

Effective MAY 10, 2010



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AMTRAK CASCADES-Southbound

Vancouver, BC • Seattle • Tacoma • Portland • Salem • Eugene

Train Name ▶		Cascades	Coast Starlight	Cascades	Thruway	Cascades	Thruway	Thruway	Cascades	Thruway	Cascades
Train Number ▶		501	11	513	☞	507	☞	☞	509	☞	517
Normal Days of Operation ▶		Daily	Daily	Daily	Daily	Daily	Fr/Su*	Daily	Daily	Daily	Daily
On Board Service ▶		R B ☞ ☞	R ☞ ☞ ☞	R B ☞ ☞	R	R B ☞ ☞	R	R	R B ☞ ☞	R	R ☞ ☞
	Mile	Symbol	▼								
Vancouver, BC—Pacific Central Station (PT)	0	● ☞	Dp	☞ 5 30A	6 40A	☞ 8 00A		☞ 11 30A		☞ 5 00P	☞ 5 45P
Richmond, BC—Sandman Signature Hotel	12	○		☞R 5 50A		☞R 8 30A		☞R 12 00N		☞R 5 30P	
Surrey, BC—Pacific Inn	29	○		☞R 6 20A		☞R 9 00A		☞R 12 30P		☞R 6 00P	
Bellingham, WA (Alaska Marine Highway)	62	● ☞QT			8 35A				☞ 2 50P		7 40P
Mount Vernon, WA	88	● ☞QT			9 05A				☞ 3 25P		8 12P
Stanwood, WA		○			9 18A						8 25P
Everett, WA	123	● ☞QT			☞ 10 02A				☞ 4 10P		8 59P
Edmonds, WA	139	● ☞QT		▼	☞ 10 27A	▼		▼		▼	9 24P
Seattle, WA	157	● ☞QT	Ar	☞ 9 00A	☞ 11 05A	☞ 12 00N		☞ 3 30P	☞ 5 00P	☞ 8 30P	☞ 10 10P
Seattle, WA (Victoria, BC ☞ ☞ Port Angeles—see back)	0	● ☞	Dp	☞ 7 30A	☞ 9 45A	☞ 11 25A	☞ 2 20P		☞ 5 30P		
Tukwila, WA (SeaTac Airport ↗)	11	○ ☞		7 45A	☞ 11 40A		2 35P		5 45P		
Tacoma, WA	39	● ☞QT		☞ 8 15A	☞ 10 31A	☞ 12 10P	☞ 3 05P		☞ 6 15P		
Olympia-Lacey, WA	75	○ ☞QT		8 54A	11 21A	12 49P	3 44P		6 54P		
Centralia, WA	94	○ ☞		9 16A	☞ 11 45A	☞ 1 08P	☞ 4 03P		7 13P		
Kelso-Longview, WA	137	○ ☞QT		9 54A	12 29P	1 49P	☞ 4 44P		7 54P		
Vancouver, WA	177	● ☞QT		☞ 10 29A	☞ 1 08P	☞ 2 24P	☞ 5 19P		☞ 8 29P		
Portland, OR ☞ Boise, Seaside, Astoria—see back	187	● ☞	Ar	☞ 11 00A	☞ 1 50P	☞ 2 55P	☞ 5 50P		☞ 9 00P		
Portland, OR	187	● ☞QT	Dp	☞☞ 11 30A	☞ 2 25P	☞☞ 3 20P	☞ 5 45P	☞ 6 15P	☞ 7 30P	☞ 9 10P	
Oregon City, OR	202	● ☞						6 36P		9 31P	
Salem, OR	239	● ☞		☞☞ 12 30P	☞ 3 37P	☞☞ 4 20P	☞ 6 45P	7 22P	☞D 8 30P	10 17P	
Albany, OR ☞ Corvallis, Newport—see back	267	● ☞		☞☞ 1 05P	☞ 4 10P	☞☞D 4 55P	☞D 7 20P	7 51P	☞D 9 05P	10 46P	
Eugene-Springfield, OR ☞ Florence, Coos Bay—see back	310	● ☞QT		☞☞ 1 55P	☞ 5 10P	☞☞ 5 45P	☞ 8 10P	☞ 8 50P	☞D 9 55P	☞ 11 45P	
University of Oregon-Eugene, OR ☞ (PT)	310	○ ☞	Ar		☞ 6 00P	☞ 8 25P		☞ 10 10P			

Service on Amtrak Cascades® Trains

- ☞ **Coaches: Reservations required.**
- ☞ **Cascades Business class service.**
- ↗ Airport connection.
- ☞ **Sleeping cars:**
 - Superliner sleeping accommodations on Trains 11 and 14, the Coast Starlight
 - Amtrak's Metropolitan Lounge available in Portland for Sleeping car service passengers.
- ☞ **Dining cars:** Complete meal service on Trains 11 and 14.
- ☞ **Lounge/Bistro cars:** Sandwiches, snacks and beverages on all trains.
- ☞ **Entertainment:** Feature movies and music.
- ☞ **Bicycles:** Trains 500 through 517 are equipped with a limited number of bike racks for carrying unboxed bicycles.
 - Reservation required; service charge applies.
 - The passenger brings the bicycle to and picks it up from the baggage car.
 - Certain connecting Thruway buses also carry bicycles. Consult agent.
- ☞ **Friday/Sunday Express bus** departs University of Oregon 3:10 p.m.; Eugene 3:35 p.m. and arrives Portland 5:25 p.m. Time is available at Eugene to ticket University of Oregon passengers.
- * Bus will not operate 5/30 and 9/5. Bus will also operate 5/31 and 9/6.

Smoking is prohibited.

Note: Proper documentation is required to cross U.S./Canadian border. See General Information at amtrak.com for important customs and immigration information.

Operation of Trains 500 through 517 and Thruway bus service between Portland and Eugene is financed primarily through funds made available by the Oregon Department of Transportation, and between Vancouver-Seattle-Portland by the Washington State Department of Transportation.



Let's Take the Train.

See the Pacific Northwest up close on Amtrak Cascades. With multiple daily roundtrips between Portland, Seattle and Vancouver, British Columbia, you can sit back, relax and watch the scenery roll by—like one postcard after another. Visit AmtrakCascades.com or call 1-800-USA-RAIL.



AMTRAK CASCADES-Northbound

Eugene • Salem • Portland • Tacoma • Seattle • Vancouver, BC

Train Name ▶	Cascades	Thruway	Cascades	Thruway	Cascades	Cascades	Cascades	Thruway	Coast Starlight	Thruway	Cascades	
Train Number ▶	510	☞	500	☞	504	506	516	☞	14	☞	508	
Normal Days of Operation ▶	Daily	Daily	Daily	Daily	Daily	Daily	Daily	Daily	Daily	FrSu*	Daily	
On Board Service ▶	☞☞☞	R	☞☞☞☞	R	☞☞☞☞	☞☞☞☞	☞☞☞☞	R	☞☞☞☞	R	☞☞☞☞	
	Mile	Symbol	▼									
University of Oregon-Eugene, OR ☞ (PT)	0	○☞	Dp						☞ 11 10A	☞ 12 50P	☞☞☞ 3 10P	
Eugene-Springfield, OR ☞ ☞ Florence, Coos Bay—see back	0	●☞QT	↓	☞ 5 30A		☞ 9 00A		☞☞☞ 11 35A	☞☞☞ 1 15P	☞☞☞ 12 44P	☞☞☞ 3 35P	☞☞☞ 2 50P
Albany, OR ☞ ☞ Corvallis, Newport—see back	44	●☞	↓	☞ 6 13A		☞ 9 43A		☞☞☞ 12 30P	☞☞☞ 2 05P	☞☞☞ 1 30P		☞☞☞ 3 40P
Salem, OR	72	●☞	↓	☞ 6 42A		☞ 10 12A		☞☞☞ 1 00P	☞☞☞ 2 40P	☞☞☞ 2 03P		☞☞☞ 4 15P
Oregon City, OR	108	●☞	↓	☞ 7 24A		☞ 10 54A						
Portland, OR	124	●☞QT	Ar	☞ 8 05A		☞ 11 35A		☞☞☞ 2 10P	☞☞☞ 3 45P	☞☞☞ 3 40P	☞☞☞ 5 25P	☞☞☞ 5 25P
Portland, OR ☞ ☞ Boise, Seaside, Astoria—see back	124	●☞QT	Dp	☞ 8 30A				☞☞☞ 12 15P	☞☞☞ 2 50P		☞☞☞ 4 20P	☞☞☞ 6 15P
Vancouver, WA	134	●☞QT	↓	☞ 8 45A				☞☞☞ 12 30P	☞☞☞ 3 05P	☞☞☞ 4 36P		☞☞☞ 6 30P
Kelso-Longview, WA	173	○☞QT	↓	☞ 9 18A				☞☞☞ 1 03P	☞☞☞ 3 38P	☞☞☞ 5 14P		☞☞☞ 7 03P
Centralia, WA	216	●☞	↓	☞ 9 57A				☞☞☞ 1 42P	☞☞☞ 4 17P	☞☞☞ 5 57P		☞☞☞ 7 42P
Olympia-Lacey, WA	235	○☞QT	↓	☞ 10 18A				☞☞☞ 2 03P	☞☞☞ 4 38P	☞☞☞ 6 22P		☞☞☞ 8 03P
Tacoma, WA	271	●☞QT	↓	☞ 10 56A				☞☞☞ 2 41P	☞☞☞ 5 16P	☞☞☞ 7 11P		☞☞☞ 8 41P
Tukwila, WA (SeaTac Airport ↗)	299	○☞	↓	☞ 11 26A				☞☞☞ 3 11P	☞☞☞ 5 46P			☞☞☞ 9 11P
Seattle, WA (Victoria, BC ☞ ☞ Port Angeles—see back)	310	●☞QT	Ar	☞ 12 00N				☞☞☞ 3 45P	☞☞☞ 6 20P	☞☞☞ 8 45P		☞☞☞ 9 45P
Seattle, WA	0	●☞QT	Dp	☞ 7 40A	☞☞ 10 45A	☞☞ 12 20P	☞☞ 1 00P		☞☞☞ 4 45P	☞☞☞ 6 50P	☞☞☞ 9 15P	
Edmonds, WA	18	●☞QT	Ar	☞ 8 07A						☞☞☞ 7 17P		
Everett, WA	34	●☞QT	↓	☞ 8 31A		☞☞ 1 05P				☞☞☞ 7 42P		
Stanwood, WA		○	↓	☞ 9 03A						☞☞☞ 8 14P		
Mount Vernon, WA	69	●☞QT	↓	☞ 9 18A		☞☞ 1 50P				☞☞☞ 8 29P		
Bellingham, WA (Alaska Marine Hgwy.)	95	●☞QT	↓	☞ 9 49A	☞☞ 2 20P					☞☞☞ 8 58P		
Surrey, BC—Pacific Inn	115	○	↓		☞☞D 1 15P		☞☞D 3 30P			☞☞☞D 7 00P		☞☞☞D 11 20P
Richmond, BC —Sandman Signature Hotel	132	○	↓		☞☞D 1 45P		☞☞D 4 00P			☞☞☞D 7 30P		☞☞☞D 11 50P
Vancouver, BC—Pacific Central Sta.(PT)	157	●☞	Ar	☞ 11 40A	☞☞ 2 15P		☞☞ 5 00P		☞☞☞ 8 00P	☞☞☞ 10 50P		☞☞☞ 12 20A

Multi-ride Tickets on Thruway Bus Services

Passengers holding multi-ride tickets should be aware that reserved and ticketed passengers have priority seating on Amtrak Thruway buses.

Seattle-Tacoma International Airport

Sound Transit Link Light Rail offers an easy, direct connection from Seattle Amtrak Station to SEA-TAC Airport. Walk out King St. exit, turn left to the Weller Street Pedestrian Overpass and follow it directly two blocks to the International District Station. Trains run every 8-15 minutes 5:00 a.m. - 2:00 a.m. Travel time is 36 minutes. Tickets are \$2.50, sold by machine at the entrance. Sound Transit Information: 1-888-889-6368 or www.soundtransit.org.

Modified Amtrak Service for Trains 513 and 516

Operation of Trains 513 and 516 is subject to change during October, 2010; please visit Amtrak.com or AmtrakCascades.com to confirm.

Shading Key

Reserved long-distance train	Thruway and connecting services
Reserved Corridor service train	services

AMTRAK CASCADES ROUTE MAP and SYMBOLS



- A Time Symbol for A.M.
- N Time Symbol for Noon.
- P Time Symbol for P.M.
- D Stops only to discharge passengers; train may leave before time shown.
- R Stops only to receive passengers.
- PT Pacific time
- ☞ Bus stop
- ☞☞ Checked baggage
- ✈ Airport connection
- ☞ Ferry connection
- QT Quik-Trak self-serve ticketing kiosk
- Unstaffed station
- Staffed ticket office; may or may not be open for all train departures
- ♿ Station wheelchair accessible; no barriers between station and train
- ☞ Station wheelchair accessible; not all stations facilities accessible

Pacific Coast Thruway Bus Connections

Portland • Pendleton • Boise (Greyhound Lines)

NOTE—Greyhound schedules subject to change

501		509		Connecting Train Number				500		508	
8451		8455		Thruway Number				8450		8452	
Daily	Daily	Mile	▼	Days of Operation	Symbol	▲	Daily	Daily	Daily	Daily	
12 10P	11 45P	0	Dp	Portland, OR —Greyhound Station (PT)	Ar	▲	5 35A	4 10P			
1 20P	12 55A	62	Ar	Hood River, OR		▲	4 25A	3 00P			
1 50P	1 25A	83	Ar	The Dalles, OR		▲	3 55A	2 30P			
4 25P	4 00A	208	Ar	Pendleton, OR		▲	1 00A	11 40A			
5 40P	5 10A	259	Ar	La Grande, OR		▲	11 50P	10 30A			
6 30P	6 00A	304	Ar	Baker City, OR (PT)		▲	11 00P	9 40A			
9 25P	8 50A	374	Ar	Ontario, OR —Greyhound Sta. (MT)		▲	10 05P	8 40A			
10 10P	9 35A	417	Ar	Nampa, ID		▲	9 20P	7 55A			
10 40P	10 05A	435	Ar	Boise, ID —Greyhound Sta. (MT)	Dp	▲	8 50P	7 25A			
8441		8447		Thruway Number				8440		8446	
Daily	Daily	Mile	▼	Days of Operation	Symbol	▲	Daily	Daily	Daily	Daily	
11 10P	10 35A		Dp	Boise, ID —Greyhound Sta. (MT)	Ar	▲	7 45P	6 55A			
1 35A	1 25P		Ar	Twin Falls, ID —Oasis Stop N Go		▲	4 50P	4 35A			
5 20A	5 10P		Ar	Ogden, UT	Ar	▲	12 55P	12 50A			
6 05A	5 55P		Ar	Salt Lake City, UT (PT)	Dp	▲	12 01P	12 05A			

NOTE: Greyhound Portland connections arrive and depart at the Greyhound stations in all cities. In Portland, the Greyhound station is located across the street from the Amtrak station. Greyhound departures will be announced in the Amtrak Portland station. Passengers may also walk across to the Greyhound station and listen for the Greyhound boarding call for their departure.

Portland • Astoria

(NorthWest POINT-Oregon DOT/Oregon Coachways)

500		507		Connecting Train Number				504			
5500		5564		Thruway Number				5563		5565	
Daily	Daily	Mile	▼	Days of Operation	Symbol	▲	Daily	Daily	Daily	Daily	
9 30A	6 20P	0	Dp	Portland, OR —Amtrak Station (PT)	● & Ar	▲	10 30A	9 30P			
10 05A	6 55P	28	Ar	Manning, OR		▲	9 40A	8 50P			
10 35A	7 25P	55	Ar	Elsie, OR		▲	9 10A	8 10P			
10 45A	7 35P	65	Ar	Necanicum Jct., OR		▲	9 00A	8 00P			
11 00A	7 50P	80	Ar	Cannon Beach, OR —Family Mkt.	&	▲	8 50A	7 45P			
11 10A	8 10P	88	Ar	Seaside, OR—Chevron Sta.		▲	8 40A	7 30P			
11 20A	8 15P	91	Ar	Gearhart, OR	&	▲	R 8 30A	7 20P			
11 30A	8 25P	100	Ar	Warrenton, OR —Fred Meyers	&	▲	R 8 20A	7 15P			
11 40A	8 35P	104	Ar	Astoria, OR—Mini Mart	&	▲	8 15A	7 00P			
11 50A	8 50P	106	Ar	Astoria, OR—Transit Ctr.(PT)	&	▲	8 00A	6 45P			

Seattle • Port Angeles (Olympic Bus Lines)

500		506		Connecting Train Number				507		509	
8830		8836		Thruway Number				8837		8839	
Daily	Daily	Mile	▼	Days of Operation	Symbol	▲	Daily	Daily	Daily	Daily	
1 10P	6 40P	0	Dp	Seattle, WA**—Amtrak Sta. (PT)	●	▲	9 10A	4 50P			
2 00P	7 40P	48	Ar	Edmonds, WA**		▲	8 35A	3 45P			
3 05P	8 35P	74	Ar	Kingston, WA**		▲	7 35A	2 50P			
3 25P	9 00P	85	Ar	Discovery Bay, WA		▲	6 50A	2 15P			
3 50P	9 25P	111	Ar	Port Townsend, WA		▲	6 25A	1 30P			
3 55P	9 30P	131	Ar	Sequim, WA		▲	6 25A	1 30P			
4 20P	10 00P	138	Ar	Port Angeles, WA (PT)	Dp	▲	6 00A	1 00P			

Note: Port Townsend - transfer at Discovery Bay.
For reservations call (360) 417-0700 or (800) 457-4492. Also visit heckmannmotors@olympen.com. Schedule times may change seasonally. Please be at departure location 15 minutes prior to time printed above.
** Stops by reservation only.

Pacific Northwest Corridor Services

Reservations are required on all trains and Thruway buses between Seattle and Portland, between Seattle and Vancouver, BC, and on Amtrak Trains 7 and 8 between Spokane and Seattle. Services on board each train are noted with symbols and can be found in the "Service on the Amtrak Cascades Trains" area.

Shading Key

Thruway and connecting services

Redmond • Bend • Chemult

(HighDesert POINT-Oregon DOT/TAC Transportation)

11		14		Connecting Train Number				11		14	
6111		6114		Thruway Number				6211		6214	
Daily	Daily	Mile	▼	Days of Operation	Symbol	▲	Daily	Daily	Daily	Daily	
5 35P	7 15A	0	Dp	Redmond Airport, OR(PT)	&	▲	10 15P	11 35A			
6 05P	7 40A	16	Ar	Bend, OR —Riverhouse Resort	&	▲	D 9 45P	11 15A			
6 35P	8 15A	31	Ar	Sunriver, OR—Lodge	&	▲	D 9 15P	10 45A			
7 00P	8 40A	49	Ar	La Pine, OR—Shell Station	&	▲	D 8 50P	10 25A			
7 40P	9 20A	84	Ar	Chemult, OR —Amtrak Station (PT)	○ &	▲	8 10P	9 45A			

NOTE: Redmond Airport pickup requires that a reservation be made with Amtrak at least 2 hours prior to departing the airport, or by calling TAC Transportation at (541) 480-6756.

Ontario • Bend • Eugene • Coos Bay (Porter Stage)

11		Connecting Train Number				14		11	
8310		Thruway Number				8309		8311	
Daily	Mile	▼	Days of Operation	Symbol	▲	Daily	Mo-Fr	Daily	Mo-Fr
9 15A	0	Dp	Ontario, OR —Greyhound Station (MT)	&	Ar	8 05P			
9 30A	17	Ar	Vale, OR—Fletcher Chevron	&	Ar	7 50P			
11 00A	131	Ar	Burns, OR—Figaro's Italian Kitchen	&	Ar	4 25P			
1 30P	261	Ar	Bend, OR—Bus Station	&	Dp	1 55P			
2 00P		Dp			Ar	1 30P			
4 38P	388	Ar	Eugene-Springfield, OR	● &	Dp	10 27A		3 00P	
4 40P		Dp			Ar	10 25A			
D 6 15P	449		Florence, OR—2nd & U.S. 101			9 10A		1 35P	
D 6 45P	469		Reedsport, OR—Sunrise Shop-N-Save			8 45A		1 05P	
7 15P	496	Ar	Coos Bay, OR—Bus Station (PT)		Dp	8 15A		12 35P	

Connecting Local Services

Vancouver, BC—

TransLink Skytrain, bus and ferry service: (604) 953-3333; translink.bc.ca

West Coast Express commuter rail: (604) 488-8906 or 1-800-570-7245; westcoastexpress.com

Mount Vernon—

Skagit Transit bus service in Mount Vernon and "Island Connector" service to Anacortes and Oak Harbor: (360) 757-4433; skat.baron-co.com

Seattle—

Seattle Metro light rail monorail and bus: (206) 553-3000 or 1-800-542-7876; transit.metrokc.gov

Sound Transit Sounder commuter rail and Tacoma Link Light Rail Service: 1-800-201-4900; soundtransit.org

Portland—

Tri-Met light rail, bus and streetcar system: (503) 238-7433; trimet.org

Vancouver • Whistler • Pemberton (Greyhound Canada)

517		Connecting Train Number				510	
8931		Thruway Number				8932	
Daily	Mile	▼	Days of Operation	Symbol	▲	Daily	Daily
12 30P	0	Dp	Pemberton, BC (PT)		Ar	6 25P	
1 30P		Ar	Whistler, BC		Ar	5 30P	
2 35P		Ar	Garibaldi Highlands, BC		Ar	4 40P	
2 45P		Ar	Squamish, BC		Ar	4 10P	
4 15P		Ar	Vancouver, BC (PT)		Dp	3 00P	

Albany • Corvallis • Newport (Valley Retriever)

507		501		Connecting Train Number				507		504	
8575		8551		Thruway Number				8552		8550	
Su-Fr	Daily	Mile	▼	Days of Operation	Symbol	▲	Su-Fr	Daily	Su-Fr	Daily	
7 20P		0	Dp	Portland, OR —Greyhound Station (PT)	&	Ar	7 15P				
8 50P		22	Ar	Salem, OR—Greyhound Sta.	&	▲	5 30P				
9 15P	2 10P	77	Ar	Albany, OR—Amtrak Sta.	&	▲	5 00P	7 10A			
9 45P	2 40P	88	Ar	Corvallis, OR —Greyhound Station	&	▲	4 35P	6 55A			
10 50P	3 40P	148	Ar	Toledo, OR—Dairy Queen	&	▲	3 40P	5 55A			
11 00P	3 50P	156	Ar	Newport, OR —Greyhound Station (PT)	&	Dp	3 30P	5 45A			

PACIFIC NORTHWEST — TRAIN AND THRUWAY SERVICE



Clipper Navigation Co. Thruway Connections

Seattle • Victoria

Clipper Navigation operates the high-speed catamaran *Victoria Clipper* year-round between Pier 69 in Seattle (one mile from Amtrak King Street Station) and Victoria's Inner Harbour. Reservations are required. Call Amtrak for schedules, fares and ticketing information for travel more than three days ahead. For travel less than three days in advance, contact Victoria Clipper at (206) 448-5000 or (800) 888-2535 or visit www.victoriaclipper.com.

Alaska Marine Highway

In addition to Amtrak, Bellingham's multi-modal transportation facility serves the vessels of the Alaska Marine Highway. Service is available to Ketchikan, Wrangell, Petersburg, Juneau, Sitka, Haines and Skagway. For information and reservations call 1-800-642-0066 (TDD/TTY 1-800-764-3779) or visit www.ferryalaska.com.

British Columbia Connections

Vancouver, BC • Pemberton • Nanaimo

Greyhound Canada Thruway connection departs daily from Pacific Central Station in Vancouver (served by Amtrak Cascades route) for Squamish, Garibaldi Highlands, Whistler, Pemberton, BC, and Nanaimo, BC, on Vancouver Island. Call Amtrak for fares, schedules and ticketing information or visit www.greyhound.ca.

Vancouver, BC • Victoria, BC

Pacific Coach Lines offers frequent connecting Thruway service between Pacific Central Station in Vancouver and Victoria, BC (710 Douglas St.). Call Amtrak for fares, schedules and ticketing information or visit www.pacificcoachlines.com.

Symbols

- | | |
|---|--|
| A Time Symbol for A.M. | ○ Unstaffed station |
| P Time Symbol for P.M. | ● Staffed ticket office; may or may not be open for all train departures |
| D Stops only to discharge passengers; train may leave before time shown. | ♿ Station wheelchair accessible; no barriers between station and train |
| R Stops only to receive passengers. | ♿ Station wheelchair accessible; not all stations facilities accessible |
| PT Pacific time | |
| MT Mountain time | |