol	▲	Daily	Daily
12 10P	0	Dp	Portland, OR (PT) -Greyhound bus stop	○	Ar		4 20P
1 20P	62	Ar	Hood River, OR	○			3 10P
1 50P	83		The Dalles, OR	○			2 40P
4 25P	208		Pendleton, OR	○			11 50A
5 35P	259		La Grande, OR	○			10 40A
6 25P	304		Baker City, OR (PT)	○			9 50A
9 15P	374		Ontario, OR (MT)	○ & ♻			9 00A
10 00P	417		Nampa, ID	○			8 15A
10 30P	435	Ar	Boise, ID (MT) -Greyhound Station	○	Dp		7 45A

NOTE—Greyhound Portland connections arrive and depart by the parking structure at 7411 NW Station Way, one block north of Union Station. The Greyhound ticket office is located one block south from the Portland Union Station.

Pacific Coast Thruway Connections

Portland • Astoria (NorthWest POINT)

500	517	Connecting Train Number				504	507
5500	5564	Thruway Number				5563	5565
Daily	Daily	Mile	▼	Days of Operation	Symbol	▲	Daily
9 30A	6 20P	0	Dp	Portland, OR (PT) -Union Station	●ⓂQT	Ar	11 28A 9 10P
9 50A	6 39P	28	↓	Beaverton, OR	○	↑	10 52A 8 43P
10 50A	7 40P	55	↓	Elsie, OR	○Ⓜ	↑	9 50A 7 30P
11 20A	8 08P	80	↓	Cannon Beach, OR -Family Market	○Ⓜ	↑	9 20A 7 00P
11 42A	8 28P	89	↓	Seaside, OR -Seaside Lodge	○	↑	9 03A 6 35P
11 45A	8 31P	90	↓	-Seaside Cinema	○	↑	9 00A 6 30P
11 50A	8 37P	91	↓	Gearhart, OR	○Ⓜ	↑	8 53A 6 25P
12 03P	8 50P	100	↓	Warrenton, OR -Fred Meyers	○Ⓜ	↑	8 40A 6 15P
12 22P	9 02P	106	Ar	Astoria, OR (PT) -Transit Center	○Ⓜ	Dp	8 30A 6 00P

Redmond • Bend • Chemult (Pacific Crest Bus Lines)

14	11	Connecting Train Number				14	11
6114	6111	Thruway Number				6214	6211
Daily	Daily	Mile	▼	Days of Operation	Symbol	▲	Daily
6 50A	5 00P	0	Dp	Redmond Airport, OR ✈️ (PT)	○Ⓜ	Ar	11 45A 10 30P
7 30A	6 05P	17	↓	Bend, OR-Hawthorne	○Ⓜ	↑	11 10A D9 45P
8 05A	6 35P	31	↓	Sunriver, OR-Shell Sta.	○Ⓜ	↑	10 40A D9 15P
8 30A	7 00P	47	↓	La Pine, OR-Shell Sta.	○Ⓜ	↑	10 20A D8 50P
9 10A	7 40P	82	Ar	Chemult, OR -Amtrak Station (PT)	○Ⓜ	Dp	9 40A 8 10P

NOTE—Redmond Airport pickup requires that a reservation be made with Amtrak at least 2 hours prior to departing the airport, or by calling Pacific Crest Bus Lines at (541) 480-6756.

Ontario • Bend • Eugene • Coos Bay

(Eastern POINT Ontario-Bend and Pacific Crest Bus Lines Bend-Coos Bay)

11	Connecting Train Number				14
8410/8310	Thruway Number				8309/8409
Daily	Mile	▼	Days of Operation	Symbol	▲
9 05A	0	Dp	Ontario, OR (MT)	○Ⓜ	Ar
9 30A	17	Dp	Vale, OR-Sinclair Station (MT)	○Ⓜ	Ar
10 30A	131	Dp	Burns, OR (PT) -Figaro's Italian Kitchen	○Ⓜ	Ar
12 50P	261	Ar	Bend, OR-Hawthorne Intermodal Center	○Ⓜ	Dp
*1 00P		Dp			Ar
*4 00P	388	Ar	Eugene-Springfield, OR	●ⓂQT	Dp
*4 10P		Dp			Ar
*D5 20P	449	Dp	Florence, OR -2nd & U.S. 101	○	Dp
*D5 50P	469	Dp	Reedsport, OR -Lion's Park	○	Dp
*6 30P	496	Ar	Coos Bay, OR-TAC Bus Station (PT)	○	Dp

*NOTE—Buses 8309/8310 operate daily except Thanksgiving or Christmas day between Bend and Coos Bay, OR.

AMTRAK CASCADES ROUTE MAP and SYMBOLS



- SYMBOLS KEY**
- D Stops only to discharge passengers; train may leave before time shown.
 - R Stops only to receive passengers.
 - MT Mountain time
 - PT Pacific time
 - Bus stop
 - ✈️ Airport connection
 - ⚓ Ferry connection
 - QT Quik-Trak self-serve ticketing kiosk
 - Unstaffed station
 - Ⓜ Host station. See below.
 - Staffed ticket office; may or may not be open for all train departures
 - ♿ Station wheelchair accessible; no barriers between station and train
 - Ⓜ Station wheelchair accessible; not all station facilities accessible

Washington Station Hosts

Washington State Station Hosts. Volunteer station hosts assist passengers with schedules, boarding and general inquiries at Olympia-Lacey and Kelso-Longview.

Multiride Tickets on Thruway Bus Services

Passengers holding multiride tickets should be aware that reserved and ticketed passengers have priority seating on Amtrak Thruway buses.

SHADING KEY

Thruway and connecting services

SYMBOLS KEY

- D Stops only to discharge passengers; train may leave before time shown.
- ✈️ Airport connection
- ⚓ Ferry connection
- QT Quik-Trak self-serve ticketing kiosk
- Unstaffed station
- Staffed Station with ticket office; may or may not be open for all train departures.
- ♿ Station wheelchair accessible; no barriers between station and train.
- Ⓜ Station wheelchair accessible; not all station facilities accessible.

See page 3 for additional Thruway Connections.

PACIFIC NORTHWEST — TRAIN AND THRUWAY SERVICE



Multiride Tickets on Thruway Bus Services
Passengers holding multiride tickets should be aware that reserved and ticketed passengers have priority seating on Amtrak Thruway buses.

Connecting Local Services

Vancouver, BC—
TransLink Skytrain, bus and ferry service: (604) 953-3333; translink.ca
West Coast Express commuter rail: (604) 488-8906 or 1-800-570-7245; westcoastexpress.com
Mount Vernon—
Skagit Transit bus service in Mount Vernon and “Island Connector” service to Anacortes and Oak Harbor:(360) 757-4433; skagittransit.org
Seattle—
Seattle Metro light rail and bus: (206) 553-3000 or 1-800-542-7876; metro.kingcounty.gov
Sound Transit Sounder commuter rail and Tacoma and Central Rail Service: (206) 398-5000 or 1-800-201-4900; soundtransit.org
Portland—
Tri-Met light rail, bus and streetcar system: (503) 238-7433; trimet.org
Lacey—Downtown Olympia
Intercity Transit offers frequent daily service between the Amtrak station in Lacey and the Olympia Transit Center in downtown Olympia, as well as other regional locations. For information call (360) 786-1881 or visit www.intercitytransit.com.

Airport Connections

Seattle-Tacoma International Airport
Sound Transit Link Light Rail offers an easy, direct connection from Seattle Amtrak Station to SEA-TAC Airport. Walk out King St. exit, turn left to the Weller Street Pedestrian Overpass and follow it directly two blocks to the International District Station. Trains run every 8-15 minutes 5:00 a.m. - 2:00 a.m. Travel time is 36 minutes. Tickets are sold by machine at the entrance. Sound Transit Information: 1-888-889-6368 or www.soundtransit.org.
Portland International Airport
TriMet’s MAX Red Line light rail service connects Portland International Airport, E/NE Portland, downtown Portland and Amtrak at Portland Union Station. For complete schedules and more information, visit www.trimet.org/schedules/maxredline.htm.

Alaska Connections

Alaska Marine Highway
 In addition to Amtrak, Bellingham’s multi-modal transportation facility serves the vessels of the Alaska Marine Highway. Service is available to Ketchikan, Wrangell, Petersburg, Juneau, Sitka, Haines and Skagway. For information and reservations call 1-800-642-0066 (TDD/TTY 1-800-764-3779) or visit www.ferryalaska.com.